

LA VISTA citywise

New Economic Development Initiative on the Ballot

On November 2, La Vista voters will be asked to give the Mayor and City Council authority to utilize a new economic development tool.

During its 2010 session, the Nebraska Legislature approved Legislative Bill 1018, which grants cities the authority to rebate up to 1.5 percent of the newly generated local sales tax that would be collected in a qualifying development.

The rebate is designed to help offset some of the construction and site costs incurred by the developer.

Projects qualifying under LB 1018 must be either major tourism developments or the redevelopment of an area. In addition, minimum project investment thresholds must be met, including an investment of at least \$50 million for a new development and \$10 million for a redevelopment project.

LB 1018 was initiated and fully supported by the United Cities of Sarpy County including, Bellevue, Gretna, Papillion, Springfield and La Vista. The authority granted to cities in the bill is similar to the LB 840 Economic Development program legislation used to attract the John Q. Hammons Embassy Suites/La Vista Conference Center/Marriott Courtyard project several years ago.

Mayor Douglas Kindig testified before the Legislature's Revenue Committee in support of the bill, which adds a new tool to the City's economic development toolbox.

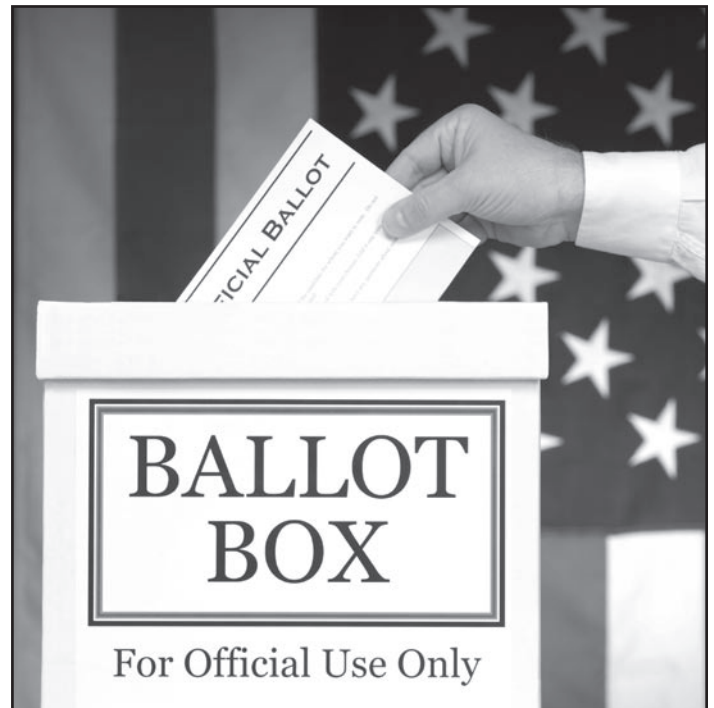
"This is historic legislation, because in the past incentives like this were not allowed for projects containing a retail component," said Mayor Kindig. "This is a significant opportunity that we cannot afford to pass up, because it will give us the ability to quickly respond to economic development opportunities."

The bill had the support of all five Sarpy County cities, which says a lot about the potential positive economic impact this could have on each entity, Mayor Kindig said.

Additionally, each member of the La Vista City Council has expressed their support for seeking the authority granted in LB 1018.

"I think this was a great win for the Sarpy Cities to get this through the Legislature. Once again it shows that we are getting ahead of the game in economic development during very tough economic times," said City Council President Tony Gowan.

The future growth of La Vista will be further aided by the use of LB 1018, said other council members.



"I think you need to have these types of incentive programs to bring large projects to your community," said Councilmember Mark Ellerbeck. "I believe this is something we need in this community and I support it fully."

This new economic development tool is a win-win for La Vista as only the new sales tax revenues generated by a project can be used to help fund that project for a period of 10 years. The maximum rebate period is 10 years.

Should voters approve this measure in November, the City of La Vista will have an important new economic development tool in its toolbox when approached by developers wanting to build projects that would have a significant economic benefit to the community.

La Vista will likely be one of the first Nebraska communities to ask its voters for this authority, which will once again put the City on the leading edge of economic development in the region.

The City will be sharing additional information with residents as well as participating in several public information sessions which will be publicized in the coming months.

A MINUTE WITH mayor kindig



Hopefully you have read the cover story of this issue of CityWise regarding La Vista's upcoming economic development ballot initiative.

The legislation contained in LB 1018, known as the Nebraska Advantage Transformational Tourism & Redevelopment Act (NATTRA) is the result of a cooperative effort on the local level with all Sarpy County cities and on the state level with State Senators. I'd like to extend my personal appreciation to those involved in the crafting and eventual approval of this historic legislation.

Prior to the election in November, we want to provide you with the opportunity to ask questions and understand how this program would work.

Members of the City Council, citizen volunteers and I will be distributing information regarding the ballot initiative. There will also be numerous public information sessions where residents will have the opportunity to talk with elected officials and others about the benefits of this new economic development tool.

This is an important issue that will impact La Vista far into the future. I hope you will take the time to become informed and vote in November.

Enjoy what's left of the summer!
— Mayor Douglas Kindig

Halloween Safe Night

A La Vista Halloween tradition is returning for 2010!

The annual Halloween Safe Night, hosted by the City of La Vista and the La Vista Fire Department, will be held from 5:30 to 7:00 p.m. on Sunday, October 31 at the La Vista Community Center, 8116 Park View Boulevard.

All children ages 12 and under, accompanied by a parent or guardian, are invited to attend this event, which will feature, food, drink, candy and Halloween surprises around every corner.

Sponsorship opportunities are available. For more information, contact David Karlson in the Recreation Department at 331-3455.

For more information about the Halloween Safe Night event, log on to the City's Web site, www.cityoflavista.org.



La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

AUGUST 2010

- 1 Splash Bash, La Vista Swimming Pool, 1-3 p.m.
- 3 City Council Meeting, 7 p.m.
- 5 American Red Cross Blood Drive, La Vista Library, 12:30-6:30 p.m.
- 6 Summer Concert Series – "Blue House", La Vista Library, 6:30 p.m.
- 13 Outdoor Movie Night – "Jurassic Park", La Vista Library, 9:30 p.m.
- 17 City Council Meeting, 7 p.m.
- 18 Park and Recreation Advisory Board Meeting, 7 p.m.
- 19 Planning Commission Meeting, 7 p.m.
- 20 Summer Concert Series – "The Rockefellers" & "1964...The Tribute", PayPal parking lot, 6:30 p.m.
- 21 "Writing Personal and Family History Narratives", La Vista Library, 1 p.m.
- 27 La Vista 50 Night at the Omaha Royals, Rosenblatt Stadium, 7:05 p.m.

SEPTEMBER 2010

- 2 American Red Cross Blood Drive, La Vista Library, 12:30-6:30 p.m.
- 7 City Council Meeting, 7 p.m.
- 9 Citizen Advisory Review Committee, 7 p.m.
- 9 Library Advisory Board Meeting, La Vista Library, 5:30 p.m.
- 15 Park and Recreation Advisory Board Meeting, 7 p.m.
- 16 Planning Commission Meeting, 7 p.m.
- 21 City Council Meeting
- 25 "The Otoe-Missouria Tribe: The Forgotten Nebraskans", La Vista Library, 1 p.m.

OCTOBER 2010

- 2 "The History of Nebraska as told by Peter A. Sarpy", La Vista Library, 2 p.m.
- 5 City Council Meeting, 7 p.m.
- 7 American Red Cross Blood Drive, La Vista Library, 12:30-6:30 p.m.
- 16 Shred Day, 10 a.m. - noon, City Hall
- 19 City Council Meeting, 7 p.m.
- 20 Park and Recreation Advisory Board Meeting
- 21 Planning Commission Meeting, 7 p.m.
- 31 Halloween Safe Night, La Vista Community Center, 5:30 - 7 p.m.

trivia

When did
La Vista
hold its first
election?

Answer on Page 7

Upcoming 50th Anniversary Events

Outdoor Movie Nights

You have one more chance to experience La Vista's Outdoor Movie Nights this summer. On August 13 at the La Vista Public Library, 9110 Giles Road, Jurassic Park will be shown. Admission is free and seating will be in the grassy area on the north end of the Metropolitan Community College facility. The show will begin around 9:30 and will conclude by about midnight. Those planning to attend are asked to bring their own lawn chairs and/or blankets. Popcorn and other movie fare will be available.

Outdoor Summer Concert Series

La Vista's Outdoor Summer Concert Series has two installments left! On August 6 at the north end of the La Vista Public Library/Metropolitan Community College Sarpy Center campus, "Blue House" and the "Rent To Own Horns" will be playing. The big free summer concert featuring "The Rockerfellers", followed by "1964...The Tribute" will take place August 20 on the PayPal campus in Southport East. From Giles Road, turn east on Southport Parkway and follow the signs to concert parking, which will be available along the road and at area businesses. All concerts will begin at 6:30 p.m.

La Vista 50 Night at the Omaha Royals

The Omaha Royals will help La Vista celebrate its 50th anniversary by offering complimentary tickets for the last Friday fireworks night at Rosenblatt Stadium. La Vista 50 Night at the Omaha Royals is August 27. The game against the Iowa Cubs begins at 7:05 p.m. and the gates open at 6 p.m. A limited number of complimentary seats are available from La Vista City Hall, 8116 Park View Boulevard. For more information, call City Hall, 331-4343. All tickets must be reserved and picked up in person.

Historical/Educational Opportunities

August 21, 1 p.m., La Vista Library – **Susanne George Bloomfield** will offer tips on what to do after researching your genealogy and using personal sources to fill in the details of your family's lives.

September 25, 1 p.m., La Vista Library – **Matthew "Sitting Bear" Jones** will offer a glimpse of the lives, lifestyles and personal feelings of his tribe, the Otoe-Missouria.

October 2, 2 p.m., La Vista Library – **Darrel Draper** will portray the Frenchman Peter Sarpy in recounting the history of Nebraska.

firedepartment

June 2010 La Vista Recruits



The La Vista Fire Department recently welcomed a new class of recruits. Pictured is: Back row, Austin Brake, Austin Garner, Matt Rappley, Kevin Jones, Bob Walz and Max Ceballo. Front row, Stephanie Gradoville, Dani De Voll, Linda Casey, Andy Beirbrauer and Bob Bierman.

What Do You Think?

The City is always looking for ways to improve activities and events and we need your help to make them better. Have you enjoyed the 50th anniversary events this year? If so, which events did you attend and what did you like about them?

What did you think about La Vista Daze? What did you like about this year's festival and what would you have done differently?

We want to know what you think.

Please visit the City's Web site to fill out La Vista 50 and La Vista Daze questionnaires.

For La Vista 50 events go to www.cityoflavista.org/lv50. Click on the link at the top of the page.

For La Vista Daze events go to www.cityoflavista.org/lavistadaze.

As the City makes plans to continue hosting La Vista Daze, movie nights and other events on an annual basis, it is vitally important that our residents have an opportunity to not only make suggestions, but to also get involved in the planning process.

If you or someone you know is interested in serving on an event committee, please contact Community Relations Coordinator, Mitch Beaumont at City Hall, 331-4343



How Pot Holes Happen

When fall approaches, you may notice a strange looking orange trailer being pulled by a Public Works truck in your neighborhood.

This trailer contains a hot tar applicator which helps the Public Works Department try to keep moisture and dirt out of the cracks and joints in the pavements. If this is not done, the base is saturated with water and the pavement deflects (moves) under traffic, especially under heavy loads such as garbage trucks.

This slight movement in the pavement will create additional cracks, allowing more water to enter the base, which over time will cause large sections of our streets to fail. Keeping dirt and gravel out of the cracks and joints is important as pavement will expand and contract with seasonal temperature changes.

When temperatures rise, the pavement expands and starts to push against the gravel. Since the gravel is normally much harder than concrete, something needs to give, which is usually the concrete.

This effect also takes place all winter long with the use of de-icing chemicals, such as salt, when they are applied to the pavement to melt the snow and ice. This eventually will lead to a new pothole being formed.

The melting of the snow and ice has the same effect as the normal seasonal temperature changes but it happens much more frequently during the winter months. That is why we experience considerably more potholes in the winter than we do during the other seasons.



Public Works crews use a high volume, high pressure pull behind air compressor with a wand attached to the compressor hose to blow the cracks and joints clean and to dry them.

After a short amount of cooling and cure time, the street is ready for vehicular, as well as pedestrian, traffic with minimal risk to the tar sticking to tires or shoes.

Crack sealing does not improve the pavement rideability, but as city streets continue to get older, crack sealing adds many more years of life to our streets before complete rehabilitation is necessary.

Community Development Department

B1 B2 Building - A 19,800 s.f. building is under construction to be used for a construction company with additional warehouse space for another tenant. Location: 12110 Portal Road.

Easyway International - A 2,000 s.f. tenant finish has been completed in the Southport Professional Building #1 for an office facility which will be used as the North American corporate headquarters of Easyway International, LLC, a freight company based in China. Location: 12120 Port Grace Blvd.

Dr. Miyamota - A 1,500 s.f. tenant finish has been completed for this dentist office in the Southport Professional Building #2. Location: 12110 Port Grace Blvd.

Guier Fence - A 2,400 s.f. tenant finish has been started for this company. Location: 13239 Portal Drive.

Hayneedle - A 27,000 s.f. tenant finish has been completed for a customer care center for Hayneedle.com. Formerly known as NetShops, Hayneedle is a collection of more than 200 specialty stores, each dedicated to a single product line where selection is often limited in retail stores. Hayneedle features an industry-leading site navigation and global checkout cart that works across all Hayneedle stores, offering consumers an innovative shopping experience for discovering home, work and leisure products. Location: 13831 Chalco Valley Parkway.

Inspro Insurance Co. - Construction has been completed on a tenant finish for an insurance company office. Location: 12702 Westport Parkway

Mutual of Omaha Bank - Construction has been completed on this 30,450

s.f. bank and office building located in Southport West. Construction has also been completed on an interior tenant finish for the portion of the building which will house Mutual of Omaha Bank. Location: 12702 Westport Parkway.

Red Cross - Construction is nearing completion on a 27,000 s.f. tenant finish for its national call center. Location: 13831 Chalco Valley Parkway.

Thrasher Basement Systems - An 8,000 s.f. building addition is under construction at this company's current location. Location: 12330 Cary Circle.

WellMed - A 10,000 s.f. tenant finish has been completed to be used as a pharmaceutical supply distribution facility for this company. Location: 13831 Chalco Valley Parkway.

Memorial Day Weekend Becomes La Vista Daze Tradition

Having received considerable positive feedback, a determination has been made to schedule future La Vista Daze celebrations on Memorial Day weekend.

For 2011, that means the dates will be **May 26-29**. So mark your calendars now and plan to start your summer off right by attending La Vista Daze 2011.

We look forward to seeing you next year at La Vista Daze!



La Vista Daze

La Vista Daze Thank You

The Mayor and City Council would like to recognize and extend special thanks to the following organizations who helped sponsor various La Vista Daze events: Bellino Fireworks, Tri-City Ministerial Association, La Vista Area Chamber of Commerce, La Vista Volunteer Firefighters Association, Beacon Building Services, Stylehouse Barbershop, Suburban Newspapers, Oriental Trading Company, Wal-Mart, Judson Baptist Church, Midwest Performance Fliers, The Freedom Fighters, Holstein's and Dillon Brothers Harley Davidson, 84th Street Café, Island Bar & Grill, Quaker Steak & Lube, Hooter's, Sue's Stepper-ettes, Acapriccio Dance Company, Boy Scout Troop 56, Northwest Bank, Bo-Bo's Bouncy Town, Quality Brands of Omaha, Harrison Street Baptist Church, Beautiful Savior Lutheran Church, Faith Presbyterian Church, Divine Truth Christian Bookstore and the La Vista Fire Department Color Guard.

police department

MEET YOUR NEW NEIGHBORHOOD POLICE OFFICERS

Officers Eric Rothe and Nick Jeanette were sworn in as La Vista Police Officers on May 4, 2010. Officer Rothe spent 5 years with the Kansas City (MO) Police Department prior to coming to La Vista. Officer Jeanette spent the last 9 years with the Sarpy County Sheriff's Department. Both officers are currently in the police department's Field Training Program and will be assigned to the Uniform Patrol Bureau upon successful completion of training.

CODE ENFORCEMENT HAS A NEW HOME

For complaints about tall grass, un-shoveled snow and other nuisance-related inquiries, the place to call is no longer La Vista City Hall.

This spring the La Vista City Council approved the transfer of the Code Enforcement position from the Community Development Department to the Police Department, which offers a variety of positive changes for the City and residents.

Most of all, the Code Enforcement Officer is no longer tied to a normal 8 to 5 job schedule and is free to make contact when it is convenient for residents and/or property owners.

With the transfer of the Code Enforcement position, it's a good opportunity to take a look at some tips for keeping property nuisance-free.

- Take time to clean up and de-clutter the outside of your residence or business. If you leave "stuff" lying around the exterior of your home or business, you are probably violating one of our codes.
- Review the applicable La Vista Municipal Codes. If you don't know a code exists, it's hard to comply with its requirements. You



can visit the library to review a hard copy of the code or log on to the City's Web site, www.cityoflavista.org.

- Take a look at the condition of motor vehicles parked on your property. The codes specifically state that any unregistered vehicle, located on private as well as public property, is a nuisance. In addition, the vehicle must be operable and intact. This means it is prohibited to have a vehicle on blocks in your driveway, awaiting repairs for weeks.

- Failure to comply with city codes may result in criminal vehicle impoundment, prosecution, fines, court costs and even jail time.

Please take a little time to learn and abide by city codes – a little effort and common sense will assure the high quality of life in La Vista is maintained.

For questions and answers, please contact the Code Enforcement Division of the La Vista Police Department at 331-1582.

Apollo

The library's catalog system, Apollo, gives more control to the library user to manage their account. The new system has features such as "Search Catalog and Reserve," which allows you to reserve a title that is currently checked out. You can do this from your home computer as long as you already have a library account. The renewal function allows library book renewals from home. Apollo also gives you the choice to be notified for overdue books, reserves and gives three-day reminders by either e-mail or text message before material is due. Stop by the library and ask a staff member to walk you through Apollo.

Library Databases

The databases have moved and are now located at www.cityoflavista.org/library. Click on "Resources" on the left-hand side of the page. Come into the library and pick up a list of user names and passwords to access these databases at home. Databases include:

- Auto Repair Reference Center
- ConsumerReports
- Footnote – History and Genealogy Archives
- Grolier Multimedia Encyclopedia
- Hobbies & Crafts Reference Center
- Reference USA (online phone book and business information)

The newest addition to our collection is OverDrive, which has access to best-selling digital audio titles 24/7 which can be downloaded to personal computers. OverDrive also allows for the transfer of audio books to your mobile device or for burning them on to CD for listening on-the-go! *Coming Soon:* downloadable electronic books through OverDrive. For more information go to <http://nebraska.lib.overdrive.com> and checkout the growing collection.

Technology Classes

Want to learn about the Internet? Computer classes are offered free of charge to library cardholders to provide skills in specific areas:

- Basic Computer Skills
- Basic Internet
- Basic Word
- Basic Scanning
- Basic Excel
- Job searching on the Internet
- Digital Camera

These hands-on classes are held in the library computer lab. A monthly calendar of classes including program content is posted at the library and on the library's Web site, www.cityoflavista.org/library. Registration is required and limited. Contact Jean Hurst at 537-3900 for more information.

Quilting Bee Saturdays!

The Quilting Group meets the 2nd and 4th Saturday every month. Drop by anytime between 2 and 4 p.m. You will have "sew" much fun! This gathering is for beginners and experts alike.

Runza®'s "Great Books for Great Kids"

Help Runza® help the library! **Tuesday, September 21st** is the perfect day to visit Runza®, because 15 percent of the day's sales will be given back to the community including the La Vista Public Library. More than \$175,000 has been donated over the past seven years, allowing the purchase of many books. Since La Vista now has our own Runza®, we are participating in this great event for the third year. Visit the La Vista Runza® 12149 McDermott Plaza on September 21st and help out the library with "Great Books for Great Kids!"

Teens

Celebrate **Teen Read Week™** with the Library: October 17-23. This year's theme is Books with Beat @ your library®: read poetry, audiobooks, books about music, and more. Stop in the library to check out our events being held that week.

Craft Days

Craft Days are held various times throughout the year. These sessions are from 3:30 to 4 p.m. for children in fifth grade and younger. Craft days will be held on September 15, October 6, and October 28. Registration is not required.

Preschool Storytime

Preschool Storytime is geared toward three to five-year-old children who are not in kindergarten. We want to introduce these children to the library, the magic of books and reading, and to develop social skills needed for school. Fall Preschool Storytime starts on Monday, Sept. 20th and ends on Friday, Dec. 17th. There will be no classes the week of Nov. 22nd. This program is offered on Mondays, Tuesdays, and Fridays from 10 to 10:45 a.m. or on Thursdays from 2 to 2:45 p.m. Space is limited and registration will begin on Aug. 14th. (Please sign up for only one day a week).

Toddler Storytime

Toddler Storytime is for children 18 months to two years. Mom, Dad, a grandparent or caregiver is required to sit with the child during this time. Toddler Storytime is offered on Mondays, Tuesdays, and Fridays. Each class runs from 10:10 to 10:40 a.m. The fall session runs from Monday, Sept. 27th to Friday, Dec. 17th. There will be no classes the week of Nov. 22nd. Space is limited and registration begins on Aug. 14th.

Lapsit

Lapsit is a fun, hands-on program that introduces young children to the library and the joy of reading. This program is offered to children from six to 18 months. It is offered only on Thursdays from 10:10 to 10:40 a.m. Lapsit starts on Thursday, Sept. 30th and will end on Thursday, Dec. 16th. There will be no class on Nov. 25th. Space is limited and registration will begin on Aug. 14th.

DOCUMENT SHREDDING

La Vista residents will have an opportunity to get their confidential documents shredded on Saturday, November 6, at La Vista Public Works, 9900 Portal Road, 10 a.m. to noon. This event will be held in conjunction with the fall leaf collection. Bring your bags or boxes of documents (limit 3 per household). Documents will be shredded on site and staples and paper clips do not need to be removed.

FALL LEAF COLLECTION

The City of La Vista will be offering a free dump site for leaves and yard waste at the Public Works Department, 9900 Portal Road, on **Saturday, November 6** from **8 a.m. to 3 p.m.** All residents, including residents in the City's Extra-Territorial Zoning Jurisdiction, can bring their leaves, grass clippings and tree branches, which can be any length but no larger than 6 inches in diameter. Used motor oil, anti-freeze and all batteries will be accepted. Citizens must have proof of residency,

either a valid driver's license or a copy of a utility bill. For more information call 331-8927.

CITY RECEIVES FUNDING FOR PORTAL GREENWAY PROJECT

The Papio-Missouri River NRD Board of Directors recently approved the City's request for construction of improvements to the Portal Greenway Drainageway between Brentwood Drive and Giles Road. The project was approved for \$237,996 and will involve channel improvements and bank stabilization to Applewood Creek, which is beginning to meander toward residential backyards. The City will need to budget for funding its portion of the project costs. Once the channel has been stabilized the City will seek funding assistance for a trail system that will connect Cimarron Woods with the Portal Ridge subdivision. The trail will be located in the outlot between 101st and 103rd streets. It is anticipated that work will begin on the channel stabilization project this fall.

Council Clips

The following items are highlights of recent City Council action:

- Approved a contract with Nebraska Department of Economic Development for a Community Block Grant for Easyway International
- Approved the Vision 84 concept plan
- Approved a new Safe Routes to School plan for Parkview Heights Elementary School
- Approved an ordinance extending the length of time establishments may serve alcohol
- Approved a new recruitment class for the fire department

**Trivia answer from page 2.
March 1960.**

An Update on the Rental Housing Inspection Program

The Rental Housing Inspection Program went into effect on January 1, 2010, and the City sent courtesy notices to landlords notifying them of the requirement to register their properties. To date, nearly 300 registrations have been received. As of June 15, the Building Inspectors have completed 126 inspections as of June 15th. Of those, about half needed corrections that require a follow up inspection. By the middle of August, 94 additional rental inspections are scheduled to be completed. The City estimates between 50 and 80 properties have not been registered, which will require further enforcement. During the inspections the most common deficiencies found are:

- 1. Smoke detectors** missing or not operational.
- 2. Combustion air problems** with furnaces, such as not enough space around the furnace.
- 3. Exposed wires**, improper splicing, open ports in panels and electrical boxes.
- 4. Crawl space problems** ranging from leaking sanitary lines, leaking supply lines, and foundations leaking.
- 5. Improper discharging of sump pits.**

6. Excessive debris.

7. Mold and mildew due to a lack of ventilation or leaking plumbing.

8. Improper dryer venting, including venting into a crawl space or attic.

9. Improper garage wiring.

10. Blocked exit paths and handrail issues.

The Building Inspectors are making every effort to work with the landlords and while many were initially opposed to the program, some have expressed a different opinion during the inspection process. They have stated they appreciate that the inspector is willing to help explain how a problem can be remedied instead of just "get it corrected as soon as possible". Owners have been shown problems they were completely unaware of and were thankful for the exchange of information about the requirements of the building codes.

For more information about a safe home, call City Hall, 331-4343. Ask for the Rental Housing Inspection Program checklist, or visit the City's Web site, <http://www.cityoflavista.org> click on Departments, Community Development and Permits/Licensing/Forms.

Mayor

Douglas Kindig

City Council

Brenda Carlisle, Ward 1

Ron Sheehan, Ward 1

Mike Crawford, Ward 2

Terrilyn Quick, Ward 2

Mark Ellerbeck, Ward 3

Alan Ronan, Ward 3

Anthony Gowan, Ward 4

Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, Assistant City Administrator

Pat Archibald, Buildings & Grounds Director

Pam Buethe, City Clerk

Ann Birch, Community Development Director

Sheila Lindberg, Finance Director

Rich Uhl, Fire Chief

Rose Barcal, Library Director

Bob Lausten, Police Chief

Joe Soucie, Public Works Director

Scott Stopak, Recreation Director



Summer Reading Program Kick Off

The La Vista Public Library's summer reading program, Make a Splash – Read!, has been in full swing since May. Several events will take place through mid-August. For more information, log on to the library's Web site, www.cityoflavista.org/library.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, www.cityoflavista.org.

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LA VISTA COMMUNITY CENTER GARAGE SALE

SELL YOUR KNICKKNACKS OR GARAGE SALE ITEMS! Saturday, August 28; 11 a.m.-3 p.m. \$5 will reserve a spot to sell items in the gymnasium (This includes an eight-foot table and two chairs). Tables will be assigned on a first come-paid basis. Space is limited; come to the La Vista Community Center to reserve your space. Set up time for sellers is 9:30-10:45 a.m. Doors open for shopping at 11 a.m. No admission to shop.

BBQ SCHOOL

Wednesday, September 1, 6-8 p.m. at the La Vista Community Center. Certified Kansas City BBQ Judge David Karlson will teach you the basics of Low & Slow Smoked Ribs, Brisket, and Pulled Pork. You will learn to make your own rubs and sauces, trim a brisket, skin ribs, secrets of the smoke ring, tips on how to BBQ on a gas grill, charcoal kettle, offset barrel smoker, and more. This is a barbecuing class, not grilling and will be hands-on with sampling. Come hungry! Registration deadline is Wednesday, August 25. **FEE:** \$50 per person. Class limited to the first 10 people.

LA VISTA LUGGAGE TRAVEL CLUB

GREAT AMERICAN BEER FESTIVAL in Denver, Colorado. (Must be 21 yrs. of age) Three-day trip September 17-19. The Great American Beer Festival gives you a chance to sample over 2,000 of the best beers brewed in America. Depart La Vista September 17 in the early evening, stay the night in North Platte. Continue the next day to Denver. After checking in at your hotel, you will spend the rest of the evening at the Great American Beer Festival in downtown Denver. Trip includes 2 meals, all admissions and professional tour coordinator, luxury motor coach with on-board entertainment and restroom. To make reservations call Elite Tours at 402-342-4585. **FEE:** \$299 for double occupancy or \$359 for single occupancy.



ZUMBA FITNESS CLASS – ADDITIONAL NIGHT ADDED!

Zumba is now offered three times per week – Thursday and Friday 6:30-7:30 p.m. and Saturday 10:30-11:30 a.m. Zumba is an easy-to-follow aerobic exercise with movements that are mainly

derived from Latin and international music. The routines feature aerobic interval training with a combination of fast and slow rhythms. Participants do not have to know how to dance to do Zumba. This is a fun way to burn some calories! Classes are on-going, join anytime! **FEE:** \$6 per individual class. Punch card – buy 5 classes, get 1 free – are available for \$30. To download a flyer or registration form, go to the City Web site at www.cityoflavista.org/recreation. Call 402-331-3455 for further information.



PRESCHOOL PLAY TIME

When: Tuesday and Thursday morning 10-11 a.m. The La Vista Community Center gym is open for parents and children preschool-age and under. Bring your child's favorite indoor toys and the Recreation Department will provide extra toys and games.

ZOE-KAI BONSAI "THE ART OF MINIATURE TREES"

Learn to train and care for your Bonsai! Learn all styles of Bonsai (windswept, formal upright, informal upright, forest planting, twisted trunk, and more!) When: Saturday's 1-3 p.m. **FEE:** Adults \$5 per class; children \$3 (plus tree and material fees if purchased). To register, contact Jeff Cline, 402-541-2581.

RELAXING YOGA

Saturdays, 1-2 p.m. Relaxing Yoga is for the beginner and intermediate yoga student. This class includes breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures, and stress management techniques. Master Degree Certified Yoga Instructor, Frank P. Ferrante, with 17 years teaching experience is the instructor for this class. **FEE:** \$6 per class, payable in four session blocks of \$24 each. Cash only, please.

BATON LESSONS

Monday and Wednesday afternoons; beginners 4 – 4:45 p.m.; advanced 5 – 6 p.m. Discover the fun you can have twirling! Not only will you learn to twirl, but also you will make friends, build confidence, and learn to present yourself in a positive light. Ages 5 and up. Classes subject to availability. Contact Vicki, 402-612-1479 for further information on registration and class fees.



BELLY DANCING CLASSES!

Tuesday evenings – class times for children & adults, beginners and advanced! A continuing class to learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out unique self-expression. For more information, registration and class times, call Wren Newman at 596-1397. **FEE:** \$20 per month.

OMAHA JITTERBUGS

The Omaha Jitterbugs offer a variety of dance lessons such as Lindy Hop, Charleston for Two, Swing and Bal-Swing (Balboa). Length of sessions and fees vary with classes. For more information and registrations, log on to www.jitterbugs.org.

NEW! BALLET AND TAP LESSONS

Turner Dance has joined the La Vista Recreation Department. Instructor Diane Turner is certified in the Royal Academy of Dance and the Dance Masters of America, and will be teaching the

international method of the Royal Academy of Dance. Classes provided are Pre Ballet and Creative Movement for ages 3-5; Classical Ballet and Tap for ages 6-10, and Advanced Ballet and Pointe for ages 11 and up. **FEES** range from \$25 to \$35 per month. Starts August 19 with an open house and **FREE** class on August 5. For further information and registration, visit the City's Web site, www.cityoflavista.org, or contact Diane, 321-2299, or via e-mail turnerdance09@yahoo.com.

WOMEN'S SELF-DEFENSE CLASS!

First Thursday of each month. These classes will teach basic self-defense techniques to help defend and deter an attacker and how to be aware and remove themselves from difficult situations, either physically or verbally. This class is designed for women of all ages and any level of experience. For more information, please contact Claudia at 630-3169. **FEE:** \$10/person.

AIKIDO

Children (5-11): Monday and Thursday 6-7 p.m. Adults: Monday and Thursday 7-9:30 p.m. For further information, call Ron Christenham, 339-6124. **FEES:** Children's – residents \$20 per month; non-residents \$25 per month. Adults – residents \$30 per month; non-residents \$35 per month.

KARATE

Children (5-12): Tuesday and Friday, 6-6:45 p.m. Adults: Tuesday and Friday, 7-8:30 p.m. For information, call Sensei Porter, 592-7771. **FEE:** \$25 per month and a one-time \$5 sign-up fee.

TRADITIONAL JAPANESE SWORDSMANSHIP

Wednesday 7-9 p.m. and Saturday 12-3 p.m. Suio Ryu is one of the few ancient systems of martial arts practiced today. It encompasses a broad variety of techniques such as jojutsu (Suio Tyu), kumi-iai (paired sword forms), naginata-jutsu, pure kenpo sword and wakizashi techniques. Adults, 18 and older, only. **FEE:** \$40 per month. For more information, contact Britt Nichols via e-mail at Info@suioryu-usa.org.

SOCHI-GO RYU SELF-DEFENSE CLASS!

Sochi-Go Ryu is the newest martial arts self-defense class at La Vista Community Center. For more information contact Mike Benkis, 895-7841.

ADULT WEIGHT TRAINING CLASSES

The basics of weight training, including how to use proper technique and form and how to get the most out of your weight-training program using both machine and free weights. This individual training class meets for two, one-hour sessions, body fat testing included. **FEE:** \$25.

LA VISTA (INDOOR) WALKING CLUB

Monday, Wednesday, Friday; 10:30-11:30 a.m. A continuing free program throughout the year. Keep a record of how far you walk each day including outside walking.

INDOOR REMOTE CONTROL MODEL AIRPLANE FLYING

Every Monday; 11:30 a.m.-1:30 p.m. These lightweight planes will amaze you, as will the individuals who designed and fly them. Watch at no cost, or fly your own plane for a small drop-in fee.



BALLROOM DANCE LESSONS (ADULT)

Ballroom Dancing with Instructor Terry Vargas. Terry has been dancing since 18 yrs. of age, with continual studies and competitive dance competitions. In 2007, Terry was voted Top Student Award in the Nebraska Invitational, and also has earned three top teacher awards with the Arthur Murray Dance Studios. While still taking advanced training, 2-3 dances will be taught each four-week session. Ages 16 and up only. May join as single or couple. **FEE:** \$40 per person/per session. Leather-soled shoes preferred (no gym shoes, please). Call 639-2209 for further information, session dates and to register for class. Minimum of 6 persons per class.

MODEL AIRPLANE LICENSE & FIELD TIMES

Flying times (at La Vista Soccer Complex) will be posted at the La Vista Community Center and Hobby Town U.S.A. Model airplane flying licenses may be purchased at the Hobby Town, USA. A.M.A. card required to purchase your license. **FEE:** La Vista residents, \$30; non-residents, \$40 (includes one-year license and Midwest Performance Flyers Club membership).

KITE FESTIVAL

Sunday, October 10, noon-5 p.m. at the La Vista Sports Complex. The American Kite Fliers Association and the La Vista Recreation Department invite you to Go Fly a Kite in 2010! Come see some of the world's largest and most creative kites at our upcoming festival.

WOMEN'S VOLLEYBALL LEAGUE

Registration deadline: August 14 or until the league is full, whichever comes first. **FEE:** \$100 per team; \$16 forfeit deposit; and referee fee of \$8 per week, paid directly to referee. Games on Wednesday evening. Season begins mid to late September.

FALL ADULT SOFTBALL LEAGUE

Registration deadline: August 2 or until the league is full, whichever comes first. Games start the week of September 7. Coed plays Friday and Sunday; Men's play Sunday through Friday and doubleheader league plays Wednesday and Thursday. **FEES:** Coed and Men's \$110. Doubleheader leagues \$220. Umpire fees \$18 per game paid directly to the umpires. Forfeit deposit of \$36 for coed and men's; two separate forfeit deposits for doubleheader league. A completed roster is required to register.

ADULT BASKETBALL LEAGUE

Registration deadline: November 7 or until league fills, whichever comes first. Must be 18 and out of high school. Competitive play with a minimum of 10 games and a tournament at the end of the season. Games on Sunday afternoon and evening. Season begins in December. **FEE:** \$135 per team; forfeit deposit of \$44, referee fee of \$22 per game, paid directly to referees, cash only. A completed roster is required to register.

CALLING ALL PARENTS!

Please consider volunteering for youth coaching opportunities. Coaches, experienced and novice, are needed year-round for all youth sports. Contact the La Vista Recreation Department, 331-3455 to volunteer your services.

YOUTH VOLLEYBALL FOR BOYS/ GIRLS GRADES 3-6

Early-bird registration by August 22; registration deadline is September 5. **FEE:** residents, \$30; non-residents, \$50. After August 22 the fee will be: residents, \$40; non-residents, \$60.

YOUTH COED BASKETBALL CLINIC

FOR GRADES 1-2. Early-bird registration by November 14, registration deadline is November 28. **FEE:** resident, \$15; non-resident, \$30. After November 14 the fee will be La Vista residents, \$25; non-residents, \$40. Learn basketball skills, teamwork, sportsmanship and

have fun at the same time. Season begins in January, games on Saturday mornings for five weeks. Volunteer coaches are needed.

YOUTH BASKETBALL LEAGUE

FOR GIRLS/BOY GRADES 3-6. Early-bird registration by October 29; registration deadline is November 14. **FEE:** residents, \$45; non-residents, \$55. After October 29 the fee will be: residents, \$55; non-residents, \$65. Uniform deposit of \$40, which is collected at registration and held until the uniform is returned. Uniforms must be returned within two weeks after the season ends. Volunteer coaches are needed.



LA VISTA SENIOR CENTER

The La Vista Senior Center is located in the Community Center and offers friendship, food, fitness, field trips and many more fun activities. Please join us for lunch, exercise or join in for games and/or special events. Log on to www.cityoflavista.org/recreation/seniorcenter for the monthly newsletter and activities, or contact the Recreation Department, 331-3455 for further information.

A visiting nurse is at the Community Center on the first Friday of each month from 9-11:30 a.m. A sign-up sheet is available across from the front desk, and walk-ins are welcome.

The Special Services Bus is available for senior citizens age 60 and older and all special needs/ handicapped residents in Ralston and La Vista. The van operates Monday through Friday, 7:00 a.m. to 4:30 p.m. The bus does not operate on City of La Vista declared holidays or when the La Vista / Papillion or Ralston schools are closed due to weather conditions. Call 657-3550 48-hours in advance to schedule a ride time. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone on their requested times. Call the La Vista Recreation Department at 331-3455 for any questions about this service.

INFANT MASSAGE CLASS

Learn infant massage. Infant massage is one of the most natural and pleasant methods of providing early nurturing contact. Some benefits of infant massage include: relaxation and stress relief for parent and baby; relief from painful gas, constipation, and colic; stimulation of brain development; improved blood circulation and immune system; improved sleep patterns; bonding and attachment. Lisa Bader is a certified infant massage instructor and occupational therapist. Babies need to be between birth to pre-crawling, and no older siblings allowed in order to limit class disruptions for other members. **FEE:** \$15 for 1 hour, 15 minute class. For date / time or to register, email Lisa Bader: lisbader@cox.net or call 598-0881



LA VISTA FALLS GOLF COURSE

8305 Park View Blvd. Call 339-9147 for more information on open golf, golf course hours, fees, leagues and special outings.

GREEN FEES & SPECIALS

OCT.1ST – FEB. 28, 2011

9-Hole Weekdays (adults).....	\$7	1 year Adult Membership.....	\$300
9-Hole Weekends (Sat-Sun) (adults)	\$8.50	Pull Carts	\$2.50
18-Hole Weekdays (adults).....	\$120	Rental Clubs	\$7
18-Hole Weekends (Sat-Sun) (adults)	\$14	Electric Carts (9-Holes)	\$5
9-Hole Weekdays (Jr/Sr)	\$6	Electric Carts (18-Holes)	\$7
9-Hole Weekends (Sat-Sun) (Jr/Sr).....	\$7	Punch Card Discount	
18-Hole Weekdays (Jr/Sr)	\$11	Buy 10 - Get 12 (Adult).....	\$85
18-Hole Weekends (Sat-Sun) (Jr/Sr).....	\$12	Buy 10 - Get 12 (Jr./Sr.).....	\$60
1 year Jr/Sr Membership	\$200	<i>A punch card, season pass, or gift certificate makes a great gift for your favorite golfer!</i>	
1 year Family Membership	\$600		

LAVISTA FALLS PRO SHOP!

In conjunction with Fareway Golf LLC, the La Vista Falls Golf Course pro shop carries Air-Cool™ golf shirts made with Tynel™, the only true moisture-wicking material on the market. Guaranteed to keep you cool and dry all day. These shirts are machine washable, no shrinkage, no collar curl and no ironing needed. Sizes S-3XL available. Also check out the complete line of golf equipment and accessories – bags, clubs, balls and gloves.

* Price increases may occur.

Community Center hours of operation (please note: hours are different for adult and youth):

Mon. - Fri:	8 a.m.-10 p.m.
Sat. (May 1 - Aug.31):	9 a.m.-4 p.m.
Sat. (Sept. 1 - April 30):	8 a.m.-6 p.m.
Sun. (May 1 - Aug. 31):	Closed
Sun. (Sept. 1 - April 30):	1 p.m.-10 p.m.
Mon.-Fri. (School Yr.):	8 a.m.-3 p.m. Adults Only
Mon.-Fri. (School Yr.):	3 p.m.-10 p.m. Adults & Youth
Mon.-Fri. (Summer).....	8 a.m.-1:30 p.m. Adults Only
Mon.-Fri. (Summer Sched. / No School)	1:30 p.m.-10:00 p.m. Adults & Youth
Snow Days are not included in the above schedule - those days are considered the same as school days for youth. Hours are 3:00 p.m. - 10:00 p.m.	