

LA VISTA citywise

Salute to Summer Festival a Resounding Success

Summer kicked off in grand fashion Memorial Day weekend with the City's annual festival, rebranded this year as Salute to Summer!

The first-ever Hometown Heroes Event at City Hall was held on Thursday evening, where La Vista's new Blue Star Memorial was unveiled and dedicated. Dignitaries, veterans and families attended this event, which was designed to honor those who have served our nation in the military and those who have given the ultimate sacrifice for our freedom.

Thousands of people enjoyed the Community Cookout on Friday evening, sponsored by the La Vista Community Foundation, and the fireworks display, provided by Bellino Fireworks. Central Park was filled to the brim all weekend with people who took in the carnival and vendors.

This year's parade grand marshal was the family of U.S. Army Captain Joel E. Cahill who was killed in action in Iraq in 2005. Larry and Barbara Cahill, who are longtime La Vista residents, represented the family.

Leah Hoins, Executive Director of the La Vista Community Foundation, was named Friend of La Vista. Leah is a champion for the community and her excitement and enthusiasm are contagious to all she meets. Mayor Kindig presented a special award to Leah at the Mayor's Lunch prior to the parade.

The Salute to Summer Festival would not be possible without the generous contributions of the La Vista Community Foundation, Bellino Fireworks and La Vista Keno.

"The support of these organizations is absolutely essential to making the City's annual festival the success it has been year in and year out," said Mayor Douglas Kindig. "To these organizations, as well as our other partners, thank you so much for supporting the La Vista community."

In addition to the Salute to Summer Festival, a full slate of other fun activities has been offered in La Vista this summer and continues in August with a third movie and concert night, National Night Out activities and an Urban Scramble Adventure Race.

See the calendar on page 2 or visit the City's website, www.cityoflavista.org/2015events, for additional details.

Youth Leadership Council now accepting applications

The La Vista Youth Leadership Council is an exciting new program designed to encourage middle and high school students to become active in the community by participating in local government.

Youth members on the Council will attend City Council meetings, and board and commission meetings where they will get to see the community decision-making process in action and offer a youth perspective on local government issues. They will also participate in community events, hopefully fostering a sense of civic participation and volunteerism.

In addition to interaction with Mayor Kindig and other *(continued, page 7)*



A MINUTE WITH mayor kindig



I am very proud that La Vista is becoming a community that honors our veterans throughout the year! The men and women who have fought for our freedoms, many giving the ultimate sacrifice, deserve to have their service honored.

Several years ago the La Vista Community Foundation began hosting a Salute to Veterans event on Veteran's Day. This event has grown every year and features an evening of dinner and entertainment free of charge to veterans.

The City's annual festival is held on Memorial Day weekend each year and in an effort to commemorate the holiday and honor those who have given their lives in service to their country, it was given a new name this year—the Salute to Summer Festival.

As part of the Festival this year, we also unveiled and dedicated La Vista's Blue Star Memorial, which I hope will become a place for reflection and tribute. The Memorial is located in the southeast corner of the City Hall campus.

In another veteran-inspired effort, the Hometown Heroes Banner Program filled to capacity in its first year and will be expanded for next year. Banners are now displayed on 84th Street and will stay up until Labor Day. For more information about this program visit our website, www.cityoflavista.org/hometownheroes.

To all of our veterans, thank you so much for your service and sacrifice!

There is information on the cover page of the newsletter about another new community program that I am very excited about. The City is creating a Youth Leadership Council and is currently taking applications.

Please take a look at the information and if you know a student leader, encourage them to apply!

– Mayor Douglas Kindig

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

August 2015

- 3 City Council, 5:30 p.m.
- 4 National Night Out, 6 p.m., Central Park
- 5 La Vista/Metropolitan Community College Condominium Owners Association, 4 p.m., Library
- 8 Urban Scramble Adventure Race, 8 a.m., Community Center
- 14 Outdoor Concert and Movie - The Grease Band followed by "Alexander and the Terrible, Horrible, No Good, Very Bad Day, 7 p.m., Library
- 16 Fall Fun Hot Wheels Drag Races, 5:30 p.m., Community Center
- 18 City Council, 7 p.m.
- 19 Park and Recreation Advisory Board, 7 p.m.
- 20 Planning Commission, 7 p.m.

September 2015

- 1 City Council, 7 p.m.
- 9-17 Remembering Our Fallen Exhibit, Library
- 10 Library Advisory Board, 5:30 p.m., Library
- 10 Citizen Advisory Review Committee, 7 p.m.
- 15 City Council, 7 p.m.
- 16 Park and Recreation Advisory Board, 7 p.m.
- 17 Planning Commission, 7 p.m.

October 2015

- 3 BioBlitz, 10 a.m.-3 p.m., Central Park
- 4 Fire Department Ope House, Station 4 (8110 Park View Blvd.)
- 6 City Council, 7 p.m.
- 11 Fall Kite Festival, noon-4 p.m., Soccer Complex
- 12 Emancipation Legacies Exhibit (through November 9), Library
- 14 Created Equal Grand Opening, 6:30 p.m., Library
- 15 Created Equal film: Freedom Writers, 6 p.m., Library
- 15 Planning Commission, 7 p.m.
- 17 Created Equal film: Slavery by Another Name, 2 p.m., Library
- 20 Pumpkin Decorating Spooktacular, 4 p.m., Community Center
- 20 City Council, 7 p.m.
- 21 Fall Fun Hot Wheels Drag Races, 5:30 p.m., Community Center
- 21 Park and Recreation Advisory Board, 7 p.m.
- 22 Created Equal Film: The Abolitionists, 6 p.m., Library
- 25 Created Equal film: The Loving Story, 2 p.m., Library
- 31 Halloween Safe Night, 4-6 p.m., Community Center

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Progress Continues on Acquisition of Brentwood Crossing Property

Even though noticeable changes are not yet evident along 84th Street, the City continues to focus on the redevelopment of this corridor.

The City has authorized Midwest Right of Way to negotiate on the City's behalf with the landowner of Brentwood Crossing (the site of the former Walmart) regarding the acquisition of this property.

This is a time-consuming process involving multiple legal steps when a city proposes to acquire private property; however the City is working hard to get this accomplished.

Additionally, City officials continue to try to spur interest from potential developers regarding this property with the ultimate goal of seeing the ideas outlined in the Vision 84 plan become a reality.

We will continue to provide more details as progress is made on this very important project.



Prior 84th Street actions include:

- February 2012 – 84th Street Redevelopment Area is declared substandard and blighted and in need of redevelopment. An ordinance was also adopted creating the La Vista Community Development Agency, governed by the Mayor and City Council.
- July 2013 – Redevelopment Plan is approved for the 84th Street Redevelopment Area, including the first phase project, Brentwood Crossing.
- August 2013 – the Community Development Agency declares the necessity of acquiring the property.
- December 2013 – public hearing is held on the proposed acquisition of Brentwood Crossing and notices were published and mailed to the property owner and tenants.
- May 2014 – voters authorized an additional ½ cent local option sales tax to fund projects related to the redevelopment of 84th Street. The City has been collecting this tax since October 2014.

Remembering Our Fallen Exhibit Coming to La Vista in September

The La Vista Public Library will host a special military exhibit this fall.

The Remembering Our Fallen exhibit will be at the Library September 9-17 in Room 138. The exhibit will be open Monday-Thursday, 8 a.m.-9 p.m.; Friday and Saturday 8 a.m.-5 p.m. and Sunday 1-15 p.m.

The exhibit was created in 2010 by Bill and Evonne Williams of Omaha after reading a story about a father whose pain and grief were even greater four years after son had died in Iraq, because he felt his son had been forgotten.

The exhibit includes photos of soldiers who have been killed in action in The War on Terror since September 11, 2001. The Williams have created exhibits for 22 states so far. The Nebraska version features photos of soldiers who called Nebraska home at the time of their death. The exhibit travels each week to a new location in Nebraska.

"It is our eternal hope to honor the memory



of those who have made the ultimate sacrifice, to provide comfort to friends and family of the fallen and to remind others of the tremendous cost paid by some," the Williams say on their website. "Its legacy will be that these men and women will never be forgotten and that their names will be remembered and spoken."

The costs to bring the exhibit to La Vista

are being sponsored by the La Vista Community Foundation.

An opening reception will be held on Tuesday, September 8, beginning at 6:30 p.m. at the Library. The event will include patriotic music, special speakers and a reading of each name represented in the exhibit.

Summer Fun!

The City continues to host a number of fun summer events such as two concert/movie events, the Dinosaur Egg Hunt and many exciting programs at the library as part of the summer reading program.

Still to come this summer is a third concert/movie event August 14, National Night Out activities August 4 and the Urban Scramble Adventure Race August 8.

For more information on all our upcoming events, visit our website at www.cityoflavista.org/2015events.



La Vista Mystery...

There was recently a dinosaur egg hunt in La Vista's Central "Jurassic" Park. And there were plenty of "eggs" to be found. How did they get there? Mysterious footprints were also left behind! Have the long believed-to-be-extinct creatures returned?

For many years the corner of 84th & Park View Blvd. has been "guarded" by a large green brontosaurus. He is a landmark reference point when giving directions, he has multiple visitors each year who "dress" him up for the holidays and he has been included in hundreds of photographs. Are there other members of his "family" roaming the parks and other areas of La Vista? Keep your eyes open...



Used Tire Collection

The City will be hosting a used tire collection event the week of August 17-22. Used tires can be dropped off at the Public Works Facility located at 9900 Portal Road.

Drop-off times are August 17-21, 7:30 a.m.-3 p.m. and August 22, 8 a.m.-3 p.m.

This project is made possible by a grant received from the Sarpy/Cass Health Department for West Nile Virus Prevention. Used tires left outside collect water and become prime breeding sites for mosquitoes. The used tires are collected and then sent to a recycling company for shredding.

In addition to used tires, used motor oil, anti-freeze and any type of batteries will be accepted. The event is open to all residents and those living in the City's

Extra-Territorial Jurisdiction. Proof of residency will be required; photo ID or a utility bill.

For more information call the Public Works Department at 402-331-8927.

Fall Leaf Collection

The City's annual fall leaf collection will take place Saturday, November 7, 8 a.m.-3 p.m. at the Public Works Facility, 9900 Portal Road. The service is available to residents and those living in the City's Extra-Territorial Jurisdiction.

In addition, a dumpster will be available for yard waste disposal Monday through Friday, October 13-November 6, 7 a.m. to 3 p.m. at the Public Works Facility.

Leaves and grass clippings will be accepted along with tree branches, which can be any length but no larger than 6 inches in

diameter. Used motor oil, anti-freeze and all batteries will also be accepted. Citizens must have proof of residency, either a valid driver's license or a copy of a utility bill.

For more information call 402-331-8927.

Residential Sewer Drain Cleaning

When you have your home sewer line cleaned, notify the Public Works Department at 402-331-8927.

Material removed from your sewer line is forced into the main sewer line, which creates the possibility of it becoming stuck in the main and causing backup problems. When you notify Public Works, staff will check and service the main sewer for proper flow.

Alamo Drafthouse Cinema Community Development Department Project Update



Contractors and building companies are busy in various parts of La Vista completing a variety of projects, big and small.

Pictured is the Alamo Drafthouse Cinema under construction in Southport West across Westport Parkway from Cabela's. Alamo will be La Vista's first movie theater and will feature eight screens, a bar and restaurant, including food and drink service delivered directly to your seat.

**For a complete list of
ongoing development
projects, visit our website,
[www.cityoflavista.org/
constructionupdates](http://www.cityoflavista.org/constructionupdates).**

Annual Halloween Tradition Scheduled for October 31

Halloween Safe Night is scheduled for Saturday, October 31, at the La Vista Community Center, 8116 Park View Boulevard.

Because Halloween falls on a weekend this year, the event will take place earlier than usual, from 4 to 6 p.m.

All children ages 12 and under, accompanied by a parent or guardian, are invited to attend this event which will feature Halloween surprises around every corner, including hayrack rides, trick-or-treating, a merry not scary spook tent and free hot dogs!

For more information about the event, visit our website, www.cityoflavista.org/2015halloween. Local businesses and organizations are invited to participate in the event by sponsoring a table and handing out candy to those in attendance.

For more information on sponsoring a table, contact Mitch Beaumont at City Hall, 402-593-6410, or via e-mail at mbeaumont@cityoflavista.org.

Created Equal Film Series, Exhibit

This fall the library will host an exhibit and film series centered on the Emancipation Proclamation and the civil rights movement in America.

The Emancipation Legacies Exhibit will be at the library October 12-November 9. The exhibit examines the story of Emancipation from 1850 to 1964, focusing on how, due to the persistence of African Americans, abolitionists and politicians, the Civil War became an "abolition war". The exhibit also explores how the Emancipation Proclamation and the 13th, 14th and 15th amendments transformed our Constitution.

The Created Equal film series will feature four films geared to spur discussion about the struggle for civil rights in America. The dates and times are as follows:

- Sunday, October 4, 2 p.m. - "The Loving Story"
- Thursday, October 15, 6 p.m. - "Freedom Riders"
- Saturday, October 17, 2 p.m. - "Slavery by Another Name"
- Thursday, October 22, 6 p.m. - "The Abolitionists"

These events are a joint venture with the National Endowment for the Humanities, Bridging Cultures and the Gilder Lehrman Institute of American History. For more information on the exhibit and film series, visit our website, www.cityoflavista.org/createdequal.

Homeschool Programs

This year's home school Discover Series will include physical education and the Underground Railroad. Programs start in September and run through November. For more information, contact Jennifer.

This fall, the library will be offering a selection of fun, interactive, and educational programs for children and their families. Many of these amazing programs support early literacy, build fine motor skills, encourage creativity, and help develop a life-long love of reading. More information about these programs will be available in August. If you have any questions, contact Jodi Norton, 402-537-3900.

Library Catalog Page

Search for and checkout books at www.cityoflavista.org/librarycatalog. Practice your freedom of speech and add a book review from your library account. Pull up the material record and click on the "review" button. Make your voice heard!

Free Music

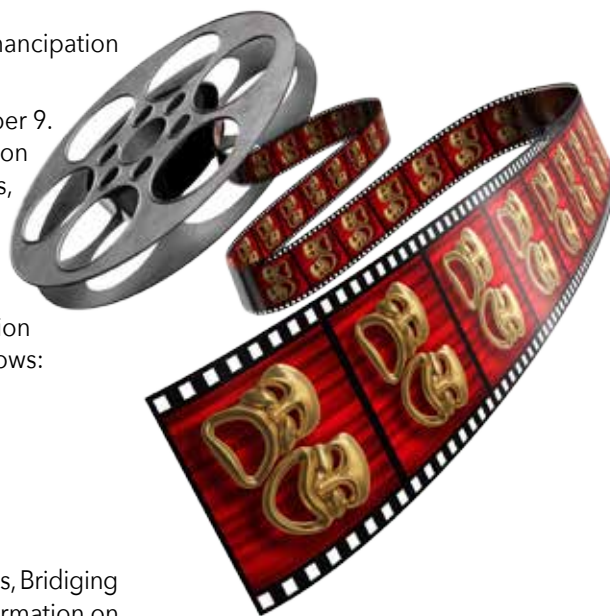
The library has Freegal Music which allows library users to download three songs per week and three hours of streaming per day! Visit the library website for more information.

Library Databases

We have a host of databases available for you at www.cityoflavista.org/databases. This month's feature is: A to Z Travel - USA or the World. If you are planning or interested in finding out more about a city, state or country, use A to Z Travel to see an in depth view including food and recipes (this category lists all the farmer's markets in the state!), history, maps, and weather. If you are interested in finding out more, this is a great starting point!

Technology Sessions

Want to enhance your computer skills? Sessions are offered to provide basic skills in Computer Skills, Internet, Word and Scanning, Excel, digital cameras as well as job searching on the Internet. Other topics include Facebook, Twitter, Picasa, Flickr, ebooks, emagazines and emusic. Contact Jean to sign up for a session.



2nd Annual BioBlitz Event Scheduled for October 3

La Vista's second annual BioBlitz event, designed to encourage families to explore and experience nature up close and personal, is scheduled for 10 a.m.-3 p.m., Saturday, October 3, in Central Park, located a half-mile north of Giles Road near La Vista Junior High.

With Thompson Creek as the backdrop, the event will feature booths, demonstrations, and hands-on activities. The reconstruction of the Thompson Creek Channel from Edgewood to 72nd should be substantially complete by then.

Guided tours of the creek will also be given with explanations of the storm water management efforts incorporated into the reconstruction. An ongoing objective of the BioBlitz event is to inform residents of the need to better manage storm water runoff and encourage sustainable living through actions that each property owner can undertake.

For more information about the BioBlitz event, visit the City's website, www.cityoflavista.org/bioblitz.



Council Clips

The following items are highlights of recent City Council action:

- Approved agreement with Sarpy County for grant funding toward CNG fuel vehicles.
- Approved fireworks permits
- Approved agreement with Papillion-La Vista School District for improvements at City Park softball fields.
- Approved Hometown Heroes Banner Program.
- Approved grant contract with Nebraska Environmental Trust for grant funding toward the Thompson Creek Watershed Restoration project.

Community Participates in Taste of La Vista

The first-ever Taste of La Vista Event took place on Saturday, June 27, at the Central Park Tennis Courts.

More than 600 people attended the event, and participated in activities for Look Out La Vista, the City's Comprehensive Plan project, as well as sampling food and drink samplings from La Vista businesses.



Participants at the event visited visioning stations, the first of which provided an overview of the Comprehensive Plan process and La Vista's existing conditions.

The next station provided those in attendance with the opportunity to say what they love about La Vista and what they would change in the future.

Next, participants could decorate large building bricks with something they would like to see happen in the future.

The last visioning station was a photo booth where participants could express their future vision for La Vista by writing something on themselves or on a whiteboard. The photos are available on the City's website, www.cityoflavista.org/photobooth.

Taste of La Vista also included pizza samplings from Godfather's, Mama's, Marco's, Pizza West and Valentino's as well as beer samplings from Lucky Bucket and Nebraska Brewing Company and root beer from A&W.

In addition to being a very fun summer evening, the visioning event provided crucial feedback for city staff and the Look Out La Vista consultants to include in the final plan document.

For more information on Look Out La Vista, turn to the special insert in this edition of the CityWise newsletter.

Continued: Youth Leadership Council

elected officials, the Youth Leadership Council will be led by Police Officers Jamie Brown and Nick Jeanette, offering students an opportunity to create relationships with law enforcement officers and other City staff.

To qualify, teens must:

1. Be a resident of the City of La Vista attending a public or private junior high or high school or a home school.
2. Be entering the 7th-12th grade.
3. Maintain good citizenship.
4. Demonstrate community interest and a willingness to serve the youth and community of La Vista.

To remain on the council, members must:

1. Attend a minimum of 50 percent of all committee meetings and Youth Council meetings.
2. Fulfill other responsibilities as defined.
3. Set a good example for the youth of the community.
4. Complete annual orientation program conducted by city staff.
5. Attend one City Council meeting per quarter.
6. Attend scheduled meetings (held every other month).

Do you have what it takes to be a City of La Vista youth leader? Applications are available at all city offices and on our website www.cityoflavista.org/youthleadershipcouncil.

LA VISTA cityofficials

Mayor

Douglas Kindig

City Council

Kim Thomas, Ward 1
Mike Crawford, Ward 1
Ron Sheehan, Ward 2
Terrilyn Quick, Ward 2
Deb Hale, Ward 3
Alan Ronan, Ward 3
Jim Frederick, Ward 4
Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, Assistant City Administrator / Director of Community Services
Kevin Pokorny, Director of Administrative Services
Joe Soucie, Director of Public Works
Bob Lausten, Police Chief / Director of Public Safety
Pam Bueth, City Clerk
Ann Birch, Community Development Director
Cindy Miserez, Finance Director
Rose Barcal, Library Director
Scott Stopak, Recreation Director



Arbor Day at the Community Center

The annual Arbor Day celebration was held this spring at City Hall and the Community Center. This event included a story time with Police Officer Jamie Brown, pictured above, free prizes for the children in attendance and the planting of a new tree in the green space next to City Hall.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, www.cityoflavista.org.

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what'shappening fall 2015



Pumpkin Decorating Spooktacular

Tuesday, October 20, 4 p.m., Community Center. **FEE:** \$8 per person, which includes a pumpkin to decorate, markers, stickers and all other materials needed to decorate the pumpkin. Join the fun and bring out your creative side by decorating your pumpkin in a Merry or Scary Style! This is a family event, all ages welcome. Pre-registration required by Friday, October 16.

Preschool Play Time

Tuesdays and Thursdays, 10-11 a.m., Community Center gym. **FEE:** Free. Preschool ages and under. Zip around the gym on our tricycles and cozy coupe cars, play preschool sized basketball, kick balls or just run, jump and play with others! It's a great play date for kids and parents! (Please do not bring your own bikes, tricycles or scooters.)

Special dates for Preschool Play Time: Thursday, September 10, Fall Craft Day! Thursday, October 29, Halloween Themed Craft! First Thursday of the month is story time with Ms. Jen.

Senior Art Class

Thursdays, 2-3:45 p.m. **FEE:** \$10 per class. Inspirational and environmental art classes using oil, watercolor, pen and ink. For more information, contact Charlene Potter, 402-203-9605.

Model Airplane License and Field Times

Flying times will be posted on the City's website, www.cityoflavista.org and Hobby Town U.S.A. La Vista Soccer Complex, ¼ mile south of Harrison on 66th street. **FEE:** \$30, non-residents \$40, includes 1 year

license and Midwest Performance Flyers Club membership. Model airplane flying licenses may be purchased at the Hobby-Town, U.S.A. store. A.M.A. card required to purchase a license.

Indoor Remote Control Model Airplane Flying

Mondays, 11:30 a.m.-1 p.m., Community Center gym. **FEE:** La Vista seniors free, adults \$3, non-residents senior \$2, non-resident adult \$4. Watch at no cost or bring your indoor plane and pay a small drop-in fee to fly. These lightweight planes will amaze you, as will the individuals who fly them.

Register & Pay Online www.cityoflavista.org/active





HEALTH AND WELLNESS

Unless otherwise noted, there are no age restrictions for these activities.

Individual Weight Training Classes

Two, one-hour sessions, by appointment. Community Center, ages 19 and older. **FEE:** \$25. This class teaches the basics of weight training. Learn how to set up and advance, use proper technique and form; and get the most of your weight-training program using both machine and free weights. Body Fat Testing is included. For more information contact Rich Carstensen, 402-331-3455, or via e-mail rcarstensen@cityoflavista.org.

Indoor Walking club

Monday/Wednesday/Friday, 8-10 a.m., Tuesday/Thursday 8-9:30 a.m. **FEE:** Free. The walking club is open to any La Vista residents and seniors in the surrounding areas. Time is set aside for walkers, so there will be no interference of other programs.

Zumba

Saturdays, 10-11 a.m., Community Center. **FEE:** \$6 per class or \$30 punch card. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Ditch the workout and join the party! For more information contact April Clark via e-mail at aprilc01@yahoo.com.

Yoga

Saturdays, 1-2 p.m., Community Center. **FEE:** \$7 per class (upfront fee of \$28 for four classes). Cash only. This class is designed for beginner and intermediate students focusing on breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures and stress management techniques. For more information contact Frank via e-mail at frankpferrante@gmail.com.

Fitness Center

The fitness center is equipped with dumbbells up to 50 pounds, and a Hoist multi-gym weight machine. For cardiovascular, our fitness room offers some of the finest, user friendly, aerobic equipment available, including: treadmills, Airdyne bike, Precor upright bike, Nautilus recumbent bikes, a NEW Cybex Arc cross trainer, Precor and Matrix cross trainers, and a Reebok Bodytrek cross trainer.

Hours of Operation

Monday - Friday:
Year round 8 a.m. - 9 p.m.

Saturdays:
September - April 8 a.m. - 6 p.m.
May - August 9 a.m. - 4 p.m.

Sundays:
September - April 1 p.m. - 9 p.m.
May - August Closed

Fees for the Fitness Room:

Resident adults (19+)..... \$3 per day
Non-Resident Adults \$4
(8:00 a.m. - 5:00 p.m., M-F only)
Senior resident (55+)..... Free
Senior non-resident..... \$2 per day

Punch cards:
Resident: \$50 for 20 punches
Non-Resident: \$35 for 10
Non-Resident senior: \$20 for 10

DANCING

Double H Dance

Wednesday and Thursday evenings, Community Center. Ages: preschool and older. **FEE:** \$50. Younger dancers will focus on ballet and tap and the junior level will be studying ballet, tap and jazz. For more information contact Katherine Hogston, 402-612-3712, or via e-mail, info@doublehdance.com.

Adult Ballroom Dance Lessons

Monday, 7-8 p.m., Community Center, ages 16 and older. **FEE:** \$40 per 4 week session. Join as a single or couple, minimum of 6 people per class. In each four-week session, 2-3 dances will be taught. For more information, contact Terry Vargas, 402-639-2209.

Adult Belly Dancing Classes

Tuesdays, 5:30-6:30 p.m. for beginners, 7-8 p.m. for advanced, Community Center. Ages 16 and older. **FEE:** \$20 per month. This is a continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Wren Newman, 402-596-1397.

Square Dance Lessons

Sundays, 2 p.m., September 27-October 25, Community Center. **FEE:** \$50 per five week session. Square dancing is a great low impact aerobic exercise that burns a lot of calories while having fun dancing. For more information, contact Ken Young, 402-690-3020.

What do you think about
our Recreation programs?
How can we improve? Tell
us what you think
by taking our
Recreation survey!
[www.cityoflavista.org/
recreationsurvey](http://www.cityoflavista.org/recreationsurvey)

Register & Pay Online
www.cityoflavista.org/active

Our fitness room is for adult ages 19 and older. Anyone under the age of 19 years is not allowed in the fitness room to work out or observe.

FALL KITE FESTIVAL

One Sky One World Fall Kite Festival

Sunday, October 11, noon-4 p.m., La Vista Soccer Complex. **FEES:** Free. Bring the whole family for an afternoon of kite flying fun. The American Kite Fliers Association and the La Vista Recreation Department invite you to Go Fly a Kite! Come see some of the World's largest and most creative kites. Bring a kite to fly and remember kids to bring a bag for the Kite Candy Drop.



YOUTH & ADULT SPORTS

Fees listed for residents then non-residents

YOUTH SOCCER

Seasons begin in September

Early Bird Registration: August 8 Registration Deadline: August 22

Soccer Clinic

Ages: 3 as of August 1. **FEES:** Before August 8: \$17, non-residents \$22. After August 8: \$27, non-residents \$32. Five, one-hour sessions on Saturday's at the La Vista Community Center. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun. **Clinic is limited to 15 participants.**

Soccer Academy and League

Sessions are twice a week for five weeks at the La Vista Sports Complex- academy training on Tuesdays & Saturdays.

Academy

Ages: 4 and 5 as of August 1. **FEES:** Before August 8: \$33, non-resident \$53. After August 8: \$43, non-resident \$63. Focusing on different soccer skills to develop each player with individual attention and maximum ball touches.

League

Ages: 6 and 7 as of August 1. **FEES:** Before August 8: \$33, non-resident \$53. After August 8: \$43, non-resident \$63. Attend Academy training on Tuesdays, but instead of Academy on Saturdays, teams play league games.

Youth Volleyball

Season begins in October

Registration Deadline: September 5

Ages: 3rd - 6th grade as of fall 2015. Early Bird Registration: August 22. **FEES:** Before August 22: \$33, non-resident \$53. After August 22: \$43, non-resident \$63

Women's Volleyball League

Registration Deadline: September 12 or until leagues are full

Ages: Must be 18 years old and out of High School. **FEES:** Women's League: *\$110 per team (separate \$20 check, forfeit deposit fee) \$10 cash per game paid directly to the officials before game start. ***A late fee of \$10 if registered after September 12.** Matches are held on Wednesday evenings at the La Vista Community Center beginning in October.

Adult Softball

Games tentatively start on August 23. Leagues: Coed, Men's and Double-Header. **FEES:** Coed & Men's: \$120 (separate \$40 check, forfeit deposit fee). Double-Header: \$235 (2 separate \$40 checks, forfeit deposit fee). Registration Period: Registration will run May 18 through August 8 or until leagues are full.

Coed League will be held on Friday & Sunday evenings; **Men's League** will be held on Sunday, Monday, Tuesday, Thursday & Friday evenings; Double-Header League will be held on Thursday evenings.

BASKETBALL

Seasons begin in January

Youth Basketball League

Early Bird Registration: November 14 Registration Deadline: November 28. Ages: Boys and Girls, 3rd - 8th grade as of current school year. **FEES:** November 14: \$55, non-residents \$65. After November 14: \$65, non-residents \$75.

Co-ed Youth Basketball Clinic

Early Bird Registration: December 12 Registration Deadline: December 26 Ages: Boys and Girls, 1st - 2nd grade as of

current school year. **FEES:** Before December 12: \$17, non-residents \$22. After December 12: \$27, non-residents \$32

In five, one-hour sessions held on Saturday mornings at the La Vista Community Center, learn the basic skills of dribbling, passing, shooting, teamwork and fun!



Register & Pay Online

www.cityoflavista.org/active



La Vista Falls Golf Course

Nestled in a valley below 84th Street in the heart of the City, La Vista Falls features finely mowed fairways, lush greens and elevated tee boxes amidst trees, small lakes and streams.

Affordability and flexibility are what makes La Vista Falls perfect for nearly every type of group outing. The course's wide-open format ensures you won't feel crowded, even with the biggest group. A wide variety of concessions and equipment are available from the clubhouse. After your outing, relax on the patio and enjoy the view.

Did you know now you can request a tee time online? Visit the City's web site, www.cityoflavista.org/teetime to request a specific time and even specify how many will be coming with you. When your request is received at the clubhouse, we will send you an email with confirmation of your tee time and then you're set to go!

Openings are available for family, company, school and night time golf outings.

Green Fees, March 1-Sept 30

Adult-16 and over, Junior-15 and under, Senior-55 and over.

| | |
|--|---------|
| 9-hole weekdays (adults)..... | \$11 |
| 9-hole weekends (Sat-Sun adults)..... | \$13 |
| 18-hole weekdays (adults)..... | \$17 |
| 18-hole weekends (Sat-Sun) (adults)..... | \$19 |
| 9-hole weekdays (Jr/Sr) | \$8.50 |
| 9-hole weekends (Sat-Sun) (Jr-Sr)..... | \$10.50 |
| 18-hole weekdays (Jr/Sr) | \$13.50 |
| 18-hole weekends (Sat-Sun) (Jr/Sr) | \$15.50 |

| | |
|-------------------------------|--------|
| Pull Carts | \$2.50 |
| Electric Carts (9-hole) | \$7 |
| Electric Carts (18-hole)..... | \$11 |

Memberships:

| | |
|--------------|-------|
| Jr/Sr | \$350 |
| Family | \$800 |
| Adult..... | \$450 |

Punch Cards (buy 10 rounds, get 2 free)

| | |
|-------------|-------|
| Jr/Sr | \$85 |
| Adult..... | \$110 |

| | |
|-------------------|-----|
| Rental Club | \$7 |
|-------------------|-----|

La Vista Falls is now playing FootGolf!

What is FootGolf?

FootGolf is a combination of the popular sports of soccer and golf. The game is played with a regulation #5 soccer ball at a golf facility on shortened holes with 21-inch diameter cups.

The rules largely correspond to the rules of golf. Soccer cleats are NOT permitted - indoor soccer shoes are recommended. You must wear flat-bottomed shoes such as regular tennis shoes or sneakers.

When can FootGolf be played?

Mondays and Wednesdays, 1-4 p.m.
Sundays, 5 p.m.-dark

How much does it cost?

| | |
|--------------------------------|--------|
| Adult (14 yrs & over)..... | \$11 |
| Children (13 yrs & under)..... | \$8.50 |
| Cart rental (9 hole)..... | \$7 |
| Cart rental (18 hole)..... | \$11 |
| Soccer Ball Rental | \$3 |
| (Or bring your own) | |

Great activity for Birthday Parties!

Rate: \$12.75 per child (13 yrs & under) Soccer ball provided (or bring your own)

Includes:

- Golf staff instructions to FootGolf
- Table and chair set up outside for party group
- Hot dog, chips and soda for each child after round is completed.

Please call 402-339-9147 for more information on FootGolf, set up a tee time, schedule a FootGolf outing or form a FootGolf league.



MARTIAL ARTS

CHA-3 Kenpo Karate

Tuesdays and Thursdays, 6-7:30 p.m., Community Center, ages 10 and up. **FEE:** \$40 per month. Realistic self-defense for the whole family that promotes respect, confidence, self-discipline and integrity. Kenpo Karate is an art for the individual, allowing each person to achieve the fullest control over his mind and body. For more information, contact Tony Foster, 402-297-3773 or Anthony Foster, 402-917-7135.

Aikido

Mondays and Thursdays, 6-7 p.m. for children (ages 5-11), 7-9 p.m. for adults. **FEE:** children \$20; non-resident children \$25; adults \$30, non-resident adult \$35. For more information, contact Ron Christenham, 402-339-6124.

Ninjutsu

Wednesdays (5:30-7 p.m.) and Saturdays (9-11 a.m.), Community Center. **FEE:** \$40 per month. This class covers Taijutsu (unarmed combat), Kenjutsu (sword combat), Bojutsu (staff combat), as well as improvised weapons. For more information, call 402-305-9210, or send an e-mail to info@sakuraomaha.com.

Traditional Japanese Swordsmanship

Wednesdays (7-9 p.m.) and Saturdays (noon-3 p.m.), Community Center, ages 18 and older. **FEE:** \$40 per month. Suio-ryu Iai Kenpo is one of the few ancient systems of martial arts practiced today. It encompasses a broad variety of techniques such as Iaijutsu (the Art of the Draw), Kumi-iai (paired sword forms), Naginatajutsu, pure Kenpo sword forms and Wakizashi techniques. For more information, contact Britt Nichols via e-mail at info@suioyuusa.org.

Kendo "Japanese Sword Fighting"

Wednesdays, 6-7:30 p.m. for 12 weeks, Community Center. **FEE:** \$50 per month (swords are included) or \$135 for the full 12 weeks. Classes include two swords - the wooden Bokken and the bamboo Shinai. Students will learn the fundamentals of Kendo "the way of the Sword". For more information, contact Mark Porter, 402-715-0500, or via e-mail at learningkendo@cox.net.

Women's Self Defense Class

Tuesday, August 25th, 6:30-8:30 p.m. La Vista Community Center. The self-defense classes are designed to instruct practical self-defense to women of all ages, sizes, and skill level. We will dispel common self-defense myths as well as teach you basic tips and techniques on how to avoid becoming a victim. Self-defense classes are a practical and easy approach to safety and empowerment. For more information, contact Claudia Brown-Jackman, 402-630-3169 or visit www.shuurindojo.com.



Drop-In Quilting Group

Wednesdays, 9-11:30 a.m., Community Center. Beginners are welcome, including those who have quilted before and/or anyone who is interested in learning how to quilt. If you have quilted in the past, bring your unfinished projects! Other sewing projects are always welcome as well! Come socialize and work on your works or art! For more information, contact Rich Carstensen, 402-331-3455.

Special Services Bus

Available for senior citizens age 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.- 4:30 p.m.; the service does not operate on City of La Vista declared holidays or when Papillion-La Vista or Ralston schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455 or visit us online at www.cityoflavista.org. For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone at their requested times.

Second Special Service Bus

A second Special Services Bus is available Tuesday's and Thursday's from 7:00am to 4:30pm for riders. This bus will run the same times as our other bus. Please call 402-657-3550 to make your reservations!

La Vista Senior Activity Center

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a home-cooked meal on Mondays, Wednesdays, and Fridays. The suggested contribution for the meal is \$3.50 for adults over 60 years and older. To participate, call or sign-up at the La Vista Community Center to reserve your meal by noon the business day before you intend to join us for lunch. Be sure to look at the other activities you may want to come early or stay late! The meal program is sponsored by ENOA, and catered by Valley Food Service. Visit our website, www.cityoflavista.org/seniorcenter, for the monthly senior newsletter, and to look at scheduled activities/trips and lunch menus. For more information contact Program Coordinator Rich Carstensen, 402-331-3455.

Community Center hours of operation

**(please note: hours are different
for adult and youth):**

Mon. - Fri.: 8 a.m. - 9 p.m.

Sat. (Sept. 12 - April 30): 8 a.m. - 6 p.m.

Sun. (Sept. 13 - April 23): 1 p.m. - 9 p.m.

Adults Only

Mon. - Fri. (School year): 8 a.m. - 3 p.m.

Adults and Youth

Mon. - Fri. (School year): 3 p.m. - 9 p.m.

Mon. - Fri. (Sched. days off): 1:30 - 9 p.m.

**The Community Center will be closed on
all major holidays.**

FEES:

Resident Adults: \$3.00 Drop-In

Non-Residents Adults: \$4.00 Drop-In

**Resident Youth (Under 19): Free

Resident Seniors (55+): Free

Non-Resident Senior (55+): \$2.00 Drop-In

**(Non-Resident Youth not allowed in
Center unless involved in a class or sport).



**ALWAYS CHECK AT THE
RECREATION CENTER
FOR EVENTS THAT MAY
NOT BE LISTED IN THIS**

**NEWSLETTER. WE POST FLIERS OFTEN
FOR SPECIAL EVENTS PLANNED AFTER THE
NEWSLETTER IS PRINTED.**

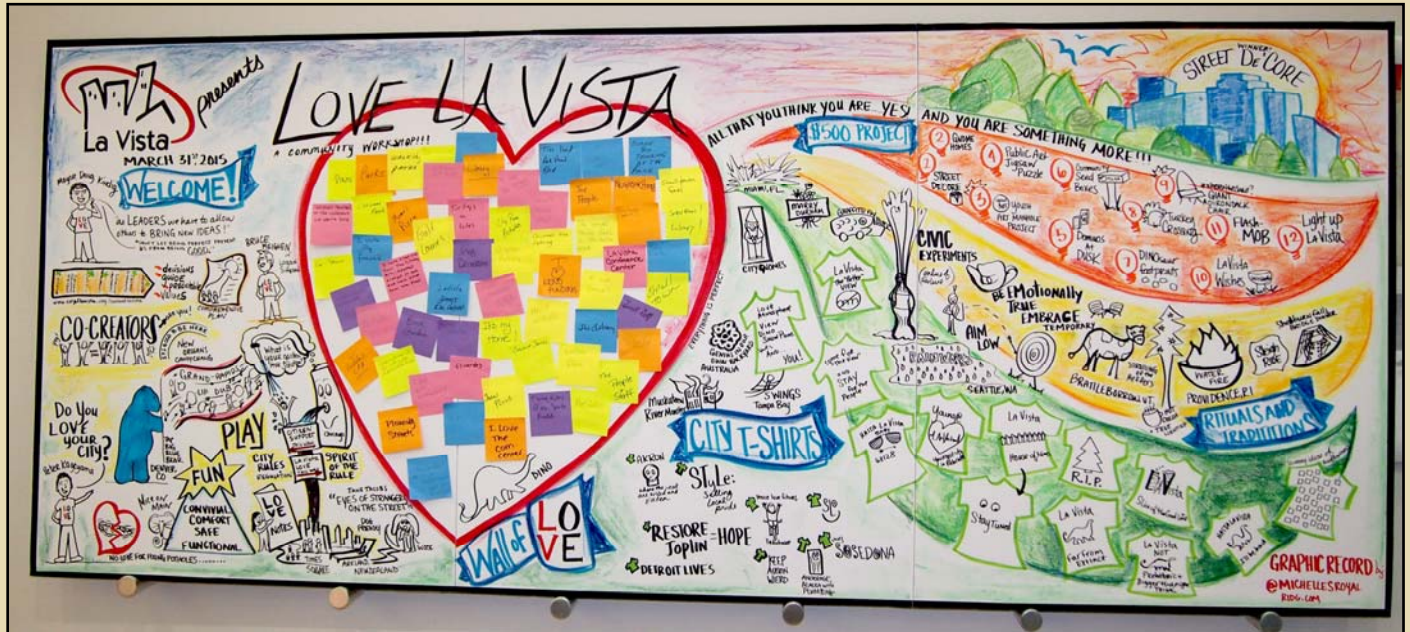
**Please Note: The La Vista Recreation
Department sends youth and adult sport
registration information via e-mail only.
If you have provided us with your e-mail
address, you will receive a message each
season when we open registrations. This
information is also available by visiting
the City's Web site, www.cityoflavista.org/sports and by visiting the La Vista
Community Center.**

**Register & Pay Online
www.cityoflavista.org/active**



LOOKOUT

LA VISTA Update



Building a Vision for La Vista

Look Out La Vista, the update to the City's comprehensive plan, continues to get great feedback from residents.

In April, the City of La Vista invited Peter Kageyama, author of *For the Love of Cities* and *Love Where You Live*, to speak to the community.

Residents, city employees, the business community, and students attended three sessions wherein Peter discussed how people love their cities throughout the United States and what paths we in La Vista can take to find the same emotional engagement.

He aimed his message not only at residents, but city staff and council



members, encouraging them to embrace new ideas, even the more unusual ones.

Examples of quirky community building helped reinforce this suggestion; like the Mice on Main from Greenville, South Carolina. In 2000, a student asked for funding to install nine bronze mouse sculptures along Main Street as part of a school project. Since then,

the mice have become part of Greenville's cultural identity, giving visitors and residents an emotional attachment to that place.

Peter encouraged La Vista to embrace the temporary and to "not let being perfect prevent us from being good." Using an anecdote about another city's inability to install a splash park, he expressed the importance of recognizing the impact of simple solutions.

Kids will have fun with water from any source, and for a small town in Connecticut, a garden hose filled in just fine when a larger, more permanent structure was not in the budget.

Continued on back

LA VISTA Update

What do you love about La Vista?



What would you change about La Vista?



Building a Vision for La Vista continued

Over the course of the Salute to Summer Festival, an estimated 400 to 500 people stopped by the Look Out La Vista booth. The project team received nearly 250 written comments on what they love about La Vista, and what they would change about La Vista.

Many people mentioned the love of La Vista's small town feel, the great parks, and the schools. Redeveloping 84th street was the most popular change that residents saw in the future.

An additional visioning event was held in Central Park on Saturday, June 27. "Taste of La Vista" offered citizens sample food and drink from local vendors while helping to build

a community vision for La Vista.

There were activities for children and adults, including a photo booth, designing your own vision building block, and mapping your opportunities. Trends of how La Vista has grown recently, and how La Vista stacks up regionally were presented. Those in attendance responded to whether those trends should be encouraged or if we need to change the trajectory of the community.

All input received from stakeholder interviews in April, workshops with the renowned author and speaker Peter Kageyama, the online visioning survey, Salute to Summer Festival, and the Taste of La Vista will

be compiled into a consolidated Vision Document.

This will be available online later this summer and ultimately integrated into the final Comprehensive Plan.

A second set of workshops will be held this fall to discuss specific community opportunities and make choices about how to achieve the community vision. At these events, residents will learn about citywide plan modifications, and the trade-offs and benefits of specific choices.

A secondary online questionnaire will accompany these opportunities workshops, for those who cannot attend the meetings.

For more information, visit our website
www.cityoflavista.org/lookoutlavista