

LA VISTA citywise

Salute to Summer Festival is May 26-29

Set aside Memorial Day weekend on your family's calendar for our Salute to Summer Festival, which is scheduled for **May 26-29**.

The fun will kick off Thursday, May 26, with the Hometown Heroes Event at 6 p.m. at City Hall. Since we celebrate on Memorial Day weekend, it is only fitting that we begin the festival with a special event honoring those who have served our country in the military. This will take place at the Blue Star Memorial on the City Hall campus. A new addition to the memorial area will be unveiled at the event.

The Community Center will host Hot Wheels Races in the gym that evening beginning at 6:30 p.m.

The carnival and vendors will open for business on Thursday evening and will be operating all weekend through Sunday.

Friday events will include the Community Cookout at City Hall, Car Show at La Vista Keno, fireworks display courtesy of Bellino Fireworks over La Vista Falls Golf Course and the Beer Garden in the Central Park tennis courts.

Saturday is the parade sponsored by Bank of Nebraska as well as a Glow Ball Golf Outing.

Scheduled on Sunday is a free Family Pool Party at the La Vista Municipal Pool.

For more information about the festival, visit our website, www.salutetosummer.org.



For more information about the festival, visit our website

www.salutetosummer.org



Last year's Hometown Heroes Event included the unveiling and dedication of the City's new Blue Star Memorial at City Hall.

A MINUTE WITH mayorkindig



La Vista lost a true partner and friend with the passing of Rich Bellino last summer. Rich died unexpectedly, leaving behind his wife of more than 40 years,

Mary Kay, their two children, a brother, sisters and grandchildren.

Rich operated the City's keno game, La Vista Keno. With proceeds from the game, the City constructed numerous facilities, including City Hall, the Community Center, the Library and the Police Station. The revenue realized from the successful operation of La Vista Keno has certainly contributed to the City's growth and development over the years.

Additionally, Rich and Mary Kay's commitment to give back to the community has been tremendous. They have made significant donations to a variety of projects, including the City's 50th anniversary celebration and the La Vista Community Foundation. More recently, Rich stepped up to host and sponsor the Salute to Summer Festival Car Show, now heading into its fourth year. The family will be honored with the "Friend of La Vista" award this year during the Salute to Summer Festival.

If you knew Rich at all, you knew he had a soft spot for youth. He had a big heart and always gave of his resources in a quiet, unassuming manner. In addition to the obvious benefits La Vista Keno has brought to La Vista, there are multiple examples throughout the communities of both La Vista and Papillion of Rich and Mary Kay's generosity.

Rich was committed to La Vista Keno and ran an exceptional game. I wanted to honor the Bellino family for their lifelong commitment to community service. La Vista is certainly a better place because of their dedication and kindness.

– Mayor Douglas Kindig

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

May 2016

- 3 City Council, 7 p.m.
- 9 La Vista/Metropolitan Community College Condominium Owners Association, 4 p.m., Library
- 12 Library Advisory Board, 5:30, Library
- 17 City Council, 7 p.m.
- 18 Parks and Recreation Advisory Board, 7 p.m.
- 19 Planning Commission, 7 p.m.
- 26-29 Salute to Summer Festival

June 2016

- 1 Summer Reading Program begins, Library
- 7 City Council, 7 p.m.
- 9 Citizen Advisory Review Committee, 7 p.m.
- 11 Public Works Day, 9 a.m.-1 p.m., Public Works Facility
- 15 Parks and Recreation Advisory Board, 7 p.m.
- 16 Planning Commission, 7 p.m.
- 21 City Council, 7 p.m.
- 23 Dinosaur Egg Hunt, 3 p.m., Southwind Park
- 24 Outdoor Concert/Movie: Blue House/Minions, 7 p.m., Library
- 26 Splash Bash, 1-4 p.m., Pool

July 2016

- 5 City Council, 7 p.m.
- 14 Library Advisory Board, 5:30, Library
- 15 Outdoor Concert/Movie: Charm School Dropouts/Good Dinosaur, 7 p.m., Library
- 19 City Council, 7 p.m.
- 20 Parks and Recreation Advisory Board, 7 p.m.
- 21 Planning Commission, 7 p.m.
- 22 Hydrant Party, 3 p.m., City Hall
- 30 Taste of La Vista, 4-7 p.m., Central Park

INSIDE

**Festival Schedule
of EventsPage 3**

**Summer Schedule
of EventsPage 4**

**Summer Reading
Info.....Page 6**

**MEMORIAL DAY
WEEKEND**

MAY 26-29

**LA VISTA
SALUTE
TO
SUMMER
FESTIVAL**

MILITARY
DISCOUNT
ALL
WEEKEND!

#LVS2S

HOT WHEELS RACES

FAMILY POOL PARTY

CAR SHOW & SHINE

BEER GARDEN

CARNIVAL & VENDOR BOOTHS

ALL WEEKEND IN CENTRAL PARK



HOMETOWN HEROES EVENT

THURSDAY, 6 PM, CITY HALL



COMMUNITY COOKOUT

FIREWORKS

FRIDAY, 6 PM, CITY HALL/LA VISTA KENO



PARADE

SATURDAY, 1 P.M., PARK VIEW BLVD., 87TH TO 75TH ST.



GLOW BALL GOLF

SATURDAY, 9:30 P.M., \$13 PLUS BALLS

SALUTETOSUMMER.ORG



Public Works Day

Have you ever wondered what Public Works is all about?

You'll get your opportunity to ask that and many more questions during the La Vista Public Works Department's second annual Public Works Day on **Saturday, June 11, 9 a.m. - 1 p.m., at the Public Works Facility, 9900 Portal Road.**

Take advantage of the opportunity to meet staff from each of the six divisions – Streets, Parks, Sewer, Fleet Maintenance, Building Maintenance and Administration.

In addition, you can experience live demonstrations, view equipment and even operate a backhoe or asphalt roller!

Parking will be at adjacent locations with shuttle service provided. Parking locations will be posted on the City's website at www.cityoflavista.org/publicworks.

For more information contact the Public Works Department, 402-331-8927.

At this year's Public Works Day, enjoy equipment demonstrations, including a backhoe, sewer camera and asphalt roller.



policedepartment

Summer Nuisance Reminders

When dealing with nuisance issues, our police and code enforcement officers are sometimes asked, "Don't you have anything better to do?" The simple answer is yes, there are a number of other problems we should be devoting their time and energy to solve. However, to the citizens who live next to or near unkempt (and sometimes dangerous) properties, the issue is very important.

Spring and summer signifies a time of renewal and offers us the chance to return to the great outdoors to perform those tasks that we've put off

throughout the winter. It is also the time of year that the police department typically receive the greatest number of complaints regarding nuisance issues.

Although a few of these violations are defined within and regulated by Nebraska statute, the vast majority are outlined in and enforced through the La Vista Municipal Code. Nuisance processing and prosecution is time consuming for our officers and expensive for our taxpayers.

What can you do to help avoid having your property identified as a potential nuisance? Visit our website, www.cityoflavista.org/police, for some suggestions.



2016 Summer Reading Program at the La Vista Public Library

The Summer Reading Program begins **June 1 and runs through July 29**. With the theme "On Your Mark, Get Set... Read!", children, birth to fourth grade, will enjoy reading and learning about sports and healthy living. All summer reading challenge sheets must be turned in by 4 p.m. on Friday, July 29 to receive a prize!

Summer Mini-Camps

Registration is now open! All mini-camps are \$10 per child per camp. Registration is required, and space is limited. For more information and availability on each camp, contact the library or visit www.cityoflavista.org/summercamps.

Race Car Storytime and Party

Wednesday, June 22, 10:30 a.m.

Gentlemen (and ladies) start your engines and zoom on over to the Library for gallons of race car fun!!! Families will enjoy a variety of different race car themed activities and all children will receive a free race car (while supplies last). All ages welcome! Registration is not required. Parental participation is appreciated.

Tween and Teen Summer Reading Programs

The Tween and Teen Summer Reading programs will run from **May 31 to August 12** this year. With a games-oriented theme this year events will include movie-a-thons, life-size games, crafts, and much more. There are more than 100 events to choose from!

The teen program is open to all teens in 5th-12th grades.

The new tween program is open to all tweens in 4th-6th grades.

Register at the Kick-Off Party on **May 31 at 3:30 p.m.**



Calendars will be available at the library in early May. Read, attend programs, earn prizes! For more information, contact Lindsey at ltomsu@cityoflavista.org.

Scholastic Book Fair

Reading is vital to every child's success, and it's the door opener to the 21st century for all children. We invite all families and the community to our Scholastic Book Fair, **June 1-8**. All purchases will benefit the Library.

Summer Storytimes

Tiny Tots

This program is for children 3 years and younger. Drop in on Tuesdays at 10 a.m. for an active program which includes music and other fun early pre-reading activities to experience with your child. This program is every week now through **May 24** and this summer June 7-July 26.

Bouncy Baby Storytime

This program is for children who are not yet independent walkers. Drop in program on the 2nd and 4th Fridays of the month this summer at 10 a.m. for activities involve music and other fun experiences which encourage development of your child's mind and body. Bring a baby wrap if you have one and wear comfy clothes!

For your convenience...

The La Vista Public Library now has three memberships to choose from: annual membership for your household for \$60 or a 6-month membership for \$35 or a monthly membership for \$7.

We're online...

Visit our website at www.cityoflavista.org/library. Click on "Catalog" to search the library's collection for gardening.

Instant books!

There's nothing better than instant results! Visit our website for a link to the Freeding service, which offers instant downloadable books.

Electronic Magazines!

Your Library membership gives you access to free electronic magazines through Zinio. These online publications can be easily viewed on any Internet-enabled device. Check 'em out!

Technology Assistance...

Want to learn Word or Excel? Need help downloading electronic books, electronic audio books, electronic magazines, or electronic music? Talk to Jean or set up an appointment for help on these topics and more, including: the Internet, Scanning, digital cameras, Facebook, Twitter, Picasa and Flickr.



Taste of La Vista to Return This Summer

The City's newest special event, Taste of La Vista, is scheduled this summer for **Saturday, July 30, 4-7 p.m.**, in the Central Park tennis courts.

Last summer more than 600 people attended the first-ever Taste of La Vista, which featured visioning activities as well as beer and pizza samplings from La Vista businesses.

When you attend Taste of La Vista this summer, there will be fun, interactive ways to express your love for La Vista. Last year's popular photo booth will be back as well!

The second annual "Taste" will feature opportunities for residents to interact with City staff and elected officials on a variety of topics and projects, including the Comprehensive Plan update as well as Thompson Creek and Vision 84 through a series of stations and exercises.

For more information on Taste of La Vista, visit our website, www.tasteoflavista.org.

*Taste
of La Vista*



Community Development Department Project Update



Contractors and building companies are busy in various parts of La Vista completing a variety of projects, big and small.

Pictured is a rendering of the Costco Wholesale Store under construction at 8250 S. 125th Street in Southport West. This more than 150,000 square-foot retail

building is tentatively slated to open later this year.

For a complete list of ongoing development projects, visit our website, www.cityoflavista.org/constructionupdates.

Council Clips

The following items are highlights of recent City Council action:

- Approved a Council Policy Statement for Employee Performance Management.
- Approved the purchase of marked police cars.
- Approved the advertisement of bids for and name of the City Parking District Access Road, to be known at Portside Parkway.
- Approved the purchase of a camera cable and combination truck for the Sewer Division at the Public Works Department.
- Approved the One and Six Year Street Improvement Plan.
- Approved the selection of a vendor for a new Financial Information Software System.

LA VISTA cityofficials

Mayor

Douglas Kindig

City Council

Kim Thomas, Ward 1

Deb Hale, Ward 3

Mike Crawford, Ward 1

Alan Ronan, Ward 3

Ron Sheehan, Ward 2

Jim Frederick, Ward 4

Terrilyn Quick, Ward 2

Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, *Assistant City Administrator*

Kevin Pokorny, *Director of Administrative Services*

Joe Soucie, *Director of Public Works*

Bob Lausten, *Police Chief / Director of Public Safety*

Jeff Calentine, *Assistant to the City Administrator*

Pam Buethe, *City Clerk*

John Kottmann, *City Engineer*

Ann Birch, *Community Development Director*

Cindy Miserez, *Finance Director*

Mandy Garrod, *Human Resources Manager*

Rose Barcal, *Library Director*

Scott Stopak, *Recreation Director*



Employee Recognition Awards

Employee of the Year honors for 2015 went to Jim Ruffner of the Streets Division at Public Works for his overall dedication to excellence.

Outstanding service awards were given to Marcia Gustafson, Pam Buethe, Jeff Calentine, Jodi Norton, Lisa Paquette, Steve Walter, TJ Jacik, Brian Matthew, Dana Miller, Gary Gist, Dutch Sevens, Travis Frye and Ryan South.

TEAM awards were given to the Comprehensive Plan Team, City Council Chambers Upgrade Team, Community Gardens Team, Criminal Investigations Bureau, FootGolf Team and Tree Felling Team.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, www.cityoflavista.org.

PRSRT STD
U.S. POSTAGE
PAID
OMAHA, NE
PERMIT NO. 196

p: 402-331-4343 | f: 402-331-4375

City of La Vista
8116 Park View Blvd.
La Vista, NE 68128



what'shappening summer 2016

Hydrant and Super Soaker Party

Friday, July 22, 3 p.m., Community Center/City Hall south parking Lot (8116 Park View Blvd.), **FEE:** Free. Cool off from the heat with a splash by joining us for some wet and wild fun!

Library Card Family Swim Party and Story Time

Monday, August 8, pool opens at 1 p.m., storytimes at 2:45 and 3:45 p.m., La Vista Swimming Pool. Enjoy a dip in the pool along with a family story time and games. **FEE:** Must show your La Vista Library Card or Pool Membership to get in.

Urban Adventure Race

Saturday, August 6. **FEE:** \$100 per team. If you have a bike and a sense of adventure, this amazing race is for you! Find a friend, form a team of two - then be prepared to run, bike and navigate your way through La Vista and Papillion while searching for checkpoints and completing challenges and mystery events. For more information visit our website, www.cityoflavista.org/urbanrace.

NEW Pick a Park Preschool Storytime!

Monday, May 9, 10:30 a.m. - Triangle Park, just east of 78th and Josephine streets on the north side of the street.

Monday, June 13, 10:30 a.m. - Giles Corner Park, 7514 Michelle Ave (corner of 75th Street and Michelle Avenue).

Monday, July 11, 10:30 a.m. - Ardmore Park, 6830 Michelle Ave (69 Street and Michelle Ave).

Preschool Playtime

Tuesdays and Thursdays, 10-11 a.m., Community Center gym. **FEE:** Free. Preschool ages and under. Zip around the gym on our tricycles and cozy coupe cars, play preschool sized basketball, kick balls or just run, jump and play with others! It's a great play date for kids and parents! **(Please do not bring your own bikes, tricycles or scooters.)**

Special Preschool Playtime dates:

Craft Day - **Thursday, May 19; Tuesday, June 14; and Thursday, July 14**

Preschool Super Hero Training Course - **Tuesday, July 12**, 10 a.m. A special training course will be set to hone your "Super Hero" skills! (Costumes encouraged.) Preschool age: 4 & under.

All special days are free while supplies last.



Dinosaur Egg Hunt

Thursday, June 23, 3 p.m., Southwind Park by the La Vista Library. **FEE:** Free. The La Vista Recreation Department and Library are looking for young explorers to help us hunt for giant dinosaur eggs (watermelons). When all of the eggs are found, we will haul them back to the picnic shelter, crack them open and enjoy eating a cold slice.



Tween Adventure Series

Third Wednesday of the month, 4-5 p.m., Community Center. Our Tween Adventure Series is geared to boys and girls ages 9-12. Each month will have its own theme! **FEE:** Free

May 18 - Minute to Win It Challenges!

June 15 - Discover Flight! Blimp Races, Paper Airplane design and flight contest, paper helicopters and more!

July 20 - Egg Drop! We will supply a variety of household items for you to design your own parachute or safety device to keep your egg from breaking when dropped from a ladder to see if they survive or break.



Fitness Center

The fitness center is equipped with dumbbells up to 50 pounds, and a Hoist multi-gym weight machine. For cardiovascular, our fitness room offers some of the finest, user friendly, aerobic equipment available, including: treadmills, Airdyne bike, Precor upright bike, Nautilus recumbent bikes, a Cybex Arc cross trainer, Precor and Matrix cross trainers, and a Reebok Bodytrek cross trainer.

Hours of Operation

Monday - Friday:

Year Round 8 a.m. - 9 p.m.

Saturdays:

September - April 8 a.m. - 6 p.m.

May - August 9 a.m. - 4 p.m.

Sundays:

September - April 1 p.m. - 9 p.m.

May - August Closed

Fees for the Fitness Room:

Resident adults (19+)..... \$3 per day

Non-Resident Adults \$4

(8:00 a.m. - 5:00 p.m., M-F only)

Senior resident (55+)..... Free

Senior non-resident..... \$2 per day

Punch cards:

Resident: \$50 for 20 punches

Non-Resident: \$35 for 10

Non-Resident senior: \$20 for 10

Resident Membership:

\$27 per month (includes exercise room, gym, racquetball/walleyball)

Our fitness room is for adult ages 19 and older. Anyone under the age of 19 years is not allowed in the fitness room to work out or observe.

Preschool Playtime Evening Edition

Tuesday evenings, May 10 - August 30, 5:30 - 7 p.m., Community Center gym. **FEE:** Free. For working parents that can't make our weekday Preschool Playtime we will be offering a weeknight version of our popular program. We will drop the curtain in the gym to provide an area for older siblings to play and a side for preschoolers.

Jedi Knight Training Course

Saturday, August 27, 10:30 a.m. - noon, Community Center gym. **FEE:** Free. Jedi training obstacle course, crafts and fun. Ages 5-10.

Net Night

Wednesday, August 17, 5:30 - 8 p.m., Community Center gym. **FEE:** Free. We'll set the nets up for basketball, volleyball, wallyball and pickleball. Participants can give each sport a try! This is a great opportunity for families to spend some time together, get out of the house, and run off some steam! All equipment will be provided. Pre-registration not required; just show up ready to play!

Pre-Picasso's Art Class

Monday nights (May 23, June 6, 13, 20 and 27), 5 - 5:45 p.m., Community Center. For 6 and 7 year-olds. **FEE:** \$50 per 5 week class. Participants will use their imagination as they build papier-mâché desserts, draw fantasy homes, paint color changing chameleons and create imaginary playgrounds inspired by Spanish artist Antoni Gaudi. Your child will learn art history as well as various art techniques that will inspire them. Students will take home four projects. Art supplies are included in the fee. For more information, contact Julia Mason via e-mail, Julia.mason2@ops.org.

Print, Paint and Sculpt

Monday nights (May 23, June 6, 13, 20, 27), 6-6:45 p.m., Community Center. For 8 and 9 year olds. **FEE:** \$55 per 5 week class. Artists will

learn how to manipulate mediums artists use such as clay, paint, and printmaking. Attendance is important as we will build on projects from the previous week. Students will take home three projects. All art supplies will be included. For more information, contact Julia Mason via e-mail, Julia.mason2@ops.org.

Senior Art Class

Thursdays, 2-3:45 p.m., Community Center. **FEE:** \$10 per class. Inspirational and environmental art classes using oil, watercolor, pen and ink. For more information, contact Charlene Potter, 402-203-9605.

Beginners Jewelry Making Class

Thursdays, 6-7:30 p.m., Community Center. **FEE:** \$60 per 4 week class. Teens to adults. Jewelry supplies will be included, students must bring their own jewelry tools, tool list provided at the first class. For class dates and to register contact Charlene Potter, 402-203-9605, or via e-mail at charlene@rosewoodenvironmentalart.com.

Model Airplane License and Field Times

Flying times will be posted on the City's website, www.cityoflavista.org and Hobby Town U.S.A. La Vista Soccer Complex, ¼ mile south of Harrison on 66th street. **FEE:** \$30, non-residents \$40, includes 1 year license and Midwest Performance Flyers Club membership. Model airplane flying licenses may be purchased at the Hobby-Town, U.S.A. store. A.M.A. card required to purchase a license.

Indoor Remote Control Model Airplane Flying

Mondays, 11:30 a.m.-1 p.m., Community Center gym. **FEE:** La Vista seniors free, adults \$3, non-residents senior \$2, non-resident adult \$4. Watch at no cost or bring your indoor plane and pay a small drop-in fee to fly. These lightweight planes will amaze you, as will the individuals who fly them.

DANCING

Adult Ballroom Dance Lessons

Mondays, 7-8 p.m., Community Center, ages 16 and older. **FEE:** \$40 per 4 week session. Join as a single or couple, minimum of 6 people per class. In each four-week session, 2-3 dances will be taught. For more information, contact Terry Vargas, 402-639-2209.

Adult Belly Dancing Classes

Tuesdays, 5:30-6:30 p.m. for beginners, 7-8 p.m. for advanced, Community Center, ages 16 and older. **FEE:** \$20 per month. This is a continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Wren Newman, 402-596-1397.

YOUTH & ADULT SPORTS

Fees listed for residents then non-residents

TACKLE FOOTBALL

Season begins in August

Join the Papillion-La Vista Monarch Spirit Football program! Spirit Football is a charter member of the Nebraska Youth Football League, the longest running football organization in the state. Spirit is also the only feeder program for the Papillion/La Vista Monarchs High School. This is a recreational league with an emphasis on teamwork, sportsmanship and comradery.

The Spirit tackle football program is for children ages 8u-14u. *Registration will begin in May. This is a **FREE** program and all equipment is included. For more information about the program and registration, please visit www.papilovspiritfootball.com. ***All registrations will be handled by the Spirit Football Organization.**

FALL FLAG FOOTBALL

Season begins in August

Early Bird Registration: June 25

Registration Deadline: July 9

*Practices will tentatively begin the week of August 1. Practices are held at coach's discretion during the week. All games will be played on Saturday mornings/afternoons at the La Vista Sports Complex beginning on August 13 and ending on October 8. ***Start date is subject to change.**

Ages: K-6th grade as of fall 2016. **FEES:** Before June 25: \$33, non-residents \$53. After June 25: \$43, non-residents \$63.

YOUTH SOCCER

Season begins in September

Early Bird Registration:

August 6

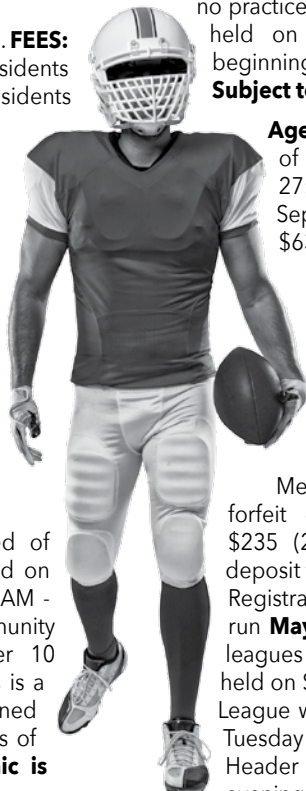
Registration Deadline:

August 20

Coed Soccer Clinic

Ages: Boys and Girls age 3 as of August 1. **FEES:** Before August 6: \$17, non-residents \$22. After August 6: \$27, non-residents \$32.

The soccer clinic is comprised of 5 one hour sessions to be held on Saturday mornings from 10:30 AM - 11:30 AM at the La Vista Community Center starting on September 10 and ending on October 8. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun. **(Clinic is limited to 15 participants.)**



Soccer Academy and League

Focusing on different soccer skills to develop each player with individual attention and maximum ball touches. Sessions are twice a week for five weeks - academy training/practices Tuesdays with games on Saturdays. The 4/5 Soccer Academy & 6/7 League will begin on Tuesday, September 6 and end on Saturday, October 8. The 4/5's meet on Tuesdays from 5:30 PM - 6:30 PM; 6/7's from 6:30 PM - 7:30 PM. On Saturdays, the 4/5's meet from 9:00 AM - 10:00 AM; 6/7's from 10:00 AM - 11:00 AM. All sessions will take place at the La Vista Sports Complex.

Academy

Ages: Boys and Girls ages 4 and 5 as of August 1. **FEES:** Before August 6: \$33, non-resident \$53. After August 6: \$43, non-resident \$63.

League

Ages: Boys and Girls ages 6 and 7 as of August 1. **FEES:** Before August 6: \$33, non-resident \$53. After August 6: \$43, non-resident \$63

COED YOUTH VOLLEYBALL

Season begins in October

Early Bird Registration: August 27

Registration Deadline: September 10

*Practices will tentatively begin the week of September 26. Practices are held at coach's discretion on Sunday - Friday evenings with no practices on Wednesdays. All games are held on Saturday mornings/afternoons beginning in October. ***Start Date is Subject to change.**

Ages: Boys and Girls grades 3-6 as of fall 2016. **FEES:** Before August 27: \$33, non-residents \$53. After September 10: \$43, non-residents \$63.

ADULT SOFTBALL LEAGUE

Games tentatively start on August 21

Leagues: Coed, Men's and Double-Header. **FEES:** Coed & Men's: \$120 (separate \$40 check, forfeit deposit fee). **Double-Header:** \$235 (2 separate \$40 checks, forfeit deposit fee) Registration Deadline: Registration will run **May 16 through August 6** or until leagues are full. Coed League will be held on Sunday & Friday evenings; Men's League will be held on Sunday, Monday, Tuesday & Friday evenings; Double-Header League will be held on Thursday evenings.

HEALTH AND WELLNESS

Unless otherwise noted, there are no age restrictions for these activities.

Indoor Walking Club

Monday/Wednesday/Friday, 8-10 a.m., Tuesday/Thursday 8-9:30 a.m., Community Center. **FEE:** Free. The walking Club is open to any La Vista residents and seniors in the surrounding areas. Time is set aside for walkers, so there will be no interference of other programs.

Zumba

Saturdays, 10-11 a.m., Community Center. **FEE:** \$6 per class or \$30 punch card. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Ditch the workout and join the party! For more information contact April Clark via e-mail at aprilc01@yahoo.com.

Yoga

Saturdays, 1-2 p.m., Community Center. **FEE:** \$7 per class (upfront fee of \$24 for four classes). Cash only. This class is designed for beginner and intermediate students focusing on breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures and stress management techniques. For more information contact Frank via e-mail at frankpferrante@gmail.com.

Senior Tai Chi Class/Better Balance Class

Senior Tai Chi Class is held on Monday's and Thursday's at 11:00am to 11:45am at the La Vista Senior Activity Center. Cost for the class is just \$1.00 per week. Please call Rich Carstensen at 402-331-3455 for more details. Come join in the fun and learn Tai Chi for Better Balance and Fitness!

Racquetball/Walleyball

The La Vista Community Center has two courts. To reserve a court time call 402-331-3455. **FEE:** La Vista residents \$7/hr., non-residents \$14/hr. If you are interested in learning the game of racquetball or improving your game, contact AmPro certified advanced instructor, Dave Duscher, 402-980-5646 or via e-mail at jamnram1@msn.com.

Register & Pay Online

www.cityoflavista.org/active



LA VISTA MUNICIPAL POOL

The La Vista Municipal Pool will open on Saturday, May 28, 2016 and close on Monday, September 5, 2016 (Labor Day). Pool hours are 1:00 p.m. - 9:00 p.m. 1:00 p.m. daily through August 7, 2016 (hours will be limited August 8 - September 5). July 5 - 28 the pool will be closed on Tuesday & Thursday evenings from 5:45-7 p.m. for swim lessons.

Season passes for residents and non-residents as well as resident tags must be purchased at the La Vista Community Center, 8116 Park View Blvd.

SWIMMING LESSONS

The La Vista Municipal Pool offers several levels of swimming lessons throughout the summer, of which there will be three day sessions and one evening session. Swimming lesson registration for La Vista residents, May 2, 2016 and non-residents after May 9, 2016.

Day session 1: June 13 - 24, Day session 2: July 11 - 22, Day session 3: July 25 - August 5
Evening session: July 5 - July 28

Day sessions are held Mondays through Thursdays, Fridays are rain days. Pre-beginner through level 6. Minimum age for pre-beginners is age four. All classes are 45 minutes in length.

Day session times are as follows:

Pre Beginner - 11 a.m. & noon	Level 1 - 11 a.m. & noon	Level 2 - 10 a.m. & 11 a.m.
Level 3 - 10 a.m. & noon	Level 4 - 10 a.m.	Level 5 - 9 a.m.
Level 6 - 9 a.m.		

Evening sessions are held on Tuesdays and Thursdays from 6-6:45 p.m. and are for pre-beginner through level 3 ONLY.

Registration can be completed online or at the La Vista Community Center. Space is limited.

FEE: Residents: \$30, Non-residents \$55

For more information on skills needed for each level, visit our website, www.cityoflavista.org/swimminglessons.

MARTIAL ARTS

Aikido

Mondays and Thursdays, 6-7 p.m. for children (ages 5-11), 7-9 p.m. for adults. **FEE:** children \$20; non-resident children \$25; adults \$30, non-resident adult \$35. For more information, contact Ron Christenham, 402-339-6124.

Ninjutsu

Saturdays, 9-11 a.m., Community Center. **FEE:** \$40 per month. This class covers Taijutsu (unarmed combat), Kenjutsu (sword combat), Bojutsu (staff combat), as well as improvised weapons. For more information, call 402-305-9210, or send an e-mail to info@sakuraomaha.com.

Kendo

"Japanese Sword Fighting"

Wednesdays, 6-7:30 p.m. for 12 weeks, Community Center. **FEE:** \$50 per month. (swords are included) or \$135 for the full 12 weeks. Classes include two swords - the wooden Bokken and the bamboo Shinai. Students will learn the fundamentals of Kendo "the way of the Sword". For more information, contact Mark Porter, 402-715-0500, or via e-mail at learningkendo@cox.net.

Women's Self Defense Class

The self-defense classes are designed to instruct practical self-defense to women of all ages, sizes, and skill level. We will dispel common self-defense myths as well as teach

SWIMMING POOL FEES - 2016

DAILY ADMISSION:

Youth 5 & Under	Free
Youth Resident:	
6-17 years of age (with tag)	\$2
Youth Non-Resident:	
6-17 years of age	\$4
Adult Resident:	
18 & older (with tag)	\$3
Adult Non-Resident: 18 & older	\$4

Resident Tag (one time purchase)	\$2
Youth Resident - Season Pass	\$65
Youth Non-Resident - Season Pass	\$95
Adult Resident - Season Pass	\$75
Adult Non-Resident - Season Pass	\$105
Family Resident - Season Pass	\$105
Family Non-Resident - Season Pass	\$165
Day-Care Season Pass	\$275
30-Day Pass Booklet (Resident)	\$55
30-Day Pass Booklet (Non-Resident)	\$85

What do you think about
our Recreation
programs? How can we
improve?
Tell us what you think by
taking our Recreation
survey!

[www.cityoflavista.org/
recreationsurvey](http://www.cityoflavista.org/recreationsurvey)

you basic tips and techniques on how to avoid becoming a victim. Self-defense classes are a practical and easy approach to safety and empowerment. For more information, contact Claudia Brown-Jackman, 402-630-3169 or visit www.shuurindojo.com.

Register & Pay Online www.cityoflavista.org/active



La Vista Falls Golf Course

Nestled in a valley below 84th Street in the heart of the City, La Vista Falls features finely mowed fairways, lush greens and elevated tee boxes amidst trees, small lakes and streams.

Affordability and flexibility are what makes La Vista Falls perfect for nearly every type of group outing. The course's wide-open format ensures you won't feel crowded, even with the biggest group. A wide variety of concessions and equipment are available from the clubhouse. After your outing, relax on the patio and enjoy the view. Openings are available for family, company, school and night time golf outings.

FootGolf

If golf's not your game but you love to do activities with your entire family, come play the newest sport in the Omaha area, FootGolf. This game is fun for all ages and skill levels and all you need is a soccer ball!

We have changed and updated our FootGolf course layout and have lowered our fees. The cost of nine holes of FootGolf is now \$8. You can use your own soccer ball or you can rent one of ours for \$2.

FootGolf will be played on Monday and Wednesday afternoons from 1 to 4 and Sundays from 4 p.m. to dark.

FootGolf is a combination of the popular sports of soccer and golf and is for everyone regardless of age and soccer or golf skill level. The game is played with a regulation soccer ball at a golf facility on shortened holes with 21-inch diameter cups. The rules largely correspond to the rules of golf.

For additional information on FootGolf or to set up a FootGolf tee time or outing, please call 402-339-9147.

Did you know now you can request a tee time online? Visit the City's web site, www.cityoflavista.org/teetime to request a specific time and even specify how many will be coming with you. When your request is received at the clubhouse, we will send you an email with confirmation of your tee time and then you're set to go!

2016 Green Fees:

(March through September)

Adult-16 and over, Junior-15 and under,
Senior-55 and over.

9-hole weekdays (adults)	\$11
9-hole weekends (Sat-Sun adults).....	\$13
18-hole weekdays (adults).....	\$17
18-hole weekends (Sat-Sun) (adults).....	\$19
9-hole weekdays (Jr/Sr).....	\$8.50
9-hole weekends (Sat-Sun) (Jr-Sr)	\$10.50
18-hole weekdays (Jr/Sr)	\$13.50
18-hole weekends (Sat-Sun) (Jr/Sr)	\$15.50

Pull Carts	\$2.50
Electric Carts (9-hole) per rider.....	\$7
Electric Carts (18-hole) per rider.....	\$11

Punch Cards (buy 10 rounds, get 2 free)	
Jr/Sr	\$85
Adult	\$110

Rental Clubs.....	\$7
-------------------	-----



La Vista Senior Activity Center

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a homecooked meal on Mondays, Wednesdays, and Fridays. The suggested contribution amount for the meal is \$3.50 for adults over 60 years of age. To participate, call or sign-up at the La Vista Community Center to reserve your meal by noon the business day before you intend to join us for lunch. Be sure to look at the other activities. You may want to come early or stay late! The meal program is sponsored by ENOA, and catered by Valley Food Service. Visit our website, www.cityoflavista.org/seniorcenter, for the monthly senior newsletter, and to look at scheduled activities/trips and lunch menus. For more information contact Program Coordinator Rich Carstensen, 402-331-3455.

Special Services Bus

Available for senior citizens age 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.- 4:30 p.m., including a second bus Tuesdays and Thursdays. The service does not operate on City of La Vista declared holidays or when Papillion-La Vista or Ralston schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455 or visit us online at www.cityoflavista.org. For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone at their requested times.

Drop-In Quilting Group

Come Quilt with Us! Wednesday's mornings from 9:00am-11:30am at the La Vista Community Center. Beginners are welcome, including those who have quilted before and/or anyone who is interested in learning how to quilt. If you have quilted in the past, bring your unfinished projects! Other sewing projects are always welcome as well! Come socialize and work on your works or art! For more information, contact Rich Carstensen at 402-331-3455.

Community Center hours

(please note:

hours are different for adult and youth):

Mon. - Fri..... 8:00 a.m. - 9:00 p.m.

Sat. (May - Aug.)..... 9:00 a.m. - 4:00 p.m.

Sun. (May - Aug.).....Closed

Monday - Friday (Summer) -

Adults Only..... 8:00 a.m. - 1:30 p.m.

Monday - Friday (Summer

Schedule/No School)-

Adults and Youth..... 1:30 p.m. - 9:00 p.m.

The Community Center will be closed on all major holidays.

FEES:

Resident Adults: \$3.00 Drop-In

Non-Residents Adults: \$4.00 Drop-In

**Resident Youth (Under 19): Free

Resident Seniors (55+): Free

Non-Resident Senior (55+): \$2.00 Drop-In

**(Non-Resident Youth not allowed in Center unless involved in a class or sport).



ALWAYS CHECK AT THE RECREATION CENTER FOR EVENTS THAT MAY NOT BE LISTED IN THIS

NEWSLETTER. WE POST FLIERS OFTEN FOR SPECIAL EVENTS PLANNED AFTER THE NEWSLETTER IS PRINTED.

Please Note: The La Vista Recreation Department sends youth and adult sport registration information via e-mail only. If you have provided us with your e-mail address, you will receive a message each season when we open registrations. This information is also available by visiting the City's Web site, www.cityoflavista.org/sports and by visiting the La Vista Community Center.