



# LA VISTA • citywise

## Salute to Summer Festival is May 25-28

The City's annual Salute to Summer Festival, is scheduled for **May 25-28**.

The fun will kick off **Thursday, May 25**, with the **Hometown Heroes Event**, honoring those who have served our country in the military, at 6 p.m. at City Hall. This will take place at the Blue Star Memorial on the City Hall campus. A new addition to the memorial area will be unveiled at the event.

The Recreation Department will host **Hot Wheels Races** in the gym that evening beginning at 6:30 p.m.

The carnival and vendors will open for business on Thursday evening and will be operating all weekend through Sunday.

Friday events will include the **Community Cookout** at City Hall, **Car Show** at La Vista Keno, and a grand fireworks display courtesy of **Bellino Fireworks** over the former golf course. The Community Cookout will include a free concert by

Velvet Crush as well as food, games and a photo booth!

The Beer Garden will take place Friday and Saturday nights in the Central Park tennis courts, sponsored and operated by the Helmet and Shield Foundation. Music in the beer garden on Friday night will be DJ K DuB and on Saturday night will be Johnny Knucklehead and Charm School Dropouts.

The parade is on Saturday at 1 p.m. sponsored by Bank of Nebraska and Access Bank.

Scheduled on Sunday is a free **Family Pool Party** at the La Vista Municipal Pool.

For more information about the festival, visit our website, [www.salutetosummer.org](http://www.salutetosummer.org).



A MINUTE WITH  
**mayor kindig**



Since last summer I have been working with Andy Rikli, Papillion La Vista Community Schools Superintendent and David

Black, Mayor of Papillion, on a new collaborative effort to help meet the needs of families in La Vista and Papillion.

PLV Cares was created following a process of assessing community needs, which identified a lack of coordination regarding resources related to mental health support. The members of PLV Cares are dedicated to connecting families to these resources and they are driven to enhancing the well-being of our community.

A wide variety of organizations and agencies are represented in this group and recently we hosted our first events, beginning with a discussion on adult and teen suicide at Papillion-La Vista High School, presented by the Kim Foundation.

The creation of PLV Cares led us to include a question in our recent citizen survey about the availability of support services. You can read more about the results of that survey, including the question specific to this work, on page three of this newsletter. We will share the information gathered with the PLV Cares group.

You can learn more about PLV Cares online at [www.plvcares.org](http://www.plvcares.org).

Most important in our work on this effort is for everyone to know that it's OK to ask for help. If you or a family member are experiencing a mental health emergency or crisis, please reach out to someone who can help.

We are a community that cares.

– Mayor Douglas Kindig

# La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

## May 2017

2     **City Council**, 7 p.m.  
8     La Vista-Metropolitan Community College Condominium Owners Association, 4 p.m.  
11    **Library Advisory Board**, 5:30 p.m., Library  
16    **City Council**, 7 p.m.  
17    **Park and Recreation Advisory Board**, 7 p.m.  
18    **Planning Commission**, 7 p.m.  
25-28 Salute to Summer Festival

## June 2017

6     **City Council**, 7 p.m.  
8     **Citizen Advisory Review Committee**, 7 p.m.  
9     Outdoor concert/movie: Silas Creek Band/Moana, 7 p.m., Library  
15    **Planning Commission**, 7 p.m.  
20    **City Council**, 7 p.m.  
21    **Park and Recreation Advisory Board**, 7 p.m.  
22    Dinosaur Egg Hunt, 3 p.m., Southwind Park  
25    Splash Bash, 1-4 p.m., Municipal Pool

## July 2017

5     **City Council**, 7 p.m.  
7     Outdoor concert/movie: John Denver, Johnny Cash tributes/Rogue One, 7 p.m., Library  
13    **Library Advisory Board**, 5:30 p.m., Library  
14    Hydrant Party, 3 p.m., City Hall Parking Lot  
18    **City Council**, 7 p.m.  
19    **Park and Recreation Advisory Board**, 7 p.m.  
20    **Planning Commission**, 7 p.m.



## INSIDE

Festival Info .....Pages 3-4

Citizen Survey Info ...Page 3

Public Works Expo ...Page 5

# City Receives High Marks on Survey



As part of La Vista's ongoing efforts to respond to the needs and concerns of citizens, residents were once again asked to participate in the National Citizen Survey. Since 2007, the City has contracted with the National Research Center to conduct three citizen surveys.

The statistically valid survey provides an opportunity to connect with community members to gain a better understanding of opinions on City services and the quality of life. The results are used by La Vista leaders to identify challenges and to plan for and elevate improvements necessary to sustain services and amenities for the long-term.

"The National Citizen Survey is a valuable tool for the City to measure the quality of the services we provide to our residents," said Mayor Douglas Kindig. "Through these results, we can see where we are performing well and areas that we would like to improve on. We truly appreciate the time and effort put forth by those who took the time to respond to this survey."

Nearly 90 percent of respondents ranked the overall quality of life in La Vista as "excellent" or "good". Details that support these findings are on the City's website: [www.cityoflavista.org/citizensurvey](http://www.cityoflavista.org/citizensurvey).

## LVPD Evidence Technician honored by Sarpy County Crimestoppers

John Francavilla, the Police Department's Evidence Technician, was recently named the Sarpy County Crimestopper's Employee of the Year. Pictured with him is Chief of Police Bob Lausten, left, and Captain Jeremy Kinsey, right.



## Arbor Day Celebration Commemorates 50th Anniversary of TD2

The City's annual Arbor Day event in April celebrated the Nebraska-born holiday as well as the 50th anniversary of TD2, an Omaha engineering and surveying firm with deep roots in La Vista.

The event featured an outdoor storytime, Arbor Day tree planting as well as a special presentation from TD2's Bob Dreessen to Mayor Kindig.

After the event, participants were invited to the Thompson Creek area to view 25 Legacy Trees donated to the City by TD2, in honor of the firm's 50th anniversary.

Thompson Creek is named for one of TD2's founding partners, John Thompson, and the trees have been planted across from Central Park near the intersection of Edgewood Boulevard and Valley Road.

TD2 has been involved in La Vista's growth and development for many years, providing engineering services for a wide variety of projects.

The City will honor TD2's anniversary during the Salute to Summer Festival by naming Dreessen this year's Grand Marshal.





Pictured is The Volleyball Academy, a recently completed more than 50,000-square-foot volleyball facility. This facility is now open for business at 11934 Portal Road.

## Community Development Project Updates

### BUILDING PERMITS ISSUED

**11528 Building** - Construction is nearly complete on a warehouse / business flex space. **Location:** 11528 Centennial Road

**Advantage Development Co.** - Construction is complete on a 17,368 s.f. industrial spec building. **Location:** 10533 Chandler Road

**Andover Pointe** - Construction is underway on the first phase of this multi-family development. It includes Building #1 with 30 units, Building #2 with 24 units, Building #3 with 30 units, and Building #4 with 24 units, all with associated parking / garages. **Location:** 12960-12966 Chandler Road Plaza and 13010-13018 Chandler Road Plaza

**Comfort Suites** - Construction is nearly complete on this 51,647 s.f. hotel project which will have 72 guest rooms. **Location:** 8121 Eastport Parkway

**Dunkin Donuts** - A building permit has been issued for construction of a 5,625 s.f. commercial strip building that includes Dunkin Donuts. **Location:** 12121 McDermott Plaza

**Elite Glass** - Construction is complete on this 20,000 s.f. building for a glass company. **Location:** 10711 Chandler Road

**Floral Flex Building** - Construction is complete on this 10,000 s.f. floral distribution building with flex space. **Location:** 13420 Centennial Road

**KVI** - Construction is complete on a 66,300 s.f. industrial flex-space building. **Location:** 10651 Chandler Road

**Massage Envy** - Construction is complete on a tenant finish for a massage establishment and is open for business. **Location:** 12746 Westport Pkwy.

**Pearle Vision** - Construction is complete on a 2,397 s.f. tenant finish for this vision clinic and is open for business. **Location:** 8146 S. 96th Street

**Pelster Construction** - Construction is nearly complete on a 12,000 s.f. industrial flex space building. **Location:** 13424 Chandler Road

**Schneider Electric** - Construction has been completed on a 13,600 s.f. tenant finish for this electrical wholesaler and they are open for business. **Location:** 10651 Chandler Road

**Shawmark Concrete** - Construction is complete on a 14,400 s.f. office and shop. **Location:** 8704 S. 145th Street

**Shoppes at SouthportWest** - Construction is complete on two retail buildings totaling 28,424 s.f. The tenants are Yee-Ha Nails and Message Envy, and both are open for business. **Location:** 12744 and 12746 Westport Parkway

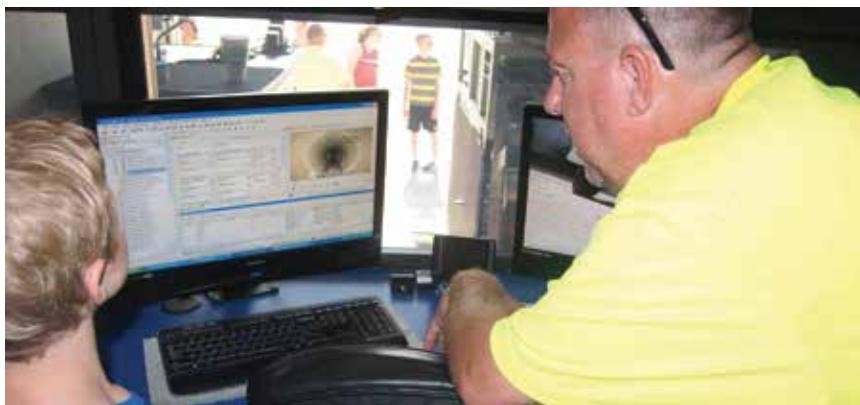
**Sonic** - Construction is underway on a Sonic drive-in restaurant in Southport East. **Location:** 120th & McDermott Plaza

**Streck Labs** - Construction is complete on improvements and expansion of the 2nd floor. **Location:** 7002 S. 109th Street

**UNMC Clinic** - Construction is underway on a 13,250 s.f. medical clinic. **Location:** 8604 Giles Road

**The Volleyball Academy** - Construction is complete on a 50,374 s.f. volleyball facility and is open for business. **Location:** 11934 Portal Road

## Public Works to Host Expo Day on June 10



The Public Works Department will host its third annual Expo Day on **Saturday, June 10, 9 a.m.-1 p.m. at the Public Works Facility, 9900 Portal Road.**

This event is designed to give La Vista residents an up close and personal look at the various roles, responsibilities and equipment from the Public Works Department.

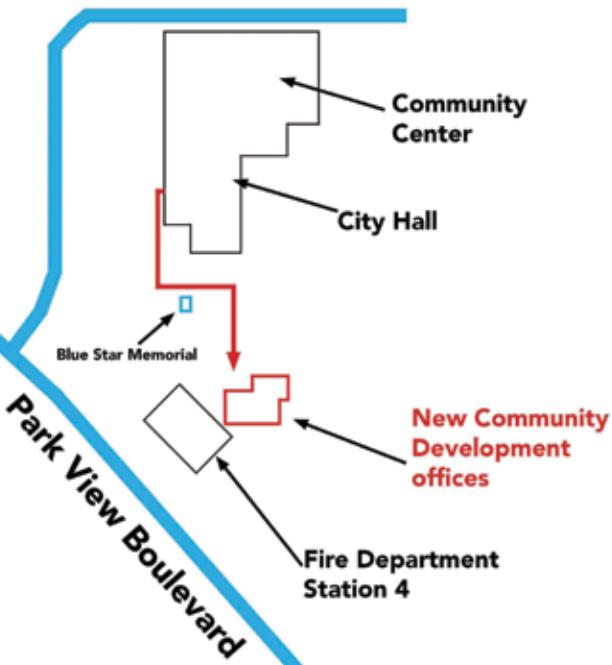
Participants will have an opportunity to meet the staff, explore the equipment and ask questions about every aspect of the City's Public Works operations.

In addition, participants can experience live demonstrations and even operate a backhoe and asphalt roller!

Free hot dogs, chips and drinks will also be available while supplies last.

Parking will be available at adjacent locations, which will be posted on the City's website, [www.cityoflavista.org/publicworks](http://www.cityoflavista.org/publicworks). The Public Works Facility is located on Portal Road, which is west of 96th Street and south of Giles Road.

For more information contact the Public Works Department, 402-331-8927.



## Community Development Department Moves to New Offices

The Community Development Department has relocated to the former police station on the City Hall Campus.

The remodeled office is located on the upper level of Fire station No. 4.

Visitors to the new offices, which opened in March, can park at City Hall and walk south past the Blue Star Memorial to the building with the teal green awning at the entrance marked "Community Development".

All Community Development services, including building plan review, inspections, planning and zoning can be directed to the department's new phone number, 402-593-6400.

You can also reach the Community Development Department by e-mail at [cd@cityoflavista.org](mailto:cd@cityoflavista.org), or regular mail at 8116 Park View Blvd.

# librarynook

9110 Giles Road • 402.537.3900 • [www.cityoflavista.org/library](http://www.cityoflavista.org/library)

**HOURS**  
Mon.-Thur. 8:00 a.m.-9:00 p.m.  
Fri.-Sat. 8:00 a.m.-5:00 p.m.  
Sun. 1:00 - 5:00 p.m.



## Summer Reading Program Kicks Off May 31

The 2017 summer reading program, "Build a Better World", in La Vista is available to all children, tweens, or teens, birth through 12th grade. The program will kick off **May 31 and run through July 28**. Families will enjoy activities that may include special guest presenters, games, arts and crafts, science experiments, engineering quests, and more!

To get your summer off to the right start, the Library will be hosting its first-ever **Summer Survival Kit 101 program on Wednesday, May 30, at 10 a.m.** Families will fill a bag with summer activity packs, book recommendation lists, talk with librarians about the summer reading program and enjoy the library. Registration is not required for this program.

The Library will also host special **Tiny Tots storytimes** throughout the summer. This program is for children up to 36 months. It's a chance for Mom or another important adult to have one-to-one time and help the child develop important skills. Each program includes a story, music and other activities, ending with a brief playtime. For more information, contact Miss Marjie at the Library.

Registration is now open for the Library's **Mini-Camps**, which cost \$10 per child per camp. Registration is required, and space is limited. For more information and availability on each camp, contact the library or visit [www.cityoflavista.org/summcamps](http://www.cityoflavista.org/summcamps).

Each summer the Library hosts a book fair with help from the folks at Scholastic. **This year's book fair will take place June 1-7.** All families and the community are invited to the Library during this time to purchase new books! All purchases will benefit the library.

### Special Event

A World War I series, coming to La Vista Library in May, commemorates the 100th anniversary of America entering the war in April 1917. This series will touch on many interesting and thought provoking topics. Help us honor and commemorate this important time in history.

### Library Notes

- Visit the Library website for gardening tips! Go to [www.cityoflavista.org/library](http://www.cityoflavista.org/library) and click on "Catalog" to search the library's collection for garden-related items.
- We have downloadable books! Visit the Library's website and look for "Freading".
- Every Friday at 10 a.m., join us for our Book Time for Grown Ups at the Community Center. Listen to a variety of stories and poems. For more information, call Marjorie Shaw at the library.
- For your convenience, the La Vista Public Library now has three memberships to choose from: annual for \$60; six-months for \$35; or monthly for \$7.

# New Software Provides Efficiencies, Improved Services

The City recently deployed software intended to create more efficient processes and improved opportunities for the public to access and request services online.

The software replaces a number of separate programs that managed the City's budget, maintenance work orders, code enforcement, business licensing, building permits and citizen complaints.

The new package of programs are interactive and make many processes more efficient.

Residents will notice some changes.

## Citizen Complaints

The portal used to collect and distribute citizen's requests on the City's website has changed. When you visit the City's website, [www.cityoflavista.org/requests](http://www.cityoflavista.org/requests) you'll be taken to a new page, called AccessMyGov.

When you have a complaint or need to request a type of service, you can choose from a list of request types, which will

then be automatically routed to the appropriate department. If you register with the City and provide your contact information, you'll be notified when the issue has been resolved.

The City will also be able to more accurately track concerns, which helps departments determine if there are trends developing around certain types and locations of complaints.

## Building Permits

Residents and contractors can now apply for building permits on our website.

The process begins at [www.cityoflavista.org/permits](http://www.cityoflavista.org/permits), where you can choose from a list of project types, which will lead you through the application process.

Once you have submitted your application, it will be reviewed and if additional



information is needed, you will be contacted. When the permit is approved, you will receive an e-mail with a link to pay for it online. Once your payment has been accepted, your permit will be issued.

You are still able to apply for building permits in person at the Community Development Department.



## National Night Out

Several events will be taking place in neighborhoods across La Vista on August 1st. Locations and times will be announced on social media sites for the Police

Department and the City (Facebook and Twitter) as well as the City website.

To start a neighborhood watch group, contact Officer Jamie Brown, 402-331-1582 or via e-mail at [jbrown@cityoflavista.org](mailto:jbrown@cityoflavista.org).

## Council Clips

*The following items are highlights of recent City Council action:*

- Awarded the bid for janitorial services.
- Authorized the purchase of in-car mobile data computers for the Police Department.
- Discussed and approved pay matrix for the evaluation period of April 1, 2016-March 31, 2017.
- Swore in a new police officer and police sergeant.
- Approved the creation off-street parking facilities in the 84th Street Redevelopment Area and near 120th Street and Giles Road.
- Awarded the bid for phase 1 grading of the Golf Course Transformation.
- Approved the purchase of a generator for Fire Station #4.

LA VISTA

# cityofficials

## Mayor

Douglas Kindig

## City Council

Kim Thomas, Ward 1	Deb Hale, Ward 3
Mike Crawford, Ward 1	Alan Ronan, Ward 3
Ron Sheehan, Ward 2	Jim Frederick, Ward 4
Terrilyn Quick, Ward 2	Kelly Sell, Ward 4

## City Administrator

Brenda Gunn

## Management Team

Rita Ramirez, *Assistant City Administrator*  
Kevin Pokorny, *Director of Administrative Services*  
Joe Soucie, *Director of Public Works*  
Bob Lausten, *Police Chief / Director of Public Safety*  
Pam Buethe, *City Clerk*  
John Kottmann, *City Engineer*  
Ann Birch, *Community Development Director*  
Cindy Miserez, *Finance Director*  
Mandy Garrod, *Human Resources Manager*  
Rose Barcal, *Library Director*  
Scott Stopak, *Recreation Director*



## Employee Recognition Awards

Employee of the Year honors for 2016 went to David Carlson of the Recreation Department for his overall dedication to excellence.

Outstanding service awards were given to Randy Seffron, Travis Frye, Chris Solberg, Gary Gist and Pam Buethe.

Leadership awards were given to Kevin Pokorny, John Kottmann and Jeff Calentine.

TEAM awards were given to the Financial Information System Team, the Blue Star Memorial Upgrade Team, the Performance Management Project Team and to the Santa's Workshop Committee.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, [www.cityoflavista.org](http://www.cityoflavista.org).



p: 402-331-4343 | f: 402-331-4375

La Vista, NE 68128  
8116 Park View Blvd.  
City of La Vista





# MEMORIAL DAY WEEKEND MAY 25-28

## SCHEDULE OF EVENTS

*Thursday, May 25*

**Carnival & Vendor Booths**  
5-10 p.m. - Central Park

**Hometown Heroes Event**  
6 p.m. - City Hall Parking Lot

**Hot Wheels Races**  
6:30 p.m. - Community Center  
Registration begins at 6 p.m.

*Friday, May 26*

**Carnival & Vendor Booths**  
2-11 p.m. - Central Park

**Car Show & Shine**  
5-9 p.m. - La Vista Keno

**Beer Garden & Live Music**  
5 p.m.-midnight - Central Park Tennis Courts  
\$5 cover at 7 p.m.

**Community Cookout & Fireworks**  
6 p.m. - City Hall

*Saturday, May 27*

**Carnival & Vendor Booths**  
10 a.m.-11 p.m. - Central Park

**Parade**  
1 p.m. - Park View Blvd., 87th to 75th St.

**Beer Garden & Live Music**  
4 p.m.-midnight - Central Park Tennis Courts  
\$5 cover at 7:30 p.m.

*Sunday, May 28*

**Carnival & Vendor Booths**  
Noon-6 p.m. - Central Park

**Family Pool Party**  
1-4 p.m. - La Vista Municipal Pool  
FREE

**Special discounts for veterans, active duty military and their families!**

**SaluteToSummer.org**



La Vista

# Summer 2017

## Schedule of Events

### May

**25-28 Salute to Summer Festival**  
Various locations

**31 Summer Survival Kit 101**  
10 a.m. - La Vista Public Library

### June

**1-7 Scholastic Book Fair**  
La Vista Public Library  
A portion of the proceeds will benefit the Library

**1 Colorpalooza**  
10 a.m.-6:30 p.m. - La Vista Public Library

**3 Outer Space Fun**  
10:30 a.m. - La Vista Public Library

**9 Concert & Movie**  
7 p.m. - La Vista Public Library  
**Concert:** Silas Creek Band  
**Movie:** "Moana"

**14 Magician Jeff Quinn**  
2 p.m. - La Vista Public Library

**22 Dinosaur Egg Hunt**  
3 p.m. - Southwind Park

**25 Splash Bash**  
1-4 p.m. - La Vista Municipal Pool

### July

**7 Concert & Movie**  
7 p.m. - La Vista Public Library  
**Concert:** John Denver & Johnny Cash tributes (presented by An Evening Productions)  
**Movie:** "Rogue One"

**13 Magic Show**  
2 p.m. - La Vista Public Library

**14 Hydrant Party**  
3 p.m. - City Hall parking lot

**22 Taste of La Vista**  
5-8 p.m. - Central Park tennis courts

**29 Urban Scramble Adventure Race**  
8 a.m. - La Vista Community Center

### August

**11 Concert & Movie**  
7 p.m. - La Vista Public Library  
**Concert:** Blue House  
**Movie:** "Sing"





La Vista

# Summer 2017

## Schedule of Events

### May

**25-28 Salute to Summer Festival**  
Various locations

**31 Summer Survival Kit 101**  
10 a.m. - La Vista Public Library

### June

**1-7 Scholastic Book Fair**  
La Vista Public Library  
A portion of the proceeds will benefit the Library

**1 Colorpalooza**  
10 a.m.-6:30 p.m. - La Vista Public Library

**3 Outer Space Fun**  
10:30 a.m. - La Vista Public Library

**9 Concert & Movie**  
7 p.m. - La Vista Public Library  
**Concert:** Silas Creek Band  
**Movie:** "Moana"

**14 Magician Jeff Quinn**  
2 p.m. - La Vista Public Library

**22 Dinosaur Egg Hunt**  
3 p.m. - Southwind Park

**25 Splash Bash**  
1-4 p.m. - La Vista Municipal Pool

### July

**7 Concert & Movie**  
7 p.m. - La Vista Public Library  
**Concert:** John Denver & Johnny Cash tributes (presented by An Evening Productions)  
**Movie:** "Rogue One"

**13 Magic Show**  
2 p.m. - La Vista Public Library

**14 Hydrant Party**  
3 p.m. - City Hall parking lot

**22 Taste of La Vista**  
5-8 p.m. - Central Park tennis courts

**29 Urban Scramble Adventure Race**  
8 a.m. - La Vista Community Center

### August

**11 Concert & Movie**  
7 p.m. - La Vista Public Library  
**Concert:** Blue House  
**Movie:** "Sing"



# what'shappening summer 2017



## Splash Bash

Sunday, June 25, 1-4 p.m. **FEE:** Free. You are invited to enjoy the La Vista pool for free! Also, we'll have a live DJ, games, prizes and free food (while supplies last). For more information, visit our website, [www.cityoflavista.org/2017events](http://www.cityoflavista.org/2017events).

## Dinosaur Egg Hunt

Thursday, June 22, 3 p.m., Southwind Park. **FEE:** Free. The La Vista Recreation Department and Library are looking for young explorers to help us hunt for giant dinosaur eggs (watermelons). When all of the eggs are collected, we will haul them back to the picnic shelter, crack them open and enjoy eating a cold slice.

## Hydrant Party

Friday, July 14, 3 p.m., City Hall south parking lot (8116 Park View Blvd.) **FEE:** Free. Cool off from the heat with a splash by joining us for some wet and wild fun!

## Urban Scramble Adventure Race

Saturday, July 29. Deadline July 27. **FEE:** \$100 per team. If you have a bike and a sense of adventure, this amazing race is for you! Find a friend, form a team of two - then be prepared to run, bike and navigate your way through La Vista and Papillion while searching for checkpoints and completing challenges and mystery events. For more information visit our website, [www.cityoflavista.org/urbanrace](http://www.cityoflavista.org/urbanrace).

## Preschool Play Time

Thursdays, 10-11 a.m., Community Center gym. **FEE:** Free. Preschool ages and under. Zip around the gym on our tricycles and cozy coupe cars, play preschool-sized basketball, kick balls or just run, jump and play with others! It's a great play date for kids and parents! (Please do not bring your own bikes, tricycles or scooters.)

## HEALTH AND WELLNESS

Unless otherwise noted, there are no age restrictions for these activities.

## Indoor Walking

Monday, Wednesday, Friday, 8-10 a.m., Tuesday, Thursday 8-9:30 a.m., Community Center. **FEE:** Free. It is open to any La Vista residents and seniors in the surrounding areas. Time is set aside for walkers, so there will be no interference of other programs.

## Zumba

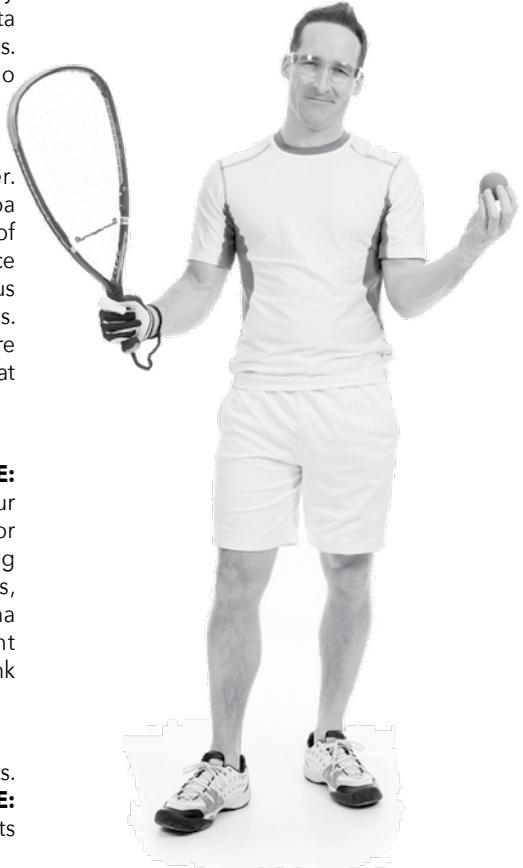
Saturdays, 10-11 a.m., Community Center. **FEE:** \$6 per class or \$30 punch card. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Ditch the workout and join the party! For more information contact April Clark via e-mail at [aprilc0113@yahoo.com](mailto:aprilc0113@yahoo.com).

## Yoga

Saturdays, 1-2 p.m., Community Center. **FEE:** \$7 per class (upfront fee of \$28.00 for four classes). Cash only. This class is designed for beginner and intermediate students focusing on breathing and relaxation techniques, stretching, joint and gland exercises, Hatha Yoga postures and stress management techniques. For more information contact Frank via e-mail at [frankferrante@gmail.com](mailto:frankferrante@gmail.com).

## Racquetball and Volleyball

The La Vista Community Center has two courts. To reserve a court time call 402-331-3455. **FEE:** La Vista residents \$7 per hour, non-residents \$14 per hour.



**Register & Pay Online [www.cityoflavista.org/active](http://www.cityoflavista.org/active)**

## DANCING

### Adult Ballroom Dance Lessons

Mondays, 7-8 p.m., Community Center, ages 16 and older. **FEE:** \$40 per 4 week session. Join as a single or couple, minimum of 6 people per class. In each four-week session, 2-3 dances will be taught. For more information, contact Terry Vargas, 402-639-2209.

### Adult Belly Dancing Classes

Tuesdays, 5:30-6:30 p.m. for beginners, 7-8 p.m. for advanced, Community Center, ages 16 and older. **FEE:** \$20 per month. This is a continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Wren Newman, 402-596-1397.

## MARTIAL ARTS

### Aikido

Mondays and Thursdays, 6-7 p.m. for children (ages 5-11), 7-9 p.m. for adults. **FEE:** children \$20; non-resident children \$25; adults \$30, non-resident adult \$35. For more information, contact Ron Christenham, 402-339-6124.

### Kendo "Japanese Sword Fighting"

Wednesdays, 6-7:30 p.m. for 12 weeks, Community Center. **FEE:** \$50 per month. (swords are included) or \$135 for the full 12 weeks. Classes include two swords - the wooden Bokken and the bamboo Shinai. Students will learn the fundamentals of Kendo "the way of the Sword". For more information, contact Mark Porter, 402-715-0500, or via e-mail at learningkendo@cox.net.

### Women's Self Defense Class

The self-defense classes are designed to instruct practical self-defense to women of all ages, sizes, and skill level. We will dispel common self-defense myths as well as teach you basic tips and techniques on how to avoid becoming a victim. Self-defense classes are a practical and easy approach to safety and empowerment. For more information, contact Claudia Brown-Jackman, 402-630-3169 or visit [www.shuurindojo.com](http://www.shuurindojo.com).

## YOUTH & ADULT SPORTS

Fees listed for residents then non-residents

### Tackle Football

Season begins in August

Join the Papillion/La Vista Monarch Spirit Football program! Spirit Football is a charter member of the Nebraska Youth Football League, the longest running football organization in the state. Spirit is also the only football feeder program for the Papillion/La Vista Monarchs High School. This is a recreational league with an emphasis on teamwork, sportsmanship and comradery.

The Spirit tackle football program is for children ages 8u-14u. \*Registration will begin in May. This is a **FREE** program and all equipment is included. For more information about the program and registration, please visit [www.papiolvsprifitfootball.com](http://www.papiolvsprifitfootball.com). **\*All registrations will be handled by the Spirit Football Organization.**

### Fall Flag Football

Season begins in August  
Early Bird Registration: July 1  
Registration Deadline: July 15

\*Practices will tentatively begin the week of July 30. Practices are held at coach's discretion during the week. All games will be played on Saturday mornings/afternoons at the La Vista Sports Complex beginning on August 12 and ending on October 7. **\*Start date is subject to change.**

Ages: K-6th grade as of fall 2017. **FEES:** Before July 1: \$33, non-residents \$53. After July 1: \$43, non-residents \$63

### Fitness Center

The fitness center is equipped with dumbbells up to 50 pounds, and a Hoist multi-gym weight machine. For cardiovascular, our fitness room offers some of the finest, user-friendly, aerobic equipment available, including: treadmills, Airdyne bike, Precor upright bike, Nautilus recumbent bikes, a Cybex Arc cross trainer, Precor and Matrix cross trainers, and a Reebok Bodytrek cross trainer.

### Hours of Operation

#### Monday - Friday:

Year-round 8 a.m. - 9 p.m.

#### Saturdays:

September - April 8 a.m. - 6 p.m.  
May - August 9 a.m. - 4 p.m.

#### Sundays:

September - April 1 p.m. - 9 p.m.  
May - August Closed

### Fees for the Fitness Room:

Resident adults (19+)	.....	\$3 per day
Non-Resident Adults	.....	\$4
(8:00 a.m. - 5:00 p.m., M-F only)		
Senior resident (55+)	.....	Free
Senior non-resident	.....	\$2 per day

### Punch cards:

Resident:	\$50 for 20 punches
Non-Resident:	\$35 for 10
Non-Resident senior:	\$20 for 10

### Resident Membership:

\$27 per month (includes exercise room, gym, racquetball/walleyball)

Our fitness room is for adult ages 19 and older. Anyone under the age of 19 years is not allowed in the fitness room to work out or observe.



## YOUTH & ADULT SPORTS

Fees listed for residents then non-residents

### Youth Soccer

Season begins in September  
Early Bird Registration: August 5  
Registration Deadline: August 19

### Coed Soccer Clinic

Ages: Boys and Girls age 3 as of August 1. **FEES:** Before August 5: \$17, non-residents \$22. After August 5: \$27, non-residents \$32

The soccer clinic is comprised of 5 one hour sessions to be held on Saturday mornings from 10:30 AM - 11:30 AM at the La Vista Community Center starting on September 9 and ending on October 7. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun.

### Soccer Academy and League

Focusing on different soccer skills to develop each player with individual attention and maximum ball touches. Sessions are twice a week for five weeks - academy training/

practices Tuesdays with games on Saturdays.

The 4/5 Soccer Academy & 6/7 League will begin on Tuesday, September 5 and end on Saturday, October 7. The 4/5's meet on Tuesdays from 5:30 PM - 6:30 PM; 6/7's from 6:30 PM - 7:30 PM. On Saturdays, the 4/5's meet from 9:00 AM - 10:00 AM; 6/7's from 10:00 AM - 11:00 AM. All sessions will take place at the La Vista Sports Complex.

### Academy

Ages: Boys and Girls ages 4 and 5 as of August 1. **FEES:** Before August 5: \$33, non-resident \$53. After August 5: \$43, non-resident \$63

### League

Ages: Boys and Girls ages 6 and 7 as of August 1. **FEES:** Before August 5: \$33, non-resident \$53. After August 5: \$43, non-resident \$63.

### Adult Softball League

Games tentatively start on August 20

Leagues: Coed, Men's and Double-Header.

**FEES:** Coed & Men's: \$120 (separate \$40 check, forfeit deposit fee). Double-Header: \$235 (2 separate \$40 checks, forfeit deposit fee). Registration Deadline: Registration will

run May 15 through August 5 or until leagues are full. Coed League will be held on Sunday & Friday evenings; Men's League will be held on Sunday, Tuesday & Friday evenings; Double-Header League will be held on Thursday evenings.



## LA VISTA MUNICIPAL POOL

The La Vista Municipal Pool will open on Saturday, May 27, and close on Monday, September 4, (Labor Day). Pool hours are 1-9 p.m. daily through August 13. Hours will be limited August 14 - September 4. The pool will be closed July 11 - August 3 on Tuesday and Thursday evenings 5:45-7 p.m. for swim lessons.

Season passes for residents and non-residents as well as resident tags must be purchased at the La Vista Community Center, 8116 Park View Blvd. Season passes are available for La Vista residents May 1 and non-residents on May 8.

### SWIMMING LESSONS

The La Vista Municipal Pool offers several levels of swimming lessons throughout the summer, of which there will be three day sessions and one evening session.

Day session 1: June 5 - 16

Day session 2: June 19 - 30

Day session 3: July 17 - July 28

Evening session: July 11- August 3

Day sessions are held Mondays through Thursdays, Fridays are rain days. Pre-beginner through level 6. Minimum age for pre-beginners is age four. All classes are 45 minutes in length.



Day session times are as follows:

Pre-Beginner: 11 a.m. and noon

Level 1: 11 a.m. and noon

Level 2: 10 a.m. and 11 a.m.

Level 3: 10 a.m. and noon

Level 4: 10 a.m.

Level 5: 9 a.m.

Level 6: 9 a.m.

Evening sessions are held on Tuesdays and Thursdays from 6-6:45 p.m. and are for pre-beginner through level 3 ONLY.

Registration can be completed online or at the La Vista Community Center. Space is limited.

Fee: Residents: \$30, Non-residents \$55

For more information on skills needed for each level, visit our website, [www.cityoflavista.org/swimminglessons](http://www.cityoflavista.org/swimminglessons).

### SWIMMING POOL FEES - 2017

#### DAILY ADMISSION:

Free

Youth 5 & Under

\$2

Youth Resident: 6-17 yrs (with tag)

\$2

Youth Non-Resident: 6-17 yrs

\$4

Adult Resident: 18 & older (with tag)

\$3

Adult Non-Resident: 18 & older

\$4

Resident Tag (one time purchase)

\$2

Youth Resident - Season Pass

\$65

Youth Non-Resident - Season Pass

\$95

Adult Resident - Season Pass

\$75

Adult Non-Resident - Season Pass

\$105

Family Resident - Season Pass

\$105

Family Non-Resident - Season Pass

\$165

Day-Care Season Pass

\$275

30-Day Pass Booklet (Resident)

\$55

30-Day Pass Booklet (Non-Resident)

\$85



### **La Vista Senior Activity Center**

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a homecooked meal on Mondays, Wednesdays, and Fridays. The suggested contribution amount for the meal is \$3.50 for adults over 60 years of age. To participate, call or sign-up at the La Vista Community Center to reserve your meal by noon the business day before you intend to join us for lunch. Be sure to look at the other activities. You may want to come early or stay late! The meal program is sponsored by ENOA, and catered by Valley Food Service. Visit our website, [www.cityoflavista.org/seniorcenter](http://www.cityoflavista.org/seniorcenter), for the monthly senior newsletter, and to look at scheduled activities/trips and lunch menus. For more information contact David Karlson, 402-331-3455.

### **Special Services Bus**

Available for senior citizens age 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.- 4:30 p.m., including a second bus Tuesdays and Thursdays. The service does not operate on City of La Vista declared holidays or when Papillion-La Vista or Ralston schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455 or visit us online at [www.cityoflavista.org](http://www.cityoflavista.org). For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone at their requested times.

### **Senior Color Book Club**

Mondays, 10:30-11:15 a.m. Join us to explore your creative side.

### **Book Time for Grown ups**

Fridays, 10 a.m., come and listen to an assortment of stories and poems.

### **Drop-In Quilting Group**

Wednesdays, 9-11:30 a.m., Community Center. Come quilt with us! Beginners are welcome, including those who have quilted before and/or anyone who is interested in learning how to quilt. If you have quilted in the past, bring your unfinished projects! Other sewing projects are always welcome as well!

### **Community Center hours of operation**

**(please note: hours are different for adult and youth):**

Mon. - Fri.: ..... 8 a.m. - 9 p.m.

Sat. (May - Aug.): ..... 9 a.m. - 4 p.m.

Sun. (May - Aug.): ..... closed

### **Adults Only**

Mon. - Fri. (Summer): ..... 8 a.m. - 1:30 p.m.

Adults and Youth

Mon. - Fri. (Summer): ..... 1:30 - 9 p.m.

**The Community Center will be closed on all major holidays.**

### **FEES:**

Resident Adults: \$3.00 Drop-In

Non-Residents Adults: \$4.00 Drop-In

\*\*Resident Youth (Under 19): Free

Resident Seniors (55+): Free

Non-Resident Senior (55+): \$2.00 Drop-In

\*\*Non-Resident Youth not allowed in Center unless involved in a class or sport.



**ALWAYS CHECK AT THE RECREATION CENTER FOR EVENTS THAT MAY NOT BE LISTED IN THIS NEWSLETTER. WE POST FLIERS OFTEN FOR SPECIAL EVENTS PLANNED AFTER THE NEWSLETTER IS PRINTED.**

**Please Note: The La Vista Recreation Department sends youth and adult sport registration information via e-mail only. If you have provided us with your e-mail address, you will receive a message each season when we open registrations. This information is also available by visiting the City's Web site, [www.cityoflavista.org/sports](http://www.cityoflavista.org/sports) and by visiting the La Vista Community Center.**