

City Exploring Feasibility of New Swimming Pool in Central Park

La Vista's swimming pool was built in the early 1960s and is nearing the end of its useful life. Over the years, the City has made safety improvements and functional and cosmetic repairs to prolong its life. The City also brought forth two ballot initiatives to fund a new pool in its current location that were narrowly defeated in 2008 and 2012.

Despite the ballot results, surveys of residents have consistently shown the desire for a public swimming pool in La Vista, leading the City to seek alternative solutions.

In 2014, the City was approached by a nonprofit corporation regarding the potential of a new community pool as a component of a state-of-the-art championship athletic complex to be developed northeast of Giles Road and Eastport Parkway. The City worked with the nonprofit to pursue this opportunity to the extent possible; however, the project has not materialized as planned.

In its current location, the swimming pool has become an obstacle to the timely construction of a pedestrian underpass, which is a core component of the Vision 84 plan envisioned to connect the east and west sides of 84th Street providing safe passage.

The age, condition and location of the



The existing municipal pool was built in the early 1960s. Its age, condition and location have made it necessary to explore other options.

swimming pool have made it necessary to explore other options. Central Park has emerged as a strong possibility for a new pool because of its scenic and central location.

The City hosted a public open house in October to gather feedback on the potential project and types of amenities residents are looking for. A second public

open house will be held on **Wednesday, November 20, 7-8:30 p.m.** at the La Vista Community Center (8116 Park View Blvd.) to view and comment on the conceptual designs and ask questions of staff and consultants.

For more information on this project, visit the City's website,

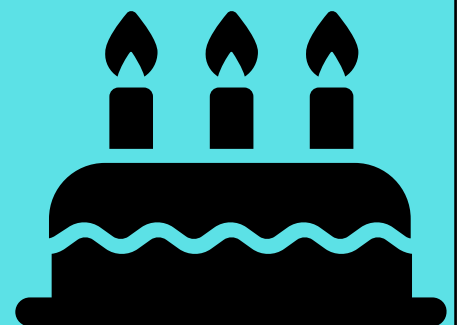
CityofLaVista.org/PoolProject

Look who's having a birthday!!

The City of La Vista turns 60 in 2020!

Look forward to re-imagined celebrations that will bring the community together to build stronger connections!

Stay tuned!



A MINUTE WITH mayor kindig

You may have noticed on the front-page teaser that La Vista will turn 60 this coming February. As I think about how the community has evolved over the years, I am amazed by what we have to show for 60 short years. I am also reminded that we must face new challenges that go along with aging, especially when it comes to our public infrastructure.



La Vista is a dynamic community that has experienced tremendous growth over the past two decades. With that

growth comes a demand for increased community resources, public infrastructure and additional staff.

Something I've heard from many of you over the past year is a desire to improve the overall condition of our neighborhood streets. I want you to know that we are listening. We will be working on a multi-year plan to assess, prioritize and identify funding for necessary maintenance, repairs and replacement.

To help ensure the continued fiscal strength necessary to meet these demands, the City Council recently passed a 1.5% restaurant tax. While businesses that provide food and beverages are vital to our overall economy, and we welcome the visitors they bring, they do have an impact on City services. The restaurant tax is a way to share the burden equally with non-residents.

Finally, we are exploring the feasibility of a new community swimming pool in Central Park. As stated in the article on page 1, the pool is nearing the end of its useful life and has become an impediment to our continued progress in implementing the Vision 84 plan, specifically, as it relates to the planned pedestrian underpass, which will connect the east and west sides of 84th Street to provide safe passage.

Please visit our website

CityofLaVista.org/PoolProject to learn more. I also encourage you to attend the public open house on November 20.

While we have a great deal going on, I want you to know the City Council and I are working diligently to ensure that the City's continued progress is fiscally prudent and sustainable.

– Mayor Douglas Kindig

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

November 2019

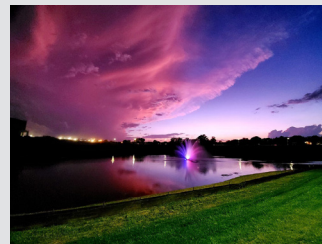
- 5 **City Council**, 6 p.m.
- 11 La Vista-Metropolitan Community College Condominium Owners Association, 4 p.m.
- 14 **Library Advisory Board**, 5:30 p.m., Library
- 19 **City Council**, 6 p.m.
- 20 **Park and Recreation Advisory Board**, 6 p.m.
- 20 **Swimming Pool Public Open House**, 7 p.m., Community Center
- 21 **Planning Commission**, 6:30 p.m.

December 2019

- 1 **Santa's Sleigh Ride**, 3 p.m., throughout the City
- 2 **Tree Lighting Celebration & Soup Supper**, 5:45 p.m., City Hall Campus/Civic Center Park Clubhouse
- 3 **City Council**, 6 p.m.
- 5 **Santa's Workshop**, 4-7 p.m., Civic Center Park Clubhouse
- 5 Roundball Shootout, 6 p.m., Community Center
- 7 **Santa's Workshop**, 9 a.m.-12 p.m., Civic Center Park Clubhouse
- 10 Teen Ornament Crafts, 6:30-8 p.m., Civic Center Park Clubhouse
- 11 Santa's Visit with Littles, 9 a.m.-12 p.m., Civic Center Park Clubhouse
- 12 **Santa's Workshop**, 4-7 p.m., Civic Center Park Clubhouse
- 12 Citizen Advisory Review Committee, 6 p.m.
- 14 **Santa's Workshop**, 9 a.m.-12 p.m., Civic Center Park Clubhouse
- 17 **Santa's Workshop**, 4-7 p.m., Civic Center Park Clubhouse
- 17 **City Council**, 6 p.m.
- 18 **Park and Recreation Advisory Board**, 6 p.m.
- 19 **Planning Commission**, 6:30 p.m.

January 2020

- 7 **City Council**, 6 p.m.
- 15 **Park and Recreation Advisory Board**, 6 p.m.
- 16 **Planning Commission**, 6:30 p.m.
- 21 **City Council**, 6 p.m.



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Holiday events .. Insert

City Engineer John Kottmann Retires

Since the early 1980s, only one man has had a seat at the table for every major project in La Vista.

His trademark cowboy boots and customary humble, no-nonsense approach have accompanied decades of sound engineering counsel, advice and plans of action for the City.

That man, City Engineer John Kottmann, officially retired in October after nearly 40 years of service to this community.

Kottmann worked for nearly 30 years with the engineering firm Thompson, Dreessen and Dörner, now known as TD2. While at the firm, he served as La Vista's City Engineer, a position appointed by the Mayor.

In April 2010, Kottmann came to work full-time for the City serving as both the City Engineer, as well as the Assistant Public Works Director.

Kottmann's first interaction with La Vista was in 1982 when he was asked to deliver something to the City's sewer plant along the Pappo Creek.

"And that's down where?," Kottmann recalls thinking. "At the time 84th Street was the only way to get to La Vista."

Eventually Kottmann was asked to be La Vista's main point of contact at the firm.

"I stuck like glue, hopefully for the best," he said.

Kottmann is the resident expert on Thompson Creek, having worked for decades on various solutions to flooding and erosion along the channel, including



City Engineer John Kottmann pictured next to Thompson Creek, one of the many projects he worked on during his years of service in La Vista.

a flood control dry dam project on the site where La Vista Falls Golf Course was built and where Civic Center Park is now located.

"We spent probably two years trying to get the funding for it," Kottmann said.

When it became necessary for complete repair of the channel, Kottmann served as the City's project manager, overseeing the voluntary buyout and removal of homes and extensive construction.

While the City's 84th Street redevelopment project has consumed much of his time in

recent years, he's most proud of a project several years ago involving the repair of Giles Road. The project involved an approach that repaired the surface before it was beyond repair, saving the City a costly project in the future.

"The sheer benefit for the investment I think was pretty good," he said.

So, after nearly 40 years in service to La Vista, Kottmann said he'll miss one thing.

"The people."

The people will certainly miss John as well.

City Council Adopts Restaurants & Drinking Places Tax

The City of La Vista has made progress in economic development and redevelopment which has brought many more visitors to La Vista in recent years. One of the impacts of this success is an increased demand on City resources, such as public infrastructure and public safety personnel.

In order to ensure the continued strength of the City's finances and maintain quality services expected by residents, the City Council recently approved a 1.5 percent Restaurants & Drinking Places Occupation

Tax, which took effect on October 1.

From this tax, the City estimates it will collect approximately \$700,000 each year to offset additional service costs related to growth.

Businesses affected by this change will include cafes, bakeries, coffee shops, food trucks, caterers, and restaurants or drinking places in grocery and convenience stores.

Though this tax is levied on businesses, those businesses may choose to pass along the cost to their customers. If they chose to do so, businesses must itemize

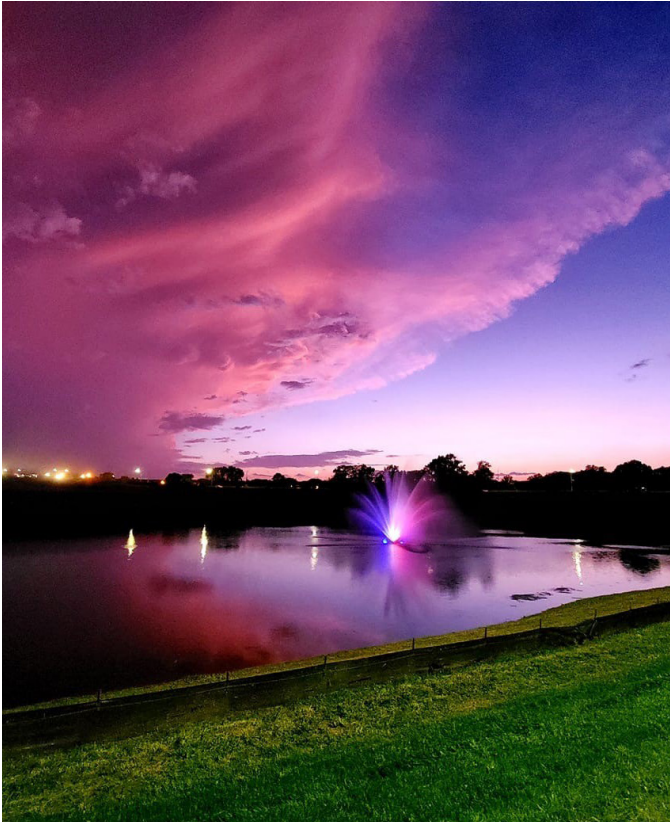
the additional tax on customers' receipts.

Below is an example of how that might impact a La Vista diner:

Meal	\$50
Occupation Tax (1.5%)	+75 cents
Total cost of meal	\$50.75
7.5% sales tax (State 5.5% + City 2%)	+\$3.81
Total cost to the customer	\$54.56

Civic Center Park

With the first phases of the golf course transformation complete, Civic Center Park officially opened to the public in September. This photo submitted by Deirae Anson features the lake and fountain, which is lit up at night.



2nd Annual Fall Festival

The City hosted the 2nd annual Fall Festival in September. The event featured a free outdoor concert, a visit from Captain Marvel, fire pits and s'mores, games for the family, food trucks and a movie inside the Community Center gym.



Taste of La Vista

In late July, more than 900 people attended the annual Taste of La Vista event in Central Park. The event included free beer and pizza samplings from area businesses. Information stations included 84th Street, website redesign, rock painting, a chance to ask general questions as well as a 1960s-themed photo booth.



National Night Out

Officers and command staff from the Police Department traveled throughout the City on National Night Out in August. They visit neighborhood gatherings to help foster connections and engagement with the community.



Santa's Comin' to Town!

Events Slated During the Month of December

Santa is planning an extended stay in La Vista this holiday season! In addition to the popular sleigh ride and tree lighting events in early December, Santa's Workshop will be open again this year at the Civic Center Park Clubhouse, 8305 Park View Blvd.

Santa will arrive in La Vista on Sunday, December 1, for his annual Sleigh Ride, which will begin at 3 p.m. Santa's route will be posted on our website at www.cityoflavista.org/santa, and you can follow his progress that day on Twitter (@cityoflavista) and Facebook.com/CityofLaVistaGovernment.

The annual **Tree Lighting Celebration & Soup Supper** is scheduled for Monday, December 2, beginning at 5:45 p.m. at the Community Center. This event is hosted by the Mayor and City Council with donations being accepted for the Tri-City Food Pantry.

Santa's Workshop will officially open on the evening of the tree lighting, and children are invited to visit Santa from 6:30 to 8:30 p.m.

Santa's Workshop hours will be:

- Thursdays, December 5 & 12, 4-7 p.m.
- Saturdays, December 7 & 14, 9 a.m.-noon.



Santa's Workshop is located in the Civic Center Park Clubhouse and will be open throughout the month of December for special events, including two events featuring live reindeer.

• Tuesday, December 17, 4-7 p.m.
Santa will have his reindeer with him for the Thursday events.

Santa will also host a special time for small children (birth to preschool) on Wednesday, December 11, from 9 a.m. to noon. Children and their parents and/or caregivers can enjoy a lower-key visit with Santa while visiting the workshop.

A variety of other programs will be held at the workshop in December. Be sure to

check out the **'Twas the Lights Schedule of Events** included in this newsletter and our website at CityofLaVista.org/TwasTheLights.

Workshop events will include treats and other fun holiday activities. Special accommodations for wheelchairs and other needs can be arranged by calling the Community Center at 402-331-3455.

Annual Coat Drive Ends Nov. 30

Campaign Dates Changed to Meet Early Winter Needs

La Vista's annual coat drive Spread the Warmth kicked off in October and will run through the end of November.

The City will collect both gently-used and new, donated coats to distribute to those in the metro area who are in need of warm coats.

The coats collected during Spread the Warmth will be distributed to local families through a partnership with Papillion La Vista Community Schools and ReRuns R Fun.

Spread the Warmth will run through the end of November, and collection points are listed on the City's website, **CityofLaVista.org/SpreadTheWarmth**.

Thank you for helping keep our community warm this winter.



Police Launch Security Camera Registration Program

The Police Department recently launched a new partnership with the community that offers residents and business owners the opportunity to register their surveillance camera systems.

The Security Camera Registration Program (SCRAM) is designed to help deter criminal activity throughout the community and assist in investigations.

When a crime occurs, officers and detectives will reach out to the owners of registered surveillance systems in the area. They will request to review surveillance footage and collect video or photo evidence.

Participation in this program is completely voluntary, and information regarding your camera system will be for official department use only.

Register online at **CityofLaVista.org/SCRAM**.

Imagination Station Room

Renovations to the Storytime Room Add Creativity to the Fun

The storytime room at the Library has been transformed into the Imagination Station Room!

A stuffed parrot sits atop a post with other animals on the side of a new puppet show stage. Brightly colored bins contain all sorts of fun toys designed to exercise and entertain little minds. Baby dolls await the love and care of a child.

There's also a play kitchen, complete with a cash register and plastic money, dress-up clothes, a mini ball pit and a train table.

In the Imagination Station Room little ones are encouraged to discover, build, create and play. This creative space is set up to help build important skills such as sharing, storytelling, emotional intelligence, critical thinking, play and problem solving. This room is ideal for



The Imagination Station Room includes fun things like a cash register and play money.

ages birth to six.

The Imagination Station Room will be open 10:30-11 a.m. on December 9, 13 and 19. For more information about programs planned in this space, contact the Library, 402-537-3900.



Library Adds Self Check-Out Machine

The Library recently added a new piece of technology to the equipment it offers to the public.

A self check-out machine is now available for patrons to use after they have selected the materials they want to borrow from the Library.

This machine is ADA accessible and will be useful for times when there are lines at the circulation desk. The machine will also maintain confidentiality for patrons who need to check out materials on personal topics such as medical conditions.

The process to use the machine is simple:

- Swipe the library card
- Scan material to be checked out

Each patron will receive a receipt summarizing their transaction and the due date(s) for their materials.

The self check-out machine will be available during regular business hours: Monday-Thursday, 8 a.m.-9 p.m.; Friday and Saturday 8 a.m.-5 p.m. and Sunday 1-5 p.m.

GIFT-WRAPPING STATION

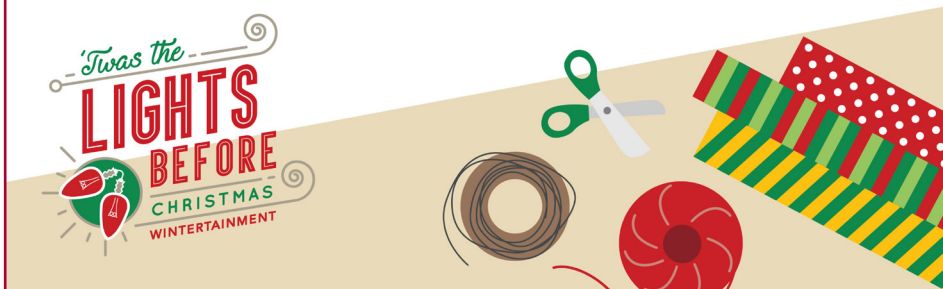
Tuesday, December 3 6-8 p.m.

Friday, December 13 9 a.m.-12 p.m.

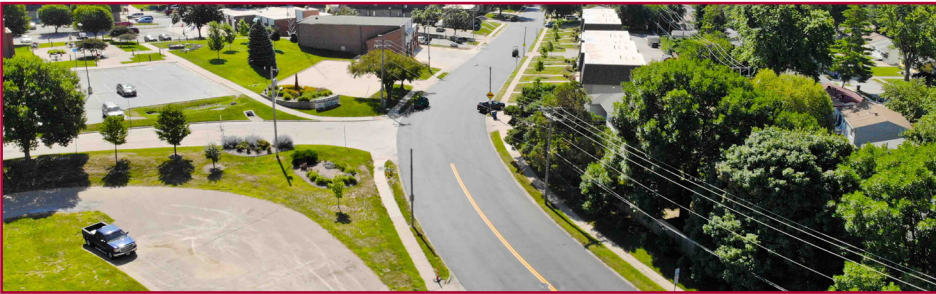
Tuesday, December 17 6-8 p.m.

Thursday, December 19 10 a.m.-8 p.m.

La Vista Public Library



Doing some last minute shopping? Want help wrapping your presents? Head over to the Library in December where there will a FREE, self-serve gift wrapping station available to the public.



The resurfacing of Park View Boulevard was completed this summer.

Crews Complete Resurfacing of 84th St. , Park View Blvd.

Two major thoroughfares in La Vista were resurfaced this spring and summer completing much needed repairs to those frequently traveled roads.

Southbound 84th Street was the first portion to be completed, followed by Park View Boulevard and then northbound 84th Street this fall.

The two legs of 84th Street were originally scheduled to be resurfaced at the same time and not until the new City Centre Drive intersection was installed, but the conditions of the southbound lanes made it necessary to make those repairs earlier than originally planned.

Before the resurfacing could be completed, Public Works crews worked to keep the streets open and as passable as possible given the available materials and weather conditions.

Resurfacing by the numbers



4,000
square yards of concrete



10,000
tons of asphalt

Christmas Tree Recycling Sites Open through January 18

The City of La Vista will be once again offering free drop-off sites for Christmas trees at the following locations:

- La Vista Soccer Complex parking lot (two blocks south of Harrison St. on 66th St.)
- Kelly West Parking Lot (87th St. and Park View Blvd.)

Drop-off sites will be open December 26 to January 19.

All decorations, tinsel and plastic bags must be removed prior to disposal. The collected trees will be chipped into mulch, which is available to residents free of charge.

Winter Season Reminders

Snowy weather will soon be here and the Public Works Department has a couple of reminders regarding clearing snow from streets and sidewalks.

Snow Emergency

When a snow emergency is declared, local media outlets (radio and newspaper) will be notified and notice will be posted on the City's social media accounts and website at CityofLaVista.org.

Citizens are required to keep all vehicles off the street after a snowstorm (at least 2 inches of accumulation) or after a declared

snow emergency for 24 hours, or until the street has been plowed. Even if the vehicle was already parked on the street before the storm, it must be moved off the street for 24 hours after the storm ends or until the snow plows clear the street.

Clearing Sidewalks

In all residential neighborhoods, sidewalks must be clear within 24 hours after precipitation ends. In all business districts, the property and public sidewalks must be clear within five hours of the end of the storm, or by 8:30 a.m. the next morning.



Council Clips

The following items are highlights of recent City Council action:

- Approved a professional services agreement with ABM Industry Groups for public parking services in La Vista City Centre.
- Authorized the purchase of a pick-up truck, wide area mower, contour mowing deck and portable radios for the Public Works Department.
- Approved the creation of a restaurants and drinking places occupation tax.
- Discussed proposals to change the dates of fireworks sales and discharge.
- Approved professional services agreements with Olsson, Inc. for engineering services and DLR Group for the design of public parking structure #2 in La Vista City Centre.
- Approved a contract with Commercial Seeding Contractors for erosion control maintenance in the 84th Street redevelopment area.

View the latest City Council agenda on our website.
CityofLaVista.org/Agenda

LA VISTA cityofficials

Mayor

Douglas Kindig

City Council

Kim Thomas, Ward 1

Mike Crawford, Ward 1

Ron Sheehan, Ward 2

Terrilyn Quick, Ward 2

Deb Hale, Ward 3

Alan Ronan, Ward 3

Jim Frederick, Ward 4

Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, Assistant City Administrator

Kevin Pokorny, Director of Administrative Services

Joe Soucie, Director of Public Works

Bob Lausten, Police Chief/Director of Public Safety

Tommy Prouhet, Assistant to the City Administrator

Pam Buethe, City Clerk

John Kottmann, City Engineer

Cindy Miserez, Finance Director

Randy Trail, Human Resources Director

Rose Barcal, Library Director

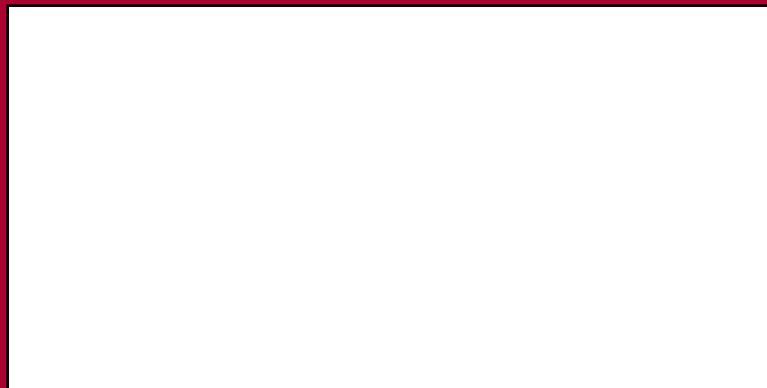
Scott Stopak, Recreation Director



A Remarkable Young Man

We'd like to introduce you to nine-year-old Matthew Murray. Mayor Kindig invited him to attend a recent City Council meeting after Matthew wrote the Mayor a letter to express his thanks for the work City staff does throughout the year. Matthew led the pledge allegiance and chatted with the Council for a few minutes. We wanted to shine the spotlight on Matthew and his spirit of service.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's website CityofLaVista.org.



City of La Vista
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La Vista, NE 68128

p: 402-331-4343 f: 402-331-4375

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Community Center Happenings

Winter 2019

Fit4Mom Program Provides Camaraderie, Fitness



The Fit4Mom program meets on a regular basis in the La Vista Community Center Gym during the winter months and in local parks in the spring and summer.

Connect with other moms and exercise, too

Moms searching for fitness and connection opportunities have to look no further than La Vista.

For more than a year, the Community Center has been home to the Fit4Mom program, featuring programs such as Body Back Boost, Body Back Transformation and Stroller Strides, which meet weekly in the gym during the winter months.

Fit4Mom exists to give new and veteran moms the opportunity to exercise and connect with their children and other moms through fitness programs.

Finding that community of moms is Fit4Mom's secret sauce, where the moms spend time together outside of class too, including play groups and mom's night out among others.



Check out our video about this program!

CityofLaVista.org/Fit4MomVideo



Each class is designed to be 60 minutes long, and Stroller Strides emphasizes strength training, cardio and core restoration all while entertaining little ones with songs, activities and fun!

You can read more about the Stroller Strides class on the following page.

For more information, visit omahasouth.fit4mom.com

HOURS OF OPERATION

Mon.-Fri. (Year-round)	8 a.m.-9 p.m.
Sat. (Sept.-April)	8 a.m.-6 p.m.
Sat. (May-Aug.)	9 a.m.-4 p.m.
Sun. (Sept.-April)	1-9 p.m.
Sun. (May-Aug.)	CLOSED
Adults Only (Mon.-Fri.)	8 a.m.-3 p.m.
Youth (Mon.-Fri. during school year)	3-9 p.m.
Youth (Mon.-Fri. scheduled days off)	1:30-9 p.m.

Not all programs are listed in this newsletter. Check our social media accounts and website for the latest on our program offerings and special events.

If you would like to be notified when we open registration for programs, please provide us with your e-mail address.



CONTACT INFORMATION

Director - Scott Stopak
Assistant Director - David Karlson
Program Coordinator - Denny Dinan
Program Coordinator - Ryan South
Administrative Assistant - Sue Tangeman

CityofLaVista.org/Recreation

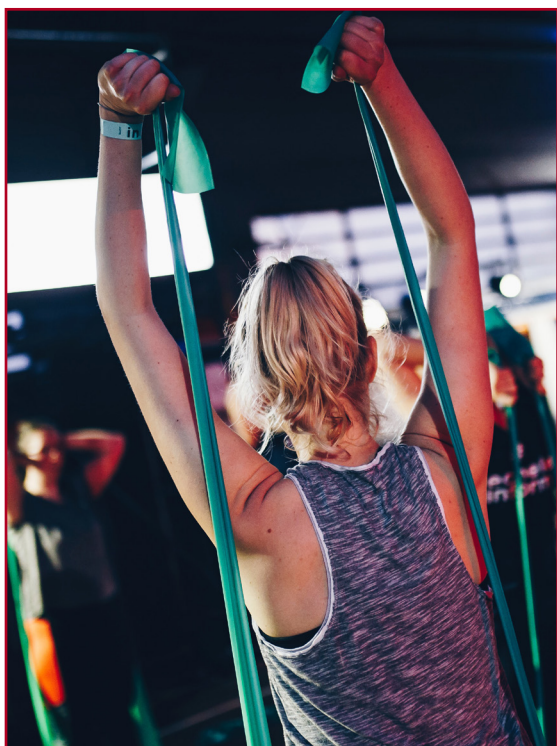
402-331-3455
recreation@cityoflavista.org

DROP-IN FEES

Resident Adults	\$3
Non-Resident Adults	\$4
Resident Youth (under 19)	Free
Resident Seniors (55+)	Free
Non-Resident Seniors (55+)	\$2
Non-resident Youth are not allowed in the Community Center unless involved in a class or sport.	

The Community Center is closed on all major holidays.

HEALTH AND WELLNESS



Indoor Walking

The Community Center is open to all La Vista residents and seniors in the surrounding area. Time is set aside for walkers, so there will be no interference with other programs.

Zumba

Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance, and flexibility. You will have boosted energy and a serious dose of awesome each time you leave class. For more information, contact April Clark via e-mail at aprilc0113@yahoo.com.

Yoga

This class is designed for beginner and intermediate students. The class format focuses on breathing & relaxation techniques, stretching, joint & gland exercises, Hatha Yoga postures, and stress management techniques. For more information, contact Frank via e-mail at frankpferrante@gmail.com.

Easy Breezy Fitness Class

This class will work on strength, endurance, flexibility, and balance. For more information and to register, contact Angi Herrick, 402-659-6854, or via e-mail at aherrick7406@gmail.com.

Easy Breezy Sittercise

This class is a chair based fitness class done with low intensity movement of arms, legs, hands and feet. Sittercise gets the body moving with less stress on the joints, while working on flexibility and endurance. For more information or to register for the class, contact Angi Herrick at 402-659-6854, or via e-mail at aherrick7406@gmail.com.

Program	Day	Time	Cost	Ages
Indoor Walking	M, W, F Tues., Th.	8-10 a.m. 8-9:30 a.m.	Free	Adults
Zumba	Sat.	10-11 a.m.	\$6/class	All
Yoga	Sat. Sun.	11 a.m.-12:30 p.m. 3-4:30 p.m.	\$7/class Cash only	All
Easy Breezy Fitness	M, F	9-10 a.m.	\$5/class 10 classes for \$40	Adults
Easy Breezy Sittercise	M, F	10-10:45 a.m.	\$1/class	55+
Racquetball and Wallyball	Call to reserve a court	Regular business hours	Res.: \$7/hr. Non-Res.: \$14/hr.	All
Reiki	By appointment	30 min. session	Contact instructor	Adults
FIT4Mom Stroller Strides	M, W, F	9:15-10:15 a.m.	First class FREE. Memberships available	Women
Omaha Metro Armed Combat Academy	Th., Sat.	6-9 p.m. 10 a.m.-1 p.m.	\$20/month	Teens, Adults

Racquetball/Wallyball

The La Vista Community Center has two racquetball courts that can be reserved for racquetball or wallyball. To reserve a court time, call 402-331-3455.

Reiki

Reiki is a Japanese technique that allows the practitioner to channel energy, with hands positioned lightly over the imbalanced areas of the receiver. The person may experience one or more of the following: a deep relaxed state, an aura and/or chakra clearing, and/or energy movement through and around the physical body. For more information and to make an appointment, call 402-253-5706 or contact Martha via e-mail at reikibymarthaj@gmail.com.

FIT4Mom Stroller Strides®

Stroller Strides® is a functional full-body conditioning workout designed for moms with kids in tow. Each 60-minute workout is comprised of strength training, cardio and core restoration, all while entertaining little ones with songs, activities and fun! Each Stroller Strides instructor is skilled to meet you where you are mentally and physically. You'll leave class feeling connected, successful and energized! No more mama guilt! This class is all about self-care in a supportive and encouraging environment.

For more information and to register, call 402-302-1117 or contact Marcia McConnell via e-mail at marciamcconnell@fit4mom.com, or visit omahasouth.fit4mom.com.

Omaha Metro Armed Combat Academy

The Omaha Metro Armed Combat Academy (OMACA) is a fencing school that provides instruction and sparring for Olympic style fencing, classical style fencing, HEMA, and lightsaber fencing for people with all levels of interest and skill. For more information, contact Cat Souliere via e-mail, omacagreenknights@gmail.com.



FITNESS CENTER

Do you want a quiet gym free from distractions that has everything you need to weight train or get in shape? We have you covered! Our fitness center offers state of the art weight equipment, such as the Freemotion Dual Cable Cross, Hoist multi-gym, Smith machine, and dumbbells up to 50 pounds. We even have exercise mats and a multi-purpose pull-up bar. For cardiovascular exercise, you will find some of the finest, user friendly, aerobic equipment available, including: a Stages Solo bike, Helix recumbent lateral trainer, NuStep recumbent cross trainers, Cybex Arc cross trainers, 1st Degree row machines, an Airdyne bike, ellipticals, and treadmills.

Our fitness room is for **adults ages 19 and older**. Everyone under the age of 19 years is not allowed in the fitness room for any reason.

HOURS OF OPERATION

Mon.-Fri. (Year-round)	8 a.m.-9 p.m.
Sat. (Sept.-April)	8 a.m.-6 p.m.
Sat. (May-Aug.)	9 a.m.-4 p.m.
Sun. (Sept.-April)	1-9 p.m.
Sun. (May-Aug.)	CLOSED

FEES

Resident Adult (19+)	\$3
Non-Resident Adult 8 a.m.-5 p.m., M-F only	\$4
Senior Resident (55+)	Free
Non-Resident Senior	\$2

PUNCH CARDS

Resident	\$50	20 punches
Non-Resident	\$35	10 punches
Non-Resident Senior	\$20	10 punches

MEMBERSHIP

Resident	\$27/month	Includes exercise room, gym, racquetball/wallyball
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MARTIAL ARTS

Program	Day	Time	Resident	Non-Resident	Ages
Aikido	M, Th.	Child: 6:30-7:30 p.m. Adult: 7:30-9 p.m.	Child: \$20 Adult: \$30	Child: \$25 Adult: \$35	5-11 12+
Dragon's Lair Taekwondo	M Fri.	7-8:30 p.m.	Contact instructor	Contact instructor	8+
Kendo "Japanese Sword Fighting"	Th. Sat.	Th.: 10 a.m.-noon Sat.: 11 a.m.-1 p.m.	\$50/month	\$50/month	10+
Women's Self-Defense	Last Tu.	6-9 p.m.	\$50/session	\$50/session	All
Safe Hands Healing Hands	Jan. 29	6-9 p.m.	\$125	\$125	Adult

Aikido

The Sarpy Aikido Club is a Nebraska-based dojo teaching Aikikai style of Aikido under the organization of Aikido of Hawaii International (AHI). The school was founded by Ronald Christenham and has been serving the La Vista and Omaha area since 1991. For more information and to register, visit www.sarpyaikidoclub.com.

Dragon's Lair Taekwondo

This class is traditional Kang Duk Won Taekwondo, and very self defense based. While learning forms and other items required for promotion, students will complete drills and other activities to build confidence and enhance their self defense capabilities. All levels of experience and fitness accepted. For more information, contact John Channels via e-mail, dragonslairtkd@gmail.com.

Kendo Japanese Sword Fighting

Classes include two swords - the wooden Bokken and the bamboo Shinai. For more information, contact Mark Porter, 402-715-0500 or via e-mail at learningkendo@cox.net.

Women's Self Defense Class

These classes are designed to instruct women of all ages, sizes, and skill levels in practical self-defense. We will dispel common self-defense myths, as well as teach basic tips and techniques on how to avoid becoming a victim. For more information, contact Claudia Brown-Jackman, 402-630-3169 or visit www.shuurindojo.com.

Safe Hands Healing Hands

This class is designed to teach safety and protection to caregivers and educators. Gentle techniques are taught to escape from situations regarding hair grab, front and behind grabs, as well as choking. For more information, contact Claudia Brown-Jackman at 402-630-3169 or via e-mail at claudia@safehandshalinghands.com.



DANCING

Program	Day	Time	Cost	Ages
Ballroom Dancing	M W	7-8 p.m. By Appt.	\$40/4-week session	16 & older
Belly Dancing Beginner Belly Dancing Advance	Tu., F	6-7 p.m. 7-8 p.m.	\$20/month	16 & older
Square Dance Club	Sun.	2-6 p.m.	\$50/5-week session	Adults

Adult Ballroom Dance Lessons

Join as a single or couple, minimum of six people per class. In each session, two-three dances will be taught. For more information, contact Terry Vargas, 402-639-2209.

Adult Belly Dancing Classes

This is a continuing class where participants will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Renee Patchin, 402-403-8943.

River City Square Dance Club

Lessons start in November, at the La Vista Community Center, five-week sessions. For more information contact Ken Young, 402-690-3020.

ROUNDBALL SHOOTOUT

FREE THROW & 3-POINT SHOOTING CONTEST

Thursday, December 5



The annual Roundball Shootout is scheduled for **Thursday, December 5** and features different contests in each age group.

Free Throw Contest (grades K-4)

- Children compete with their parent/guardian or grandparent.
- Each team member will shoot 15 free throws for a chance to win a prize. One prize is awarded per family.
- Boys and girls will compete separately, and prizes are awarded to the top team in each grade.
- K-4th Grade - 6 p.m., shoot at an 8-foot hoop

Three Point Contest (grades 5-8)

- Kids in 5th-8th grade only (no parents/grandparents/guardians).
- Kids will shoot three shots from five locations for a total of 15 shots.
- This contest will begin at 7:30 p.m.

Registration and warm-ups begin 30 minutes before scheduled start time. This is a FREE event co-sponsored by the City of La Vista and Sarpy County Tourism.

For more info.

CityofLaVista.org/TwasTheLights

FUN FOR ALL

Model Airplane Indoor Flying

Where: Community Center. Watch at no cost or pay a small drop-in fee to fly your own indoor plane. These lightweight planes will amaze you, as will the individuals who fly them.

Preschool Play Time

Zip around the Community Center gym on our tricycles and Cozy Coupe cars; play preschool-sized basketball; kick balls; or just run, jump and play with others! It's a great playdate for kids and parents! (Please do not bring your own bikes, tricycles, or scooters.)

Miniature Club

Miniature enthusiasts meet at the Community Center. Guests are always welcome. For more information contact Edna Bonney, 402-426-4626.

Crochet Class

One-week technique courses for \$30 as well as two-week project classes for \$40. Price includes supplies. For project details and registration, visit Geeksidedick on Facebook. Registration ends the Monday before class begins. Contact Karen at Geeksidedick@gmail.com with questions.

Country Music Jam Session

September-April. Bring an instrument and play along or just come and listen to some great live music!

Program	Day	Time	Cost	Ages
Model Airplane Indoor Flying	M	11:30 a.m.- 1 p.m.	\$3 Resident \$4 Non-Resident Free Senior Resident \$2 Non-Resident Senior	Adults
Preschool Play Time	Tu., Th.	10 a.m.- noon	Free	Preschool
Miniature Club	3rd Sun.,	1 p.m.	Free	All
Crochet Class	W	6:30-8 p.m.	Varies each month	All
Country Music Jam Session	3rd Sun.	2-4 p.m.	Free	All

YOUTH SPORTS

Sport	Day	Age	Season Begin	Season End	Registration Deadlines	Resident Costs Early-Bird After Early-Bird	Non-Resident Costs Early-Bird After Early-Bird
Coed Youth Basketball Clinic	Sat. 8:30-9:30 a.m.	Grades 1-2	*Jan. 11	Feb. 8	Early-Bird: Dec. 22 Final: Dec. 31	\$17 \$27	\$22 \$32
Youth Basketball League	Games: Vary	Grades 3-8	*Dec.	March	Early-Bird: Nov. 1 Final: Nov. 14	\$55 \$65	\$65 \$75
**Yearling (Coach Pitch) Baseball	Games: Vary	Ages 7-8	*April 1	July 3	Early-Bird: Feb. 15 Final: March 1	\$50 \$60	\$65 \$75
**Mustang Baseball	Games: Vary	Ages 9-10	*April 1	July 3	Early-Bird: Feb. 15 Final: March 1	\$65 \$75	\$85 \$95
**Bronco Baseball	Games: Vary	Ages 11-12	*April 1	July 3	Early-Bird: Feb. 15 Final: March 1	\$75 \$85	\$105 \$115
**Pony Baseball	Games: Vary	Ages 13-14	*April 1	July 3	Early-Bird: Feb. 15 Final: March 1	\$85 \$95	\$105 \$115
**Coed Soccer Clinic	Sat. 11:30 a.m.- 12:30 p.m.	Age 3	April 4	May 9	Early-Bird: Feb. 22 Final: March 7	\$17 \$27	\$22 \$32
**Coed Soccer Academy	Tu. 5:30-6:30 p.m. Sat. 9-10 a.m.	Ages 4-5	April 4	May 9	Early-Bird: Feb. 22 Final: March 7	\$33 \$43	\$53 \$63
**Coed Soccer League	Tu. 6:30-7:30 p.m. Sat. 10-11 a.m.	Ages 6-7	April 4	May 9	Early-Bird: Feb. 22 Final: March 7	\$33 \$43	\$53 \$63
**Flag Football	Games: Sat.	Grades K-6	*April 1	June 13	Early-Bird: Feb. 22 Final: March 14	\$33 \$43	\$53 \$63
**Pinto (Coach Pitch) Softball	Games: Fri., Sat.	Girls 7-8	*April 6	June 30	Early-Bird: March 1 Final: March 14	\$50 \$60	\$65 \$75
**Mustang Softball	Games: Fri., Sat.	Girls 9-10	*April 6	June 30	Early-Bird: March 1 Final: March 14	\$65 \$75	\$85 \$95
**Bronco Softball	Games: Fri., Sat.	Girls 11-12	*April 6	June 30	Early-Bird: March 1 Final: March 14	\$75 \$85	\$105 \$115
**13-18 Softball	Games: Fri., Sat.	Girls 13-18	*April 6	June 30	Early-Bird: March 2 Final: March 14	\$110 \$120	\$140 \$150
**Coed T-Ball	Games: Sat.	Ages 5-6	May 18	July 11	Early-Bird: April 18 Final: May 2	\$45 \$55	\$60 \$70

*Start dates subject to change. **Registration opens December 1.

Coed Youth Basketball Clinic

The basketball clinic is comprised of five, one-hour sessions on Saturdays at the La Vista Community Center. Participants will learn the basic skills of dribbling, passing, shooting, teamwork and fun!

Youth Basketball League

The youth basketball league is a partnership with the Papillion Recreation Organization. Participants will be learning new skills, improving current basketball skills, techniques, teamwork, sportsmanship and fun.

Baseball

The youth baseball program is a partnership with the Ralston Area Baseball Association. Games are played on varying days and locations; practices are held at the coach's discretion.

Coed Soccer Clinic

The soccer clinic is comprised of five, one-hour sessions on Saturday mornings at the La Vista Community Center. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun. Clinic is limited to 15 participants.

Coed Soccer Academy and League

The soccer academy and league is a partnership with the Metro Wolves Soccer Club. This program focuses on different soccer skills to develop each player with individual attention and maximum ball touches in a fun soccer environment. All sessions take place at the La Vista Sports Complex.

Flag Football

The flag football program is part of the Sarpy County Flag Football League, which is dedicated to improving youth sports by teaching and developing skills, promoting maximum participation and providing a fair, safe environment. All games are played at the La Vista Sports Complex flag football fields.

Softball

The softball program plays in the Rainbow Softball League, which is a true recreational league for girls to learn fundamentals of the game of softball and to have fun.

Coed T-Ball

The coed t-ball program introduces parents and children to the sport of baseball. This is a parent participation program designed to teach the basic fundamentals of baseball while having fun.



LA VISTA SENIOR ACTIVITY CENTER

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a home-cooked meal Monday-Friday. The suggested contribution amount for the meal is \$4 for adults over 60 years of age. For those younger than age 60, the lunch cost is \$10. To make a lunch reservation, either call the Center or sign up at the Center by noon on the business day before. Be sure to look at the other activities. You are welcome to come early and/or stay late! The meal program is sponsored by ENOA and catered by Treat America. Visit our website, CityofLaVista.org/Seniors, for the monthly senior newsletter and to look at scheduled activities/trips and lunch menus. For more information, contact David Karlson, 402-331-3455.

Special Services Bus

The Special Services Bus is available for senior citizens ages 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.-4:30 p.m. The service does not operate on City of La Vista holidays or when Papillion-La Vista or Ralston public schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455, or visit us online at www.cityoflavista.org. For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but sometimes due to prior scheduling, we may not be able to help everyone at their requested times.

55 AND UP ONGOING ACTIVITIES

Bingo

Unless noted, there will be no bingo on days when there is a scheduled speaker or other entertainment. Please see our monthly newsletter for more details.

Chair Volleyball

Fun and fast-paced game played with a beach ball while sitting in a chair.

Afternoon Movie Outings

Join us for a trip to the Westwood Cinema 8 movie theater. Space is limited on the bus, and pre-registration is required. Movie and departure times are announced on the previous Friday afternoon.

Drop-In Quilting Group

Come quilt with us! Anyone who is interested in quilting is welcome to join, whether already skilled with a needle or a first-time beginner. Other sewing projects are always welcome as well!

Activity	Day	Time	Fee
Bingo	M, F	12:30-1:30 p.m.	25¢ per card
Chair Volleyball	W, F	10:30-11:15 a.m.	FREE
Movie Outings	Nov. 26 Jan. 28	Afternoon	\$2 per movie
Drop-In Quilting Group	W, 1st Sat.	9-11:30 a.m. 9:30 a.m.-12:30 p.m.	FREE
Tai Chi for Balance	Tu., Th.	11-11:45 a.m.	60+: \$1 suggested

Tai Chi for Balance

Tai Chi is a series of rhythmic, slow, coordinated, and gentle movements. Tai Chi means great energy, because it helps the energy to flow through your body. It improves balance, flexibility, strength, posture, osteoporosis, strengthening your heart, lungs and circulatory system, coordination, deep breathing, mood and calmness. This Tai Chi class is Moving for Balance Tai Chi or Tai Chi 8, with eight different movements.

Check out our website!

CityofLaVista.org/Seniors



SCHEDULE OF EVENTS

DECEMBER

- 1 Santa's Sleigh Ride - 3 p.m. - Citywide
- 2 Tree Lighting - 5:45 p.m. - City Hall / Community Center & Civic Center Park Clubhouse
- 3 Gift-Wrapping Station - 6-8 p.m. - Library
- 4 Ugly Sweater Decorating - 6-8 p.m. - Civic Center Park Clubhouse
- 5 Visit Santa's Workshop (with Real Reindeer) - 4-7 p.m. - Civic Center Park Clubhouse
- 5 Roundball Shootout - 6 p.m. - Community Center
- 6 Pete the Cat Saves Christmas Party - 10-10:45 a.m. - Library
- 7 Visit Santa's Workshop - 9 a.m.-12 p.m. - Civic Center Park Clubhouse
- 9 Christmas Movers and Shakers - 10-10:30 a.m. - Library
- 9 Imagination Stations - 10:30-11 a.m. - Library
- 10 Teen Ornament Crafts - 6:30-8 p.m. - Civic Center Park Clubhouse
- 11 Visit Santa with Littles - 9 a.m.-12 p.m. - Civic Center Park Clubhouse
- 11 Winter Art - 4-7 p.m. - Library
- 12 Sugar Cookies and BINGO - 4-5 p.m. - Library
- 12 Visit Santa's Workshop (with Real Reindeer) - 4-7 p.m. - Civic Center Park Clubhouse
- 13 Gift-Wrapping Station - 9 a.m.-12 p.m. - Library
- 13 Christmas Storytime - 10-10:30 a.m. - Library
- 13 Imagination Stations - 10:30-11 a.m. - Library
- 14 Visit Santa's Workshop - 9 a.m.-12 p.m. - Civic Center Park Clubhouse
- 17 Visit Santa's Workshop - 4-7 p.m. - Civic Center Park Clubhouse
- 17 Gift-Wrapping Station - 6-8 p.m. - Library
- 18 Holiday Card-Making - 3:30-5 p.m. - Civic Center Park Clubhouse
- 18 Family Movie Night - 6 p.m. - Library
- 19 Imagination Stations - 10-11 a.m. - Library
- 19 Gift-Wrapping Station - 10 a.m.-8 p.m. - Library
- 19 Teen Game Night, Winter Trivia - 5-8 p.m. - Library
- 23 Ugly Sweater Ornaments - 10 a.m.-7 p.m. - Library
- 31 Noon Year's Eve Party - 11:30 a.m.-12 p.m. - Library

CityofLaVista.org/TwasTheLights

Weather Cancellations & Updates

Please check CityofLaVista.org/TwasTheLights as well as our social media accounts for up-to-date information regarding event times, location changes and cancellations due to weather.



Get in Shape

Put on your sneakers for some activity this winter on a trail in one of our parks or inside the Community Center! Visit our website for hours of operation.



Give Us Your Leaves

The annual fall leaf collection is on Saturday, November 16, 8 a.m.-3 p.m. If that doesn't work for you, a self-serve dumpster will be available through November 22. Call Public Works for more info., 402-331-8927.



Visit Santa!

Santa's visits to La Vista this year will twice include his reindeer! On December 5 and 12, 4-7 p.m., the Santa's Workshop events will also include a chance to see one of his reindeer and get your photo taken!
CityofLaVista.org/TwasTheLights



Get Computer Savvy

Stop by the Library anytime during regular business hours to use our computer lab. If you need some pointers, talk to our Computer Services Librarian Jean Hurst to set up some one-on-one instruction! For more info., call the Library, 402-537-3900.



Prepare for Winter

Clean out your gutters, disconnect your garden hoses, blow out your sprinkler system...so many things to get your home ready for winter!

CityofLaVista.org/WinterReady



Stream a Movie...

Did you know that with your La Vista library card you can stream shows and movies for free? That's right, using a service called Kanopy, library patrons have access to hundreds of options!

CityofLaVista.org/Databases

TOP 10 THINGS TO DO THIS WINTER



Tell Criminals to SCRAM!

Register your security camera system with the Police Department, and if you are in an area where evidence is needed, you can share your footage voluntarily with officers. Join the Security Camera Registration Program, and tell criminals to SCRAM!

CityofLaVista.org/SCRAM



Spread the Warmth

The City is once again collecting new and gently used coats for the annual Spread the Warmth Coat Drive.

CityofLaVista.org/SpreadTheWarmth



Recycle Your Tree

Once you're done with your Christmas celebrations, you don't have to throw away your real tree. Recycle it instead at one of two locations in La Vista: the Sports Complex or Kelly West Fields.

CityofLaVista.org/PublicWorks



Celebrate the New Year






Finish 2019 and ring in 2020 with a family friendly celebration at the Library's Noon Year's Eve celebration. Make some noisemakers and count down to noon with us! Call the Library at 402-537-3900 for more info.



PUBLIC IMPROVEMENTS

The projects in this section of the Corridor 84 Update are being designed and constructed by the City of La Vista in support of the vision for a new downtown. These projects are being coordinated in conjunction with private development projects, detailed on the following page.




Public Improvements Status Overview

				
3	3	7	6	19
Design	Construction	Complete	Future	Total

Public dollars spent through September 2019: \$22,928,392

PUBLIC IMPROVEMENTS PROJECT UPDATE

CIVIC CENTER PARK		OPPD Transmission Reconstruction	Phase 2 Improvements	Sanitary Sewer Relocation	Phase 3 Improvements	Interface Improvements (Park)
	Percent Designed	By OPPD	100%	100%	0%	100%
	Percent Constructed	95%	100%	100%	0%	0%
	Total Cost to Date	\$168,767	\$1,836,573	\$260,669	\$0	\$0
	Remaining Total Cost	\$1,800,000 (Est.)	\$0	\$0	\$2,200,000	\$5,000,000 (Est.)
	Anticipated Design Completion	By OPPD	Complete	Complete	May 2019	October 2020
	Construction Start Date	July 2018	August 2018	October 2018	March 2021	November 2019
	Anticipated Construction Completion	December 2019	Complete	Complete	September 2021	September 2020

CITY CENTRE		Phase 1 – Streets, Sewers, Utilities and Design	Phase 2 – Intersections	Public Parking Structure No. 1	Public Parking Structure No. 2
	Percent Designed	100%	100%	100%	0%
	Percent Constructed	100%	100%	95%	0%
	Total Cost to Date	\$5,007,272	\$477,344	\$4,230,118	0%
	Remaining Total Cost	\$1,128,978	\$212,846	\$489,708	\$6,900,000
	Anticipated Design Completion	Complete	Complete	Complete	August 2020
	Construction Start Date	February 2018	October 2018	July 2018	February 2022
	Anticipated Construction Completion	Complete	Complete	October 2019	November 2022

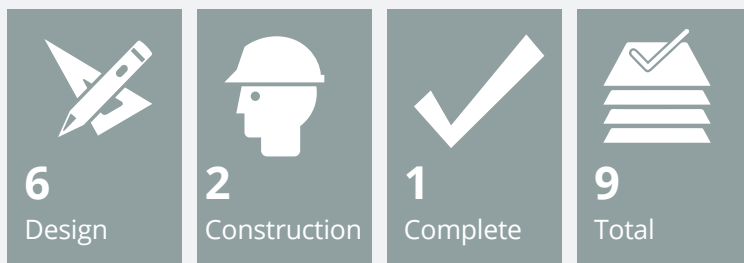
OTHER PUBLIC IMPROVEMENTS		84th Street Overlay	84th Street Corridor Streetscape	84th Street Adaptive Signals
	Percent Designed	100%	60%	100%
	Percent Constructed	81%	0%	90%
	Total Cost to Date	\$1,064,188	\$0	\$0
	Remaining Total Cost	\$366,487	\$12,000,000 (Est.)	\$158,000
	Anticipated Design Completion	Complete	October 2019	Complete
	Construction Start Date	May 2019	2020	April 2019
	Anticipated Construction Completion	Complete	2023	December 2019



PRIVATE DEVELOPMENT

City Ventures, an investment and development company, is leading all private development related to La Vista's new downtown. While the City of La Vista is not responsible for design, construction or implementation of City Ventures buildings, the City is supporting redevelopment through public infrastructure improvements.

Private Development Status Overview



PRIVATE DEVELOPMENT PROJECT UPDATE



LOT 10 BUILDING *Mixed Use Commercial Building* Anticipated Construction Start: Fall 2019



LOT 14 BUILDING *Mixed Use Building* Anticipated Construction Completion: August 2020
Anticipated Occupancy: December 2019



LOT 15 BUILDING *Mixed Use Building* Anticipated Occupancy: September 2019
Anticipated Construction Completion: Fall 2019



REMODELING McDONALD'S Complete



EVENT CENTER Anticipated Construction Start: Late 2019



STARBUCKS Anticipated Construction Start: Spring 2020
Anticipated Construction Completion: Fall 2020



CHILI'S Anticipated Construction Start: Spring 2020

PROGRAM HIGHLIGHTS

- All public infrastructure projects for City Centre were substantially complete as of October 2019.
- Civic Center Park trails were substantially complete as of August 2019.
- The OPPD transmission relocation project was substantially complete September 2019.
- The 84th Street Intersections project was substantially complete September 2019.

COMMUNITY ENGAGEMENT

The City of La Vista has engaged the community through every step of Vision 84 and now Corridor 84. Our engagement efforts as of September 30, 2019 included:



PUBLIC MEETINGS

Streetscape Meeting 1: 200+ Attendees
Streetscape Meeting 2: 120 Attendees
Streetscape Meeting 3: 140 Attendees



SPEAKER BUREAUS

July 1 - September 30, 2019

A kit is available upon request.



Reactions: 822
Shares: 502
Comments: 240

SOCIAL MEDIA ENGAGEMENT

July 1 - September 30, 2019

Replies: 8
Retweets: 48
Likes: 64



WEBSITE STATISTICS

Visitors: 6,634
Pageviews: 16,537

Top visited pages:

Projects: 5,065 pageviews
Home: 4,654 pageviews
What's New: 4,428 pageviews

