

LA VISTA

citywise



Brentwood Crossing to be Transformed into City Centre

The vision for a redeveloped 84th Street corridor is much closer to reality after a local developer announced plans to redevelop the Brentwood Crossing property into a vibrant, mixed use city center that will transform the heart of La Vista.

Omaha-based City Ventures has a contract to purchase the property, which includes the former Wal-Mart, and that sale is expected to close within the next several months.

As proposed, the old Wal-Mart and most of the other buildings and related improvements on the site will be cleared.

City Ventures is proposing to build City Centre, which will include approximately 350 apartments, 100,000 square feet of office space lofted above more than 200,000 square feet of neighborhood retail, dining and entertainment space.

The City is separately considering constructing public improvements in the redevelopment area to ensure, among other things, public safety, sufficient public streets, public off-street parking and uncongested traffic flows along City streets and in and around the redevelopment areas.

Additionally, the City will be taking the initial steps to begin transforming La Vista Falls Golf Course into a central recreational area and centerpiece of the City's 84th Street redevelopment area. In order to move forward with this transformation, the golf course will close at the end of the fiscal year, September 30.

Transformation of the golf course will create a focal point and *(continued page 3)*

Steps Taken, Coming Next

Since the announcement this spring, City Ventures has been working with City staff on various planning documents, plats, and agreements. Amendments to the 84th Street Redevelopment Plan and Comprehensive Plan also are in process.

Following the closing on the land, demolition and site preparation will be scheduled. Construction will begin in 2017.

For more information, visit the City's website, www.cityoflavista.org/vision84.

A MINUTE WITH
mayor kindig



I have wanted to write this column for a long time! It appears our vision for 84th Street – specifically for the vacant Wal-Mart property – is about to become reality.

On the cover of this newsletter we've highlighted a proposed redevelopment project for the area, called City Centre, as well as the transformation of the golf course into a central recreational area with expanded lake and walking trails.

It has taken many years, and the dedicated work of staff and others, but we couldn't be happier with the way our vision has been translated into plans for City Centre, which will create the downtown district our community has never experienced.

When the developer approached us, he did so because we had communicated our vision and we had the tools in place to translate that vision into reality.

The projects have been moving through the approval processes in the past few months. The years of planning and preparation are coming to fruition.

The development of a central recreational area means the closure of our golf course, which I know was controversial. Plans for the golf course are crucial to our vision for the area.

We have worked hard to listen to your desires for 84th Street and I feel confident that City Centre and transformation of the golf course will be centerpieces of our community, and we can all be proud when they are complete.

And speaking of listening to our citizens, the National Citizen Survey is coming up (see story on page 3). This will be the third time La Vista has participated in this survey to ask for feedback about City services. It is a great opportunity to offer your input about how the City is performing in a variety of areas. If you are selected to participate, please take the time to do so.

– Mayor Douglas Kindig

La Vista City Calendar

All meetings held in the Harold "Andy" Anderson Council Chamber unless otherwise noted.

August 2016

- 2 City Council, 7 p.m.
- 3 La Vista/Metropolitan Community College Condominium Owners Association, 4 p.m., Library
- 6 Urban Scramble Adventure Race, Various Locations
- 8 Library Card Family Swim Party and Storytime, 1 p.m., Municipal Pool
- 12 Outdoor Concert/Movie: The Grease Band/Pan, 7 p.m., Library
- 16 City Council, 7 p.m.
- 17 Tween Adventure Series – Hot Wheels Drag Racing, 4 p.m., Community Center
- 17 Family Net Night, 6 p.m., Community Center
- 17 Park and Recreation Advisory Board, 7 p.m.
- 18 Planning Commission, 7 p.m.
- 22 Pick-a-Park Preschool Storytime, 10 a.m., Camenzind Park (7120 Woodlane Dr.)
- 27 Jedi Knight Training, 10:30 a.m., Community Center

September 2016

- 6 City Council, 7 p.m.
- 8 Library Advisory Board, 5:30 p.m., Library
- 8 Citizen Advisory Review Committee, 7 p.m.
- 9-10 Just 4 Kids Garage Sale, Community Center
- 15 Planning Commission, 7 p.m.
- 17 La Vista Falls Farewell, Golf Course
- 20 City Council, 7 p.m.
- 21 Park and Recreation Advisory Board, 7 p.m.
- 24 Punt, Pass and Kick, 3:30 p.m. Sports Complex

October 2016

- 4 City Council, 7 p.m.
- 18 City Council, 7 p.m.
- 19 Tween Adventure Series – Frogwarts School of Magic, 4 p.m., Community Center
- 19 Park and Recreation Advisory Board, 7 p.m.
- 20 Planning Commission, 7 p.m.
- 31 Halloween Safe Night, 5:30-7 p.m., Community Center

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Mayor Kindig recently recognized the Youth Leadership Council for its members' service in the past year. Members of the first-ever council were: Noah Atchinson, Jamie Bac, Samuel Cahill, Haley DeWitt, Corinne Fjelsted, Lucas Neill, Angelina Rossi, Madelynn Vasquez, Devin Vetter, Emma Williams, Alexis Spaulding and Huyen-Yen Hoang.

Mayor's Youth Council

The La Vista Mayor's Youth Leadership Council is now accepting applications. The program is entering its second year and is designed to encourage middle and high school students to become active in the community by participating in local government.

Youth members on the Council will attend City Council meetings, and board and commission meetings where they will get to see the community decision-making process in action and offer a youth perspective on local government issues. They will also participate in community events, hopefully fostering a sense of civic participation and volunteerism.

In addition to interaction with Mayor Kindig and other elected officials, the Youth Leadership Council will be led by Police Officers Jamie Brown and Nick Jeanette, offering students an opportunity to create relationships with law enforcement officers and other City staff.

To qualify, teens must:

1. Be a resident of the City of La Vista attending a public or private junior high or high school or a home school.
2. Be entering the 7th-12th grade.
3. Maintain good citizenship.
4. Demonstrate community interest and a willingness to serve the youth and community of La Vista.

To remain on the council, members must:

1. Attend a minimum of 50 percent of all committee meetings and Youth Council meetings.
2. Fulfill other responsibilities as defined.
3. Set a good example for the youth of the community.
4. Complete annual orientation program conducted by city staff.
5. Attend one City Council meeting per quarter.
6. Attend scheduled meetings (held every other month).

Do you have what it takes to be a City of La Vista youth leader? Applications are available at all city offices and on our website www.cityoflavsita.org/youthleadershipcouncil.

Shaping the Future of La Vista

Residents will soon be asked to participate in the National Citizen Survey which will allow the City to gather information about priorities; identify what the City is doing well and what services the city needs to improve upon.



Gathering your feedback will help staff explore ways to improve services and programs by making them more effective, relevant and easy to access. In addition, several data points from the survey, such as satisfaction rates will be used to develop performance measures for various services.

In August 1,500 randomly selected La Vista residents will receive a postcard letting them know that they have been selected to participate. A copy of the Citizen Survey will be delivered approximately one week later.

"The Citizen Survey is essentially a report card for City government," said Mayor Douglas Kindig. "As City leaders we always want to know where we can improve so it is imperative that we clearly understand the issues on the minds of our residents."

Residents who received this survey by mail are urged to take just a few moments and provide their perspective. Results of the survey will be reported in a future issue of CityWise and will be available on the City's website.

It won't take much of your time to make a big difference!



Continued from page 1: Brentwood Crossing

significant new amenity for public events and foster a sense of community and engagement for residents. The area will contain a large lake, a new trail system and an amphitheater with significant public space for special events and other gatherings.

The estimated cost of City public improvements, which would take place over multiple years, is \$54 million. Funds potentially will come from several sources, including but not limited to the half-cent additional sales and use tax approved by voters in May 2014.

Salute to Summer Festival a Resounding Success



Summer kicked off in grand fashion Memorial Day weekend with the City's annual celebration, the Salute to Summer Festival.

The second annual Hometown Heroes Event was held on Thursday evening at City Hall, where new flagpoles for the service flags and POW/MIA flag were dedicated. Due to inclement weather the event had to be moved indoors. Dignitaries, veterans and families attended this event, which was designed to honor those who have served our nation in the military and those who have given the ultimate sacrifice for our freedom.

Thousands of people enjoyed the Community Cookout on Friday evening, sponsored by the La Vista Community Foundation, and the fireworks display, provided by Bellino Fireworks. Central Park was filled all weekend with people who took in the carnival and vendors.

This year's parade grand marshal was the family of U.S. Marine Lance Corporal Shane Kielion, who was killed in action in Iraq in 2004. Shane and his wife, April, were La Vista residents when he enlisted in the Marine Corps. Shane's parents, Pat and Roger, and his son, Shane Jr., represented the family.

Mary Kay Bellino, the longtime co-owner of La Vista Keno, was named Friend of La Vista. Mary Kay and her late husband Rich owned and operated La Vista Keno for many years and recently sold the business following Rich's tragic passing last summer. Mary Kay and Rich have been active supporters of numerous community organizations and could always be counted on for their generosity and support. Mayor Kindig presented a special award to Mary Kay at the Mayor's Lunch prior to the parade.

The Salute to Summer Festival would not be possible without the generous contributions of the La Vista Community Foundation, Bellino Fireworks and La Vista Keno.

"The support of these organizations is absolutely essential to making the City's annual festival the success it has been year in and year out," said Mayor Douglas Kindig. "To these organizations, as well as our other partners, thank you so much for supporting the La Vista community."

Summer Fun!

The City continues to host a number of fun summer events such as concert/movie events, the Dinosaur Egg Hunt, hydrant party and many exciting programs at the library as part of the summer reading program.

Still to come this summer is the Urban Scramble Adventure Race August 6, Library card family swim party and storytime August 8 and a third concert/movie event August 12.

For more information on all our upcoming events, visit our website at www.cityoflavista.org/2016events.

Used Tire Collection

The City will be hosting a used tire collection event the week of August 22-27. Used tires can be dropped off at the Public Works Facility located at 9900 Portal Road.

Drop-off times are August 22-26, 7:30 a.m. - 3 p.m., and August 27, 8 a.m. - 3 p.m.

This project is made possible by a grant received from the Sarpy/Cass Health Department for West Nile Virus Prevention. Used tires left outside collect water and become prime breeding sites for mosquitoes. The used tires are collected and then sent to a recycling company for shredding.

In addition to used tires, used motor oil, anti-freeze and any type of batteries will be accepted. The event is open to all residents and those living in the City's Extra-Territorial Jurisdiction. Proof of residency will be required such as a photo ID or utility bill.

For more information call the Public Works Department, 402-331-8927.

Fall Leaf Collection

The City's annual fall leaf collection will take place Saturday, November 5, 8 a.m. - 3 p.m. at the Public Works Facility, 9900 Portal Road. The service is available to residents and those living in the City's Extra-Territorial Jurisdiction.

In addition, a dumpster will be available for yard waste disposal Monday through Friday, October 11 - November 4, 7 a.m. to 3 p.m. at the Public Works Facility.

Leaves and grass clippings will be accepted along with tree branches, which can be any length but no larger than 6 inches in diameter. Used motor oil, anti-freeze and all batteries will also be accepted. Proof of residency will be required such as a photo ID or utility bill.

For more information call the Public Works Department, 402-331-8927.

Residential Sewer Drain Cleaning

When you have your home sewer line cleaned, notify the Public Works Department at 402-331-8927.

Material removed from your sewer line is forced into the main sewer line, which creates the possibility of it becoming stuck in the main and causing backup problems. When you notify Public Works, staff will check the main sewer line to ensure proper flow.

Emerald Ash Borer Detected in Nebraska

The Emerald Ash Borer has been detected in several places in the Omaha metro area, which means you may have heard from a company wanting to help treat any ash trees you have on your property.

Not all companies offering treatment services are legitimate. Some warning signs a company may be trying to scam customers include:

- They are uninsured
- They are unlicensed
- They request payment up front.

The best way to combat these scams is to have a plan regarding treatment or removal of ash trees from your property and to begin to budget for these possibilities.

To help prevent the spread of the pest:

- Use locally sourced firewood, burning it in the same county where you purchased it.
- Only high value ash trees within 15 miles of a known infestation should be considered for treatment. Trees that are experiencing declining health should be considered for removal.
- If you feel you have located an Emerald Ash Borer infestation, report it to the Nebraska Department of Agriculture, 402-471-2351; the Nebraska Forest Service, 402-472-2944; or the local U.S. Department of Agriculture office, 402-434-2345.

For more information about the Emerald Ash Borer, visit the Nebraska Forest Service website, nfs.unl.edu/nebraska-eab.

policedepartment

MEET YOUR NEW NEIGHBORHOOD POLICE OFFICERS

Officers Amanda Eby, James Parisian and James Berger graduated from the Police Academy in Grand Island in July.

All three are currently in the La Vista Police Department's 15 week Field Training Program and will be assigned to the Uniform Patrol Bureau upon successful completion of training.

The initial training for police recruits from hire to Patrol takes an average of 35 weeks.



Officer Amanda Eby



Officer James Parisian



Officer James Berger

Homeschool Programs

We have many programs for homeschool families! This school year the Homeschool Discover Series will include art, science, physical education and more. Join us on Thursday, August 25, at 10 a.m., for a special Homeschool Hang-out Coloring and Lego Activity. All ages are welcome. Regular homeschool programs will begin in September. For more information, contact Jennifer at 402-537-3900 or via e-mail at jgoss@cityoflavista.org.

Library catalog

Want to practice your freedom of speech? Add a book review from your library account. You can access our catalog at www.cityoflavista.org/librarycatalog. Pull up the record for the book or other material you borrowed and click on the "review" button. Make your voice heard!

Ebooks, emagazine, audio books and emusic

All of these can all be accessed through our website, www.cityoflavista.org/databases. Visit the library for passwords.

Library databases

With the start of another school year, we have research tools available 24/7 from our website, www.cityoflavista.org/databases. Encyclopedias – Grolier, Funk and Wagnall's and Encyclopedia Britannica will assist you throughout the school year. Tools that are also great for searching across databases are Explora and Primary Explora (grades 12 and under) and Find a topic (America's News). Passwords can be picked up at the library.

Technology Sessions

Want to enhance your computer skills? Sessions are offered to provide basic skills in computer skills, internet, Word, scanning, Excel, digital cameras as well as job searching on the Internet. Other topics include Facebook, Twitter, Picasa, Flickr, ebooks, emagazines and emusic. Contact Jean at the Library to set up an appointment.



Children's Programs

This fall, the La Vista Public Library Children's Department will be offering a selection of fun, interactive, and educational programs for children and their families. Many of these amazing programs support early literacy, build fine motor skills, encourage creativity, and help develop a life-long love of reading. For more information, stop by the Library for our monthly calendar of programs, or contact Jodi Norton, 402-537-3900.



On your mark, get set...read! The Library was a bustling place this summer as children participated in many programs and events as part of the summer reading program, including the Race Car Storytime and Party held in late June.

Halloween Safe Night

Halloween Safe Night is scheduled for 5:30-7 p.m., Monday, October 31, at the La Vista Community Center, 8116 Park View Boulevard.

All children ages 12 and under, accompanied by a parent or guardian, are invited to attend this popular annual event.

Local businesses and organizations are invited to participate in the event by sponsoring a table and handing out candy to those in attendance.

For more information about the event, visit our website, www.cityoflavista.org/2016halloween.

To sponsoring a table, contact Mitch Beaumont at City Hall, 402-331-4343, or via e-mail at mbeaumont@cityoflavista.org.



Community Development Department Project Update



Comfort Suites

Contractors and building companies are busy in various parts of La Vista completing a variety of projects, big and small.

Pictured is the Comfort Suites Hotel under construction at 8121 Eastport Parkway in Southport East. This more than 50,000 square-foot hotel will have 72 rooms and

is tentatively slated to open later this year.

For a complete list of ongoing development projects, visit our website, www.cityoflavista.org/constructionupdates.

Council Clips

The following items are highlights of recent City Council action:

- Approved an agreement with the new Keno operator.
- Approved fireworks permits.
- Approved the purchase of a utility task vehicle for the Police Department.
- Approved a maintenance agreement for the Thompson Creek Channel Rehabilitation project.
- Approved an interlocal agreement for a new Law Records Management System
- Approved agreements with the Community Development Agency related to the 84th Street redevelopment projects.
- Approved amendments to the Comprehensive Plan and zoning code to allow for a Mixed Use - City Centre district.
- Approved an engineering services contract for a traffic impact study for the Southport area.

LA VISTA **cityofficials**

Mayor

Douglas Kindig

City Council

Kim Thomas, Ward 1

Deb Hale, Ward 3

Mike Crawford, Ward 1

Alan Ronan, Ward 3

Ron Sheehan, Ward 2

Jim Frederick, Ward 4

Terrilyn Quick, Ward 2

Kelly Sell, Ward 4

City Administrator

Brenda Gunn

Management Team

Rita Ramirez, *Assistant City Administrator*

Kevin Pokorny, *Director of Administrative Services*

Joe Soucie, *Director of Public Works*

Bob Lausten, *Police Chief / Director of Public Safety*

Jeff Calentine, *Assistant to the City Administrator*

Pam Buethe, *City Clerk*

John Kottmann, *City Engineer*

Ann Birch, *Community Development Director*

Cindy Miserez, *Finance Director*

Mandy Garrod, *Human Resources Manager*

Rose Barcal, *Library Director*

Scott Stopak, *Recreation Director*



Arbor Day Celebration

The annual Arbor Day celebration was held this spring at City Hall and the Community Center. This event included a story time with Papillion Times Managing Editor Kelsey Stewart, pictured above, free prizes for the children in attendance and the planting of a new tree in the green space next to City Hall.

CityWise is published by the City of La Vista to keep citizens informed about city programs, policies and services. Please send comments and suggestions concerning the publication to the above address. CityWise can also be accessed on La Vista's Web site, www.cityoflavista.org.

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City of La Vista
8116 Park View Blvd.
La Vista, NE 68128



what'shappening fall 2016



Just 4 Kids Garage Sale!

Friday, September 9, 5:30-8:30 p.m.
and Saturday, September 10, 8:30
a.m. -12:30 p.m., La Vista Community
Center gym. Attention parents and
grandparents...clean out your closets,
go through your toy boxes, and clean off
your book shelves! Take this opportunity
to sell gently used or new toys, books,
clothes, bedding, accessories, and other
baby/child/teen related items. All items
for this sale must be baby/child/teen
oriented. No exceptions!

We provide tables, chairs and
advertising. You provide the stuff to sell
and keep all profits! Families wishing to
rent a space must register and pay a \$5,
non-refundable fee. Each space includes
one seven-foot table and two chairs.
Multiple spaces may be purchased for
an additional fee. Space is limited to 30
sellers! Set up will take place on Friday,
September 9, 3-5:30 p.m.

Registration Deadline is September
1st, or until full. Don't delay, Register
today! Sellers are responsible for pricing
and selling their own merchandise,
providing their own change during the
sale, and removing unsold merchandise
from the premises once sale is over.
Tables may not be left unattended
during garage sale hours.

Family "Net Night" in the Community Center Gymnasium

Wednesday, August 17, 6-8 p.m., Community Center gym. We will set up a volleyball net, wallyball and pickleball nets and participants can give each sport a try! This is a great opportunity for families to spend some time together, get out of the house, and run off some steam! All equipment will be provided. Pre-registration not required; just show up ready to play!

Pick-a-Park Preschool Storytime

Monday, August 22, 10 a.m. Camenzind Park (7120 Woodlane Drive).

Jedi Knight Training

Saturday, August 27, 10:30 a.m. - noon, Community Center gym. **FEE:** Free. Jedi training obstacle course, crafts and fun. Ages 5-10.



Punt, Pass and Kick

The Recreation Department has teamed up with Sarpy County Tourism and the Papillion-La Vista Optimist Club to offer a Punt, Pass & Kick competition on Saturday, September 24, 3:30 p.m. at the La Vista Sports Complex.

The NFL PUNT, PASS & KICK (PPK) program is a national skills competition for boys and girls between the ages of 6 and 15 to compete separately against their peers.

Girls and boys in five separate age divisions (6-7, 8-9, 10-11, 12-13, and 14-15) compete against each other in punting, passing and place kicking in a fun and engaging forum. The PPK program is free to every child who wants to participate!

Registration is FREE and can be done online at www.nflppk.com or in person the day of the event!

Tween Adventure Series

Our Tween Adventure Series is geared toward boys and girls ages 9-12. Each event will have its own theme that leads our adventure! The program is free to all 9-12 year olds living in La Vista.

August 17, 4-5 p.m., Community Center, Hot Wheels Drag Racing

October 19, 4-5 p.m., Frogwarts School of Magic. Wand Making Presented by Master Wand maker Warty Ollivander, distant cousin of Garrick Ollivander renowned wand maker located in Diagon Alley in Great Britain, "Makers of Fine Wands since 382 B.C." and proud Ravenclaw Alumni! Supplies are limited, please call the Community Center, 402-331-3455, to reserve a spot.

Fall Kite Festival

Sunday, October 9, noon-4 p.m., La Vista Soccer Complex. **FEE:** Free. Bring the whole family for an afternoon of kite flying fun. The American Kite Fliers Association and the La Vista Recreation Department invite you to Go Fly a Kite! Come see some of the World's largest and most creative kites. Bring a kite to fly and remember kids to bring a bag for the Kite Candy Drop.

Preschool Play Time

Tuesdays and Thursdays, 10-11 a.m., Community Center gym. **FEE:** Free. Preschool ages and under. Zip around the gym on our tricycles and cozy coupe cars, play preschool sized basketball, kick balls or just run, jump and play with others! It's a great play date for kids and parents! (Please do not bring your own bikes, tricycles or scooters.)

Special Preschool Playtime dates:

Craft days: Tuesday, August 30, 10 a.m. and Thursday, September 22, 10 a.m.
Halloween costume egg hunt: Thursday, October 27, 10 a.m.



Model Airplane License and Field Times

Flying times will be posted on the City's website, www.cityoflavista.org and Hobby Town U.S.A. La Vista Soccer Complex, ¼ mile south of Harrison on 66th street. **FEE:** \$30, non-residents \$40, includes 1 year license and Midwest Performance Flyers Club membership. Model airplane flying licenses may be purchased at the Hobby-Town, U.S.A. store. A.M.A. card required to purchase a license.

Indoor Remote Control Model Airplane Flying

Mondays, 11:30 a.m.-1 p.m., Community Center gym. **FEE:** La Vista seniors free, adults \$3, non-residents senior \$2, non-resident adult \$4. Watch at no cost or bring your indoor plane and pay a small drop-in fee to fly. These lightweight planes will amaze you, as will the individuals who fly them.

Fitness Center

The fitness center is equipped with dumbbells up to 50 pounds, and a Hoist multi-gym weight machine. For cardiovascular, our fitness room offers some of the finest, user friendly, aerobic equipment available, including: treadmills, Airdyne bike, Precor upright bike, Nautilus recumbent bikes, a Cybex Arc cross trainer, Precor and Matrix cross trainers, and a Reebok Bodytrek cross trainer.

Hours of Operation

Monday - Friday:

Year Round 8 a.m. - 9 p.m.

Saturdays:

September - April 8 a.m. - 6 p.m.

May - August 9 a.m. - 4 p.m.

Sundays:

September - April 1 p.m. - 9 p.m.

May - August Closed

Fees for the Fitness Room:

Resident adults (19+)..... \$3 per day

Non-Resident Adults \$4

(8:00 a.m. - 5:00 p.m., M-F only)

Senior resident (55+)..... Free

Senior non-resident..... \$2 per day

Punch cards:

Resident: \$50 for 20 punches

Non-Resident: \$35 for 10

Non-Resident senior: \$20 for 10

Resident Membership:

\$27 per month (includes exercise room, gym, racquetball/walleyball)

Our fitness room is for adult ages 19 and older. Anyone under the age of 19 years is not allowed in the fitness room to work out or observe.



DANCING

Adult Ballroom Dance Lessons

Mondays, 7-8 p.m., Community Center, ages 16 and older. **FEE:** \$40 per 4 week session. Join as a single or couple, minimum of 6 people per class. In each four-week session, 2-3 dances will be taught. For more information, contact Terry Vargas, 402-639-2209.

Adult Belly Dancing Classes

Tuesdays, 5:30-6:30 p.m. for beginners, 7-8 p.m. for advanced, Community Center, ages 16 and older. **FEE:** \$20 per month. This is a continuing class where you will learn an art form and musical instrument (finger cymbals). Enjoy this form of dance that brings out your unique self-expression! For more information, contact Wren Newman, 402-596-1397.

YOUTH & ADULT SPORTS

Fees listed for residents then non-residents

YOUTH SOCCER

Season begins in September
Early Bird Registration: August 6
Registration Deadline: August 20

Coed Soccer Clinic

Ages: Boys and Girls age 3 as of August 1
FEES: Before August 6: \$17, non-residents \$22. After August 6: \$27, non-residents \$32

The soccer clinic is comprised of 5 one hour sessions to be held on Saturday mornings from 10:30 AM - 11:30 AM at the La Vista Community Center starting on September 10 and ending on October 8. This is a parent participation clinic designed to teach the basic fundamentals of soccer while having fun. (Clinic is limited to 15 participants.)

Soccer Academy and League

Focusing on different soccer skills to develop each player with individual attention and maximum ball touches. Sessions are twice a week for five weeks - academy training/practices Tuesdays with games on Saturdays. The 4/5 Soccer Academy & 6/7 League will begin on Tuesday, September 6 and end on Saturday, October 8. The 4/5's meet on Tuesdays from 5:30 PM - 6:30 PM; 6/7's from 6:30 PM - 7:30 PM. On Saturdays, the 4/5's meet from 9:00 AM - 10:00 AM; 6/7's from 10:00 AM - 11:00 AM. All sessions will take place at the La Vista Sports Complex.

Academy

Ages: Boys and Girls ages 4 and 5 as of August 1. **FEES:** Before August 6: \$33, non-resident \$53. After August 6: \$43, non-resident \$63

League

Ages: Boys and Girls ages 6 and 7 as of August 1. **FEES:** Before August 6: \$33, non-resident \$53. After August 6: \$43, non-resident \$63

Coed Youth Volleyball

Season begins in October
Early Bird Registration: August 27
Registration Deadline: September 10

*Practices will tentatively begin the week of September 26. Practices are held at coach's discretion on Sunday - Friday evenings with no practices on Wednesdays. All games are held on Saturday mornings/afternoons beginning in October. *Start Date is Subject to change.

Ages: Boys and Girls grades 3-6 as of fall 2016
FEES: Before August 27: \$33, non-residents \$53. After September 10: \$43, non-residents \$63

Adult Softball League

Games tentatively start on August 21.

Leagues: Coed, Men's and Double-Header.

FEES: Coed & Men's: \$120 (separate \$50 check, forfeit deposit fee). **Double-Header:** \$235 (2 separate \$50 checks, forfeit deposit fee). Registration Deadline: Registration will run May 16 through August 6 or until leagues are full. Coed League will be held on Sunday & Friday evenings. Men's League will be held on Sunday, Monday, Tuesday & Friday evenings; Double-Header League will be held on Thursday evenings.

Women's Volleyball League

Registration Deadline: September 17 or until league is full

Matches are held on Wednesday evenings at the La Vista Community Center tentatively beginning on October 4. Ages: Must be 18 years old and out of High School. **FEES:** Women's League: *\$110 per team (separate \$20 check, forfeit deposit fee). \$10 cash per game paid directly to the officials before game start. *A late fee of \$10 if registered after September 17.

BASKETBALL

Seasons begin in January

Youth Basketball League

Early Bird Registration: November 5
Registration Deadline: November 19

*Practices will tentatively begin the week of December 12. Practices are held at coach's discretion on Sunday - Friday evenings with no practices on Wednesdays. All games are held on Saturdays for 3-4 grade with the potential of Friday evening & Saturday/Sunday afternoon games for 5-8 grade. Games will begin in January and end in March. *Start Date is Subject to change.

Ages: Boys and Girls, 3rd - 8th grade as of current school year. **FEES:** November 5: \$55, non-residents \$65. After November 5: \$65, non-residents \$75

Co-ed Youth Basketball Clinic

Early Bird Registration: December 17
Registration Deadline: December 31

*The basketball clinic is comprised of 5 one hour sessions to be held on Saturday mornings from 9:00 AM - 10:00 AM at the La Vista Community Center starting on January 14 and ending on February 11. Participants will learn the basic skills of dribbling, passing, shooting, teamwork and fun! *Start Date is Subject to change.

Ages: Boys and Girls, 1st - 2nd grade as of current school year. **FEES:** Before December 17: \$17, non-residents \$22. After December 17: \$27, non-residents \$32.



Register & Pay Online www.cityoflavista.org/active

HEALTH AND WELLNESS

Unless otherwise noted, there are no age restrictions for these activities.

Indoor Walking Club

Monday/Wednesday/Friday, 8-10 a.m., Tuesday/Thursday 8-9:30 a.m., Community Center. **FEE:** Free. The Walking Club is open to any La Vista residents and seniors in the surrounding areas. Time is set aside for walkers, so there will be no interference of other programs.

Zumba

Saturdays, 10-11 a.m., Community Center. **FEE:** \$6 per class or \$30 punch card. Zumba is a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class. Ditch the workout and join the party! For more information contact April Clark via e-mail at aprilc01@yahoo.com.

Yoga

Saturdays, 1-2 p.m., Community Center. **FEE:** \$7 per class (upfront fee of \$24 for four classes). Cash only. This class is designed for beginner and intermediate students focusing on breathing and relaxation techniques,

stretching, joint and gland exercises, Hatha Yoga postures and stress management techniques. For more information contact Frank via e-mail at frankpferrante@gmail.com.

Racquetball

The La Vista Community Center has two courts. To reserve a court time call 402-331-3455. **FEE:** La Vista residents \$7/hr., non-residents \$14/hr. If you are interested in learning the game of raquetball or improving your game, contact AmPro certified advanced instructor, Dave Duscher, 402-980-5646 or via e-mail at jamnram1@msn.com.

Fitness Center

The fitness center is equipped with dumbbells up to 50 pounds, and a Hoist multi-gym weight machine. For cardiovascular, our fitness room offers some of the finest, user friendly, aerobic equipment available, including: treadmills, Airdyne bike, Precor upright bike, Nautilus recumbent bikes, a Cybex Arc cross trainer, Precor and Matrix cross trainers, and a Reebok Bodytek cross trainer.



MARTIAL ARTS

Aikido

Mondays and Thursdays, 6-7 p.m. for children (ages 5-11), 7-9 p.m. for adults. **FEE:** children \$20; non-resident children \$25; adults \$30, nonresident adult \$35. For more information, contact Ron Christenham, 402-339-6124.

Ninjutsu

Saturdays, 9-11 a.m., Community Center. **FEE:** \$40 per month. This class covers Taijutsu (unarmed combat), Kenjutsu (sword combat), Bojutsu (staff combat), as well as improvised weapons. For more information, call 402-305-9210, or send an e-mail to info@sakuraomaha.com.

Kendo "Japanese Sword Fighting"

Wednesdays, 6-7:30 p.m. for 12 weeks, Community Center. **FEE:** \$50 per month. (swords are included) or \$135 for the full 12 weeks. Classes include two swords - the wooden Bokken and the bamboo Shinai. Students will learn the fundamentals of Kendo "the way of the Sword". For more information, contact Mark Porter, 402-715-0500, or via e-mail at learningkendo@cox.net.



What do you think about
our Recreation
programs?

How can we improve?

Tell us what you think by
taking our Recreation
survey!

[www.cityoflavista.org/
recreationsurvey](http://www.cityoflavista.org/recreationsurvey)

Help us say 'Farewell' to La Vista Falls

La Vista Falls Golf Course will be closing on September 30.

To celebrate the years of memories, we will be offering a free day of golf to anyone who would like to play the course one more time.

Saturday, September 17

One free round of golf per person only on the date mentioned above.
FootGolf is excluded from this offer.

Tee times will be filled on a first come, first served basis.
Calling ahead is the preferred method of reserving a tee time.

For more information, call the clubhouse, 402-339-9147.

La Vista Falls Golf Course

Nestled in a valley below 84th Street in the heart of the City, La Vista Falls features finely mowed fairways, lush greens and elevated tee boxes amidst trees, small lakes and streams.

Affordability and flexibility are what makes La Vista Falls perfect for nearly every type of group outing. The course's wide-open format ensures you won't feel crowded, even with the biggest group. A wide variety of concessions and equipment are available from the clubhouse. After your outing, relax on the patio and enjoy the view. Openings are available for family, company, school and night time golf outings.

FootGolf

If golf's not your game but you love to do activities with your entire family, come play the newest sport in the Omaha area, FootGolf. This game is fun for all ages and skill levels and all you need is a soccer ball!

We have changed and updated our FootGolf course layout and have lowered our fees. The cost of nine holes of FootGolf is now \$8. You can use your own soccer ball or you can rent one of ours for \$2.

FootGolf will be played on Monday and Wednesday afternoons from 1 to 4 and Sundays from 4 p.m. to dark.

FootGolf is a combination of the popular sports of soccer and golf and is for everyone regardless of age and soccer or golf skill level. The game is played with a regulation soccer ball at a golf facility on shortened holes with 21-inch diameter cups. The rules largely correspond to the rules of golf.

For additional information on FootGolf or to set up a FootGolf tee time or outing, please call 402-339-9147.

Did you know now you can request a tee time online? Visit the City's web site, www.cityoflavista.org/teetime to request a specific time and even specify how many will be coming with you. When your request is received at the clubhouse, we will send you an email with confirmation of your tee time and then you're set to go!

2016 Green Fees:

(March through September)

Adult-16 and over, Junior-15 and under,
Senior-55 and over.

| | |
|---|---------|
| 9-hole weekdays (adults) | \$11 |
| 9-hole weekends (Sat-Sun adults)..... | \$13 |
| 18-hole weekdays (adults)..... | \$17 |
| 18-hole weekends (Sat-Sun) (adults).... | \$19 |
| 9-hole weekdays (Jr/Sr)..... | \$8.50 |
| 9-hole weekends (Sat-Sun) (Jr-Sr).... | \$10.50 |
| 18-hole weekdays (Jr/Sr) | \$13.50 |
| 18-hole weekends (Sat-Sun) (Jr/Sr) | \$15.50 |

| | |
|---|--------|
| Pull Carts | \$2.50 |
| Electric Carts (9-hole) per rider..... | \$7 |
| Electric Carts (18-hole) per rider..... | \$11 |



The La Vista Senior Center celebrated the Independence Day holiday with a special potluck. Mayor Kindig visited with the group and gave them an update on the 84th Street Redevelopment project as well as the Nebraska Multisport Complex.

La Vista Senior Activity Center

The La Vista Senior Activity Center, located in the Community Center, offers friendship, food, fitness, field trips and many more fun activities. Bring a friend or come join others for a homecooked meal on Mondays, Wednesdays, and Fridays. The suggested contribution amount for the meal is \$3.50 for adults over 60 years of age. To participate, call or sign-up at the La Vista Community Center to reserve your meal by noon the business day before you intend to join us for lunch. Be sure to look at the other activities. You may want to come early or stay late! The meal program is sponsored by ENOA, and catered by Valley Food Service. Visit our website, www.cityoflavista.org/seniorcenter, for the monthly senior newsletter, and to look at scheduled activities/trips and lunch menus. For more information contact Program Coordinator Rich Carstensen, 402-331-3455.

Special Services Bus

Available for senior citizens age 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m.- 4:30 p.m., including a second bus Tuesdays and Thursdays. The service does not operate on City of La Vista declared holidays or when Papillion-La Vista or Ralston schools are closed due to weather conditions. For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455 or visit us online at www.cityoflavista.org. For reservations, call 402-657-3550 at least 48 hours in advance. We make every effort to accommodate, but due to prior scheduling, we may not be able to help everyone at their requested times.

Drop-In Quilting Group

Come Quilt with Us! Wednesday's mornings from 9:00am-11:30am at the La Vista Community Center. Beginners are welcome, including those who have quilted before and/or anyone who is interested in learning how to quilt. If you have quilted in the past, bring your unfinished projects! Other sewing projects are always welcome as well! Come socialize and work on your works or art! For more information, contact David Karlson at 402-331-3455.

Red Hat Society

La Vista's Red Hat Society will meet the second Wednesday of the month at 1 p.m. at the La Vista Community Center. For more information, contact Bobbette, 402-390-0478.

Community Center hours of operation (please note: hours are different for adult and youth):

Mon. - Fri.: 8 a.m. - 9 p.m.
Sat. (Sept. - April): 8 a.m. - 6 p.m.
Sun. (Sept. - April): 1 p.m. - 9 p.m.
Adults Only
Mon. - Fri. (School year):8 a.m. - 3 p.m.
Adults and Youth
Mon. - Fri. (School year): 3 p.m. - 9 p.m.
Mon. - Fri. (Sched. days off): 1:30 - 9 p.m.

The Community Center will be closed on all major holidays.

FEES:

Resident Adults: \$3.00 Drop-In
Non-Residents Adults: \$4.00 Drop-In
**Resident Youth (Under 19): Free
Resident Seniors (55+): Free
Non-Resident Senior (55+): \$2.00 Drop-In
**(Non-Resident Youth not allowed in Center unless involved in a class or sport).

ATTENTION PARENTS: Snow days, not included in the above schedule, are considered the same as school days for youth (3 p.m.).



ALWAYS CHECK AT THE RECREATION CENTER FOR EVENTS THAT MAY NOT BE LISTED IN THIS NEWSLETTER. WE POST FLIERS OFTEN FOR SPECIAL EVENTS PLANNED AFTER THE NEWSLETTER IS PRINTED.

Please Note: The La Vista Recreation Department sends youth and adult sport registration information via e-mail only. If you have provided us with your e-mail address, you will receive a message each season when we open registrations. This information is also available by visiting the City's Web site, www.cityoflavista.org/sports and by visiting the La Vista Community Center.