

**RECREATION ADVISORY BOARD  
PROGRAM INFORMATION  
FEBRUARY 2017**

**SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER**

Submitted by David Karlson, Asst. Recreation Director

**Special Events/Programs**

- **Preschool Playtime** met 9 times in January and had 231 preschoolers and 188 adults with an average of over 25.6 preschoolers and 21 adults attend each session. Preschool Playtime has continued to grow again in January.
- Ms. Jen from the Library hosted her monthly **Preschool Story-time and Sing Along** on the first Thursday of the month and had 38 preschoolers and 26 parents attended. This was our largest crowd since the start of the program.
- **Preschool Craft Day** had 27 preschoolers and 35 adults decorate snowmen with bingo daubers and markers.

**La Vista Senior Center**

- Throughout the month, for a small donation, Seniors are able to enjoy a wonderful lunch catered by Valley Food Services on Monday, Wednesday and Friday. They also play **Bingo** on Mondays and Fridays, **Coloring Book Club** on Monday morning, **Chair Volleyball** on Wednesdays and Fridays, participate in **Tai Chi** on Tuesday's and Thursday's, and play **Pinochle** on the first and last Wednesdays of the month. Seniors may also join in on the **Quilting and Sewing** group on Wednesdays from 9am–11am. On the 2<sup>nd</sup> Wednesday of each month, the Sarpy/Cass Department of Health & Wellness **Senior CARE Clinic** is at the Center, providing foot care and other miscellaneous health care to seniors for a minimal fee.
- Wednesday January 4th, 26 seniors helped us celebrate with a **“Post Noon Year’s Eve Party”** which included the very popular band “George and the Jrs”.
- On Tuesday January 24, 8 seniors joined us on our monthly movie outing to see the movie “Sully”.
- In late January, over 30 seniors participated in 3 days of competition in our “Senior Winter Olympic Games”. The games included Hot Wheel races, javelin throw (with pool noodles), a spelling bee, bean bag toss, free throw contest, timed jigsaw puzzle challenge, chair volleyball and of course, several rounds of Olympic Bingo! As it worked out, all of the participants were able to win at least one prize.
- On January 25<sup>th</sup> Merrymakers performer Billy Troy performed for 27 seniors.

**YOUTH AND ADULT SPORTS/SPECIAL EVENTS**

Submitted by Denny Dinan, Recreation Dept.

**Current Programs**

**Adult Women’s Volleyball** is in week 7 of a 14-week season. We have 9 teams playing in the winter league.

**Youth Basketball League** is in week 6 of an 8-week season. Tournament play will start the first week of March and run for 2 weeks.

**Youth Basketball Clinic** for grades 1 & 2 finished on Saturday, February 11. The clinic ran for an hour each Saturday and lasted 5 weeks. We had 35 participants in the clinic this year which is up

from the 23 participants we had last year. We had 8 volunteers from the Police Department conduct the coaching clinic.

**Major League Baseball's Pitch, Hit & Run Competition** is scheduled for Saturday, April 22<sup>nd</sup> at 11a.m. at the La Vista Sports Complex. This is our 2<sup>nd</sup> PH&R event, and once again we are hosting it in conjunction with Sarpy County Tourism.

**Registrations are now being accepted for the following programs:**

**Youth:**

- Boy's Baseball registration deadline is Mar 11<sup>th</sup>. The season will begin in April.
- Co-Ed flag football registration deadline is Mar 18<sup>th</sup>, and the season starts in April.
- Youth soccer clinic (Academy and League) registration deadline is Mar 18<sup>th</sup>, with the season beginning in April.
- Girls Softball registration deadline is Mar 25<sup>th</sup>, and the season also begins in April.
- Co-ed T-ball registration deadline is May 13<sup>th</sup>, season starts in June.

**Adult:**

- Softball (Coed and Men's) registration deadline is March 25 or until filled. The softball season begins in April.