

**RECREATION ADVISORY BOARD
PROGRAM INFORMATION
MARCH 2017**

SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER

Submitted by David Karlson, Asst. Recreation Director

Special Events/Programs

- Preschool Playtime met 8 times in February. There were 184 preschoolers and 141 adults in attendance, which is an average of over 23 preschoolers and 18 adults per session.
- Ms. Jen from the La Vista Library hosted her monthly **Preschool Story-time and Sing Along** on the first Thursday of the month and had 27 preschoolers and 20 parents attended.
- **Preschool Valentine Cookie Decorating Day** had 28 preschoolers and 22 adults decorate Valentine Cookies.



La Vista Senior Center

- Throughout the month, for a small donation, Seniors are able to enjoy a wonderful lunch catered by Valley Food Services on Monday, Wednesday and Friday. They also play **Bingo** on Mondays and Fridays, **Coloring Book Club** on Monday morning, **Chair Volleyball** on Wednesdays and Fridays, participate in **Tai Chi** on Tuesday's and Thursday's, and play **Pinochle** on the first and last Wednesdays of the month. Seniors may also join in on the **Quilting and Sewing** group on Wednesdays, and Book Club on Friday mornings. On the 2nd Wednesday of each month, the Sarpy/Cass Department of Health & Wellness **Senior CARE Clinic** is at the Center, providing foot care and other miscellaneous health care to seniors for a minimal fee.
- A new program started in February "**Book Time for Adults**". Ms. Marjie Shaw, from the La Vista Library comes in every Friday morning to read short stories and poems to the seniors. It is quickly becoming a very popular program with 10-15 seniors joining us every week.
- On Wednesday, February 15th, we hosted our annual **Senior Valentine's Day Luncheon**. Over 160 seniors enjoyed a catered meal by Hy-Vee, while enjoying music from the Papillion-La Vista High School Jazz Band and Merry Makers performer Joyce Torchia.
- On Friday, February 17th, twelve seniors enjoyed a trip to the **Shrine Circus** in Council Bluffs.
- On Wednesday, February 22nd, six Methodist nursing students came to the Senior Center to provide blood pressure and glucose test for the seniors.
- On Tuesday, February 28th, twelve seniors joined us on our monthly movie outing to see the movie "Jackie".

YOUTH AND ADULT SPORTS/SPECIAL EVENTS

Submitted by Denny Dinan, Recreation Dept.

Current Programs

- **Adult Women's Volleyball** is in week 11 of a 14-week season. We have 9 teams playing in the winter league.
- **Youth Basketball League** finished up 8 weeks of league play with a tournament that ended on March 11.
- **Major League Baseball's Pitch, Hit & Run Competition** is scheduled for Saturday, April 22nd at 11a.m. at the La Vista Sports Complex. This is our 2nd PH&R event and we are again hosting it in conjunction with the Sarpy County Tourism.
- **Youth Boy's Baseball:** Registration deadline was March 11th. We are currently assigning coaches and forming teams. Practices will begin after April 1st.
- **Youth Coed Flag Football & Soccer Academy/ League:** Registration deadline is Saturday, March 18th. We will begin assigning coaches and forming leagues next week.
- **Soccer Clinic:** The registration deadline for 3-year old Coed Soccer Clinic is Saturday, March 18th. The clinic is comprised of 5-one hour sessions to be held on Saturday mornings from 10:30 – 11:30 a.m. at the La Vista Community Center starting on April 1st and ending on April 29th. This is a parent-participation clinic designed to teach the basic fundamentals of soccer while still having fun.
- **Girls Softball:** Registration deadline is Mar 25th. The season will begin in April.
- **Adult Softball:** (Coed/Men's/Double Header) – Registration deadline is March 25th, with the season starting in April.