

**RECREATION ADVISORY BOARD  
PROGRAM INFORMATION  
OCTOBER 2017**

**SPECIAL EVENTS/PROGRAMS AND SENIOR CENTER**

**Submitted by David Karlson, Asst. Recreation Director**

**Special Events/Programs**

**Preschool Playtime** met 10 times last month and had 152 preschoolers and 100 adults with an average of 15.2 preschoolers and 10 adults attend each session. The numbers have started to climb back up since the start of School.

**La Vista Senior Center:** Throughout the month, seniors are able to attend a wonderful lunch catered by Treat America Food Services on Monday, Tuesday, Wednesday, Thursday and Friday. They Play Bingo on Mondays and Fridays, Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing group on Wednesday, play Pinochle on the first and last Wednesdays of the month, join our Senior Color Book Club every Monday morning and enjoy our Book Time for Grown-Ups on Friday mornings. They may also sign up for the monthly Senior Foot Care and Wellness Clinic which is held the 2<sup>nd</sup> Wednesday of each month.

Friday, September 1, our **Book Time for Grown-Ups** took a field trip to the La Vista Library. A small group of six seniors enjoyed the tour of the library and were surprised at all of the activities they had to offer in addition to checking out books.

Monday, September 11, we hosted our first **Patriot Day Picnic**. Twenty-two seniors joined us outside on the courtyard by the Blue Star Memorial just south of City Hall.

**Merrymaker performers** “The Links” performed country hits for a large crowd of over 34 seniors on Friday, September 8.

Our **Monthly Movie Outing** was on Tuesday, September 12. Twelve seniors joined us on our monthly movie outing to see the “art film” Maudie.

Thursday, September 28, we hosted our 1<sup>st</sup> **Octoberfest Pot Luck** and supplied the brats and root beer. 36 seniors joined us, bringing a variety of side dishes and desserts. Following lunch, Mayor Doug Kindig spoke to the group about the 84<sup>th</sup> Street corridor project.

★ **Program Highlight of the Month**

**La Vista Community Center, the Eastern Nebraska on Aging (ENOA)** meal site is our highlight of the month, as we are now serving senior lunches 5 days a week! You can bring a friend, or come join others for a wonderful catered meal Monday through Friday at 11:30 a.m. The lunches are \$3.50 donation for adults 60 years and older. For those under 60, the meal is \$9.25. To participate, you will need to reserve your meal by 12:00 noon the business day before you plan to attend.



Some of the seniors attending lunch along with a couple of our lunch volunteers.

## **YOUTH AND ADULT SPORTS/SPECIAL EVENTS**

**Submitted by Denny Dinan, Recreation Dept.**

### **Current Programs**

**Adult Fall Softball** season finished up on October 15.

**Youth Fall Co-ed Flag Football** finished up on October 7.

**3-Year Old Soccer Clinic** finished on October 7.

**4/5 & 6/7 Soccer Academy and League** finished on October 10.

### **Fall Programs:**

**Youth Coed Volleyball** practices will start this week with games starting on Saturday, November 4. We have two 3<sup>rd</sup>/4<sup>th</sup> grade teams and two 5<sup>th</sup>/6<sup>th</sup> grade teams. We will partner with the BJSA again this year.

**Adult Women's Volleyball** is on the 4<sup>th</sup> week of a 12-week season.

### **Winter Programs:**

**Youth Basketball League:** Registration began and runs through November 25 with games beginning in January.

**Youth Coed Basketball Clinic:** Registration began and run through Dec 30. Clinic will start on January 13 and run for 5 consecutive Saturdays.

## **EVENTS**

**Submitted by Ryan South, Program Coordinator**

**Pump & Run and 5k** took place on Friday, October 6 and Saturday, October 7. We had 53 people participate in this year's event, which is an increase of 8 people from last year. The weather conditions were cold and rainy, but that did not stop our racers from competing. They lifted on Friday night and ran on Saturday morning. At the conclusion of the event, racers enjoyed an after-party sponsored by Infusion Brewing Company.

**Socctoberfest** soccer tournament is scheduled for the weekend of October 27-29 at the La Vista Soccer Complex. The Metro Wolves Futbol Club hosts this each year. Socctoberfest brings in thousands of players, families and fans from all over the Midwest who stay in our hotels, eat at our restaurants and shop at our local businesses. We invite you to stop by the Sports Complex during this time to see how great this tournament is for La Vista.