

**RECREATION ADVISORY BOARD  
PROGRAM INFORMATION  
JANUARY 2019**

**SENIOR CENTER AND SPECIAL EVENTS/PROGRAMS**  
Submitted by David Karlson, Asst. Recreation Director

**Senior Center**

Throughout the month, seniors are able to attend lunch catered by Treat America Food Services Monday through Friday at 11:30 a.m. They Play Bingo on Mondays and Fridays, Chair Volleyball on Wednesday and Fridays, and participate in Tai Chi on Tuesdays and Thursdays. Seniors can join our quilting and sewing group on Wednesday, play Pinochle on the first Wednesday of the month, and also join our Senior Coloring Book Club on Monday morning's. They may also sign up for the monthly Senior Foot Care and Wellness Clinic.

**Merrymaker's "The Links"** performed to a group of seniors on Monday, December 10.

**Our Senior Meal Site** program served 157 meals for the month of December.

**Our Senior Volunteer** program had 69 volunteer hours for the month of December. We had four volunteers with an average of 1,725 hours each this month.

We had 1,000 seniors check into the community center this month.

**Tai Chi** had 154 participants for the month of December.

Our monthly **Movie Outing** took place on Tuesday, December 11. Ten seniors joined us to see "A Man with a Gun".

Our second annual **Holiday Dinner Party** was held on Thursday, December 6 from 5:00 to 7:00 p.m. The night included holiday music performed by Tim Javorsky and Rich Nelson of Rick Nelson's Photography took pictures of our guests. In the spirit of Christmas, Rick donated a free 5"X7" picture to everyone.

We had 12 seniors join me on both nights of our annual **Holiday Lights Tour**. This year's tours took place on Tuesday, December 11 and Thursday, December 13.

On Friday, December 14, the **La Vista Jr. High Swing Choir** performed for 25 of our seniors.



On Wednesday, December 19, thirty seniors joined us for our annual **ENOA Holiday Lunch with Mayor Kindig**. The Mayor gave all those in attendance a small fruit basket.

### **Community Center Program Highlights:**

On Wednesday, December 12, I received a \$1,000 grant from the La Vista Community Foundation for our annual coat drive; the money goes to buy new children's coats. This year's grant was sponsored by Black Hill Energy, and two representatives from Black Hills Energy joined us to buy the coats and then helped deliver them to our distribution point.



The **La Vista Donut Society** had 12 people join us on Thursday, December 13 for a trip to La Mar's Donuts.

### **YOUTH AND ADULT SPORTS**

Submitted by Denny Dinan

#### **Current Programs**

##### **Pre-School Play Time**

###### **December counts:**

Adults = 155 Daily average = 22

Children = 216 Daily average = 31

**Total Dec = 371 Daily average = 53 Total Play Time days = 7**

Total Nov = 420 Daily average = 52 Total Play Time days = 8

**Adult Women's Volleyball** fall league ended on December 19. The winter session started on January 2 and has 8 teams and the season will play a 12 game schedule.

**Youth Basketball League** games started on January 5 and will run through February with a tournament to follow. The La Vista Community Center is schedule for basketball games Saturdays from 10:30 AM through 6:00PM and on Sundays from 1:30 through 6:30.

**Youth Basketball Clinic:** for grades 1 & 2 started on Saturday, January 12 from 9AM – 10 AM and will run for 5 weeks. We have 49 boys and girls participating in the clinic this year. We have 6 volunteers from the Police Department who are coaching the clinic.

#### **Spring Programs**

**Registrations are now being accepted for the following youth programs:**

- Boy's Baseball
- Co-ed flag football
- Youth soccer clinic, Academy and League
- Girls Softball
- Co-ed T-ball

## EVENTS

Submitted by **Ryan South, Program Coordinator**

### Events

**Community Health Fair** will take place on Wednesday, March 27, 2019. The Recreation Department is collaborating with the City's Employee Wellness Committee to put on a Community Health Fair for both employees and citizens to attend. Vendors from around the Metro area will convene to provide information and educational materials about the services they offer. We are also planning to have the American Red Cross Blood Mobile on site during the fair. More details to come.

**2019 Urban Scramble Adventure Race, Pump and Run & 5k, and Splash Bash** dates are being discussed and will be set in February.