

CITY OF LA VISTA  
SAFETY COMMITTEE MEETING

MINUTES

May 17, 2011

I. CALL TO ORDER

A rescheduled meeting of the Safety Committee convened on May 17, 2011 at 9:00 AM at the La Vista Police Station, 7701 So. 96<sup>th</sup> St, La Vista, NE. Called to order by Sinnett.

Present: Bob Lausten, Rich Uhl, Jeff Sinnett, Pat Cavlovic, Jeff Siebels, guest Bryan Waugh.

Absent: Pam Buethe, Randy Ruhge, Rich Carstensen, Mary Alex.

II. APPROVAL OF MINUTES FROM OCTOBER MEETING

Due to a lack of a quorum at the January meeting the October minutes were presented here for approval.

Motion by Lausten, second by Uhl to approve minutes from October 2010 meeting. Minutes approved.

After a brief discussion regarding the posting of the minutes in each department it was concluded that in the future all minutes will be e-mailed to department heads as well as the safety committee members. The department heads may then determine if they would like to post the minutes within their departments.

There was not enough information to conduct sub-committee reports at this time so discussion moved directly to old and new business.

III. OLD BUSINESS

The last lunch and learn session held at the rec center was not well attended. It was determined that the department heads and safety committee members need to attend these sessions in an effort to encourage participation.

Lausten reported that one of the safety committee's goals in January 2010 was severe weather awareness. Tornado drills were performed during severe weather week, weather radios were placed, and fire drills were also performed. Several comments have been received stating that there is still some confusion as to where employees are supposed to go during a tornado or a fire. There are a number of new employees as well. After discussion this item was tabled and will be discussed again at the July meeting.

The new LEOP plan is now available. Capt DJ Barcal is the representative for the Police Dept and Melanie Smith is the representative for the Fire Dept.

CPR/AED training is currently being given to public works employees who did not receive it in the first round. Discussion was held regarding keeping records of employees who are CPR certified and their renewal dates. Refresher courses are faster and easier than allowing certifications to expire and having to re-certify. There have also been several employees who have inquired about first-aid training. This was offered a number of

years ago in conjunction with the CPR classes. It was determined that each department should budget for CPR and first-aid training and that each department head or their designee be responsible for tracking employees who are CPR certified and when their renewal dates are to stay current on training. There are AED's in nearly every building in the city now as well as all police cruisers. There was discussion in the past as to when to check the batteries in the AED's as well as who is responsible for checking them. Committee will look into this by the next meeting. There are several different types and brands of AED's currently in use and they are not all the same as far as checking batteries. Committee will look into determining the proper way to check batteries on each type of unit. There was also discussion regarding who is ultimately responsible for staying familiar with the proper use of the AED in their departments. While most employees have gone through the training on use of AED's, the actual unit used in each department may be slightly different than the ones employees were trained on. In the event of an actual emergency situation there needs to be someone responsible to be familiar with the AED unit. Do we ask department heads to be that person?

Safety awards. There is money set aside for this, but it has never been used. Discussion was held regarding what do we award for? How do we determine winners? How do we keep it fair? This item was tabled.

Safe driving flyer went out on paystubs last winter. This is one of the committee's goals for 2011. Bob Perry from LARM has been in contact with the safety committee regarding a curriculum for safe driving that he will be presenting to employees at no charge this fall. Sgt Waugh was on hand to discuss safe driving. He will work with Bob Perry to develop this. It will be similar to that which is offered through the safety council. It will include backing, signal violations, right of way, etc... There will be 2-4 hours of classroom training followed by course driving set-up at the sports complex parking lot. This will be offered several times over several weeks in September and will be mandatory for anyone that drives a city vehicle as well as any new employee that did not participate in the last session several years ago. Employee's who attended the session before are welcome to attend again and there is a possibility it could be extended to family members for a fee.

#### IV. NEW BUSINESS

Safety committee positions up for appointment. With no meeting in January there was no discussion regarding positions that may have been up for appointment/re-appointment in April. Discussion followed regarding the filling of these positions as well as attracting new faces to the safety committee. Pat C stated there were several in his department that may be interested in a position and are we supposed to be rotating new people into this committee. Do we post a sign-up sheet in each department and then the committee members can discuss filling open positions with interested parties before sending names onto council for approval? Committee will look into this and open appointments for the July meeting.

Several years ago the city conducted seat belt checks and received an award through the Highway Safety Council from the governor's office for compliance. The committee will again be doing this and will tie it into the safe driving campaign in the fall.

There was no health fair last year and with the push for the new wellness program there was discussion on whether this should be brought back. Committee feels this go hand in hand. If there is not enough interest in the full health fair, can we possibly tie cholesterol screening and/or blood sugar screening in with the flu shots this year? Something to bring awareness back to the employees.

Uhl reported that the Fire Dept will begin a new program starting in June. They will be conducting blood pressure screening including pulse, respirations, and pulse oxygen readings on Sundays at District 1 Fire Station on a drop-in basis from 1 to 3 every Sunday except holidays. There is a press release from the fire department attached to these minutes.

V. ADJOURNMENT

Motion by Uhl, second by Cavlovic to adjourn at 10:00 AM



## **Press Release**

For Immediate Release  
Monday, May 16, 2011

For more information contact:

Austin Brake,  
*Public Information Officer*  
La Vista Volunteer Fire Dept.  
(402) 331-4748 x122  
[abrake@cityoflavista.org](mailto:abrake@cityoflavista.org)

### **La Vista Fire to hold Blood Pressure Screening Clinics**

Beginning June 5, the La Vista Volunteer Fire and Rescue Department will offer a new service to the community.

Free blood pressure screenings will be available at the District One Station, 8110 Park View Blvd, on a drop-in basis from 1 to 3pm. every Sunday with the exception of holidays.

On the first visit, individuals will be given a wallet size card to record their blood pressure for future visits.

High blood pressure, also known as hypertension, can be dangerous. If identified and controlled, many of the long term complications, such as damage to the arteries, heart, brain, kidneys and eyes, can be avoided. The complimentary screenings are offered as a first step in determining if further examination by a health care professional is necessary.

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## **La Vista Employee Wellness Program**

### **Results of Session 1: October 1, 2010 through March 31, 2011**

<b>Department</b>	<b>Name</b>	<b>Points</b>	<b>Award Earned</b>
<b>City Hall</b>	Pam Buethe	655 points	8-hours earned time off
	Tom Kacmarynski	187 points	2-hours earned time off
	Mitch Beaumont	188points	2-hour earned time off
<b>Community Development</b>	Don Simons	597 points	8-hours earned time off
	Brad Baber	543 points	8-hours earned time off
	Jeff Sinnett	521 points	8-hours earned time off
	Michelle Alfaro	200 points	2-hours earned time off
<b>Police</b>	D.J. Barcal	742 points	8-hours earned time off
	Pablo Jimenez	630 points	8-hours earned time off
	Jamie Schuster	549 points	8-hours earned time off
	Bryan D. Waugh	444 points	4-hours earned time off
	Kevin Pokorny	361 points	4-hours earned time off
	Randy Ruhge	361 points	4-hours earned time off
	Kraig Gomon	358 points	4-hours earned time off
	John Danderand	346 points	4-hours earned time off
<b>Public Works</b>	Jim Ruffner	561 points	8-hours earned time off
	Ray Crane	326 points	4-hours earned time off
<b>Library</b>	Rose Barcal	533 points	8-hours earned time off
	Jan Bolte	150 points	2-hour earned time off
<b>Recreation</b>	Scott Stopak	912 points	8-hours earned time off
	Dave Karlson	568 points	8-hours earned time off
	Rich Carstensen	663 points	8-hours earned time off