

May 2020

# Senior Newsletter

La Vista Community Center \* 8116 Park View Blvd La Vista, NE 68128 \*402-331-3455 \* cityoflavista.org



## A Special Message

Hello everyone! I'd like to introduce myself. My name is Kaily Stanley and I am the new Senior Services Manager. I can't tell you how excited I am to plan LOTS of amazing activities for the Seniors of La Vista!

Just a little about me... I went to the University of Northern Iowa and interestingly enough so did David Karlson, who is the Assistant Director of Recreation. I earned my degree in Recreation Therapy and have been working in this field for almost 20 years!

Even though I am an Eastern Iowa girl, when I moved to Nebraska 10 years ago I became a huge Huskers fan. GO BIG RED!

My hope is that this pandemic will end quickly so that I can meet you all and we can have a great time. In the meantime, I will be coming up with and distributing activities to you that you all could do at home. These activities will be posted on all of the City of La Vista social media pages.

If any of you have activity ideas or suggestions in the meantime please contact me at 402-331-3455 or [kstanley@cityoflavista.org](mailto:kstanley@cityoflavista.org).

### Community Center Hours of Operation:

**Monday – Friday:**

**8:00 a.m. – 9:00 p.m.**

**Saturday:**

**9:00a.m. - 4:00 p.m.**

### La Vista Community Center Day Time Staff

**Scott Stopak, Recreation  
Director**

**David Karlson, Assistant  
Recreation Director**

**Ryan South, Operations  
Manager**

**Denny Dinan, Youth and  
Adult Sports Manager**

**Kaily Stanley, Senior  
Services Manager**

**Sue Tangeman,  
Administrative Assistant**

## Special Services Bus

Available for senior citizens age 60 and older and all special needs/handicapped residents residing in the cities of La Vista and Ralston. The service operates Monday-Friday, 7 a.m. - 4:30 p.m. The service does not operate on City of La Vista declared holidays or when Papillion-La Vista or Ralston schools are closed due to weather conditions.

For questions about service, fees, etc., please call the La Vista Recreation Department at 402-331-3455 or visit us online at [www.cityoflavista.org](http://www.cityoflavista.org). Call 402-657-3550 M-F for reservations.

**During the Covid-19 crisis, we are making every effort to accommodate our customers the "day of".** Due to prior scheduling, we may not be able to help everyone at their requested times. **In order to serve more people, we ask that you have a starting and ending pick up time for your appointments and trips.**



## May Birthdays

In astrology, those born between May 1–20 are the Bulls of Taurus. Not only do Bulls work hard with a determined and tireless manner, but they enjoy the payoff, rewarding themselves for a job well done. These stable and reliable types won't finish the job until they are completely satisfied.

Those born from May 21–31 are the Twins of Gemini. Gemini's dual nature is expressed through its skillful communication and dynamic sociability. The Twins are energetic, quick witted, optimistic, and emotionally intelligent.

### May Birthdays

Karen C.	5/3
Clyde A.	5/4
Stephanie H.	5/4
Virginia M.	5/4
Dee L.	5/5
Kathryn G.	5/9
Joyce T.	5/13
Lynn R.	5/15
Shirley L.	5/15
Mary W.	5/16
Lorna S.	5/23
Dick U.	5/26
Mary W.	5/29



## Famous May Birthdays

The following people were born in May. Can you find their **last names**? Search horizontally, vertically, diagonally, forward, and backward.

- A. Fred **ASTAIRE**
- B. Yogi **BERRA**
- C. Tony **BLAIR**
- D. George **CLOONEY**
- E. Pierre **CURIE**
- F. Audrey **HEPBURN**
- G. Joe **LOUIS**
- H. Don **RICKLES**
- I. Peter **TCHAIKOVSKY**
- J. Harry S. **TRUMAN**
- K. Johnny **UNITAS**
- L. Mike **WALLACE**

Y	H	W	B	R	N	N	Y	F	N	H	A
Q	K	G	A	I	I	E	T	U	R	A	C
E	U	S	R	L	N	A	N	N	U	S	L
P	X	H	V	O	L	I	L	S	B	T	I
U	B	U	O	O	T	A	I	B	P	A	U
O	I	L	J	A	K	U	C	G	E	I	T
D	C	C	S	V	O	I	F	E	H	R	A
R	I	C	K	L	E	S	A	S	A	E	R
N	A	M	U	R	T	N	T	H	I	S	R
D	F	C	U	R	I	E	H	U	C	Y	E
U	X	C	X	P	Q	R	C	M	T	T	B
J	I	D	Z	M	A	K	P	S	H	V	R



## ENOA/La Vista Senior Center, Grab and Go Lunch

The Easter Nebraska Office on Aging will be restarting their Grab and Go lunch program in May.

The program is designed to serve seniors who are currently on our ENOA lunch intake roster (the intake roster is made up of current lunch participants who have used our services within the last four weeks prior to the senior centers closing). If you are unsure if you are on the list call 402-331-3455.

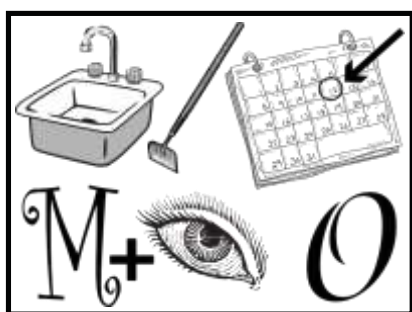
Starting May 4, meal orders need to be called in by 12:00 noon, the workday prior to the day you are placing the order for. Meal orders can be done daily or for one full week.

Meal contributions are \$4.00 for seniors age 60 and older.

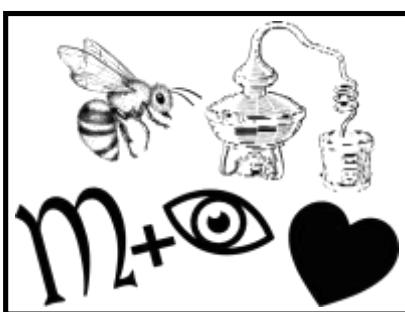
The menu will follow the ENOA Meals on Wheel program. No deli options are available.

## Concentration Puzzles

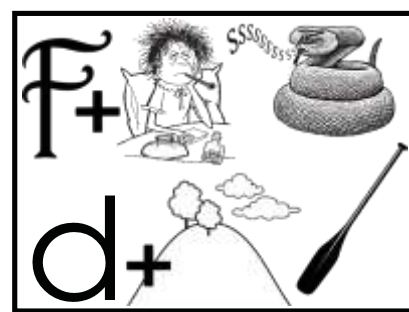
Use the visual clues in the puzzle to figure out what it says



Puzzle #1



Puzzle #2



Puzzle #3

Puzzle #3 Phyllis Diller

Puzzle #2 Be Still My Heart

Puzzle #1 Cinco de Mayo